

Weekender

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Because every week deserves a happy ending



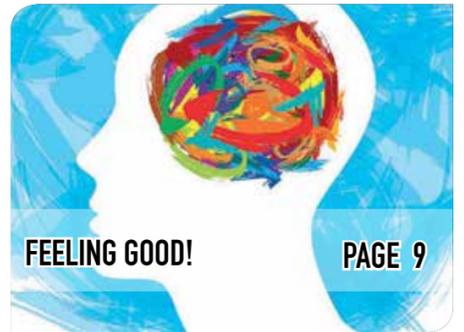
BACK TO SCHOOL! PAGE 8



HALF EMPTY OR HALF FULL? PAGE 8



DEATH BY MILLENNIALS PAGE 9



FEELING GOOD! PAGE 9

Inside A Box Of Goodness

A Box of Goodness, a charity organization established in Bahrain in 2017, began with the aim to promote giving to charity, amongst the residents. With a box for a month, every day, you put away a little something that you would want to share with someone else. At the end of the month, you have a box full of goodness, that is going to make someone less fortunate than you are, incredibly happy. Bahrain has given so much to its residents, both local and expatriates, that they are all brimming with the need to give back. With this precious beginning, they have now branched out into a variety of activities. Weekender had the opportunity to sit down with the founder of a Box of Goodness to chat about their journey so far, and on forward.

W. In the past three years, how much do you think awareness about giving charity, the right way to do it, etc., has increased in Bahrain?

B.O.G. There are so many charities in Bahrain doing a fabulous job, each one focusing on and tackling different issues. Personally, we have received amazing responses from the public, every time that we have approached them. What we would hope for is more awareness regarding animal rights, and kindness to animals. Though we are presently not carrying out projects concerning animal rights, we are working with marine life conservation, and keeping the oceans trash-free.

W. Who are your biggest supporters or helping hands?

B.O.G. We don't have a team just for Box of Goodness, but that has never left us shorthanded. We have a steady stream of volunteers more than interested in helping us carry out our activities. There are companies who give us various kinds of aid. The Jawad group and St.Christopher's School have generously allowed us space for collection boxes when it is time for our yearly winter collection drive. People donate food, dry rations, clothes, other essentials, baby items, anything that we appeal for when we are tackling a task. To name them would be a big task, and we wouldn't want to miss out on anybody. There are also silent contributors and anonymous donors.

W. What were your most notable projects up till now?

B.O.G. Over the past two years, we have branched out from where we began, and have been able to carry out a multitude of activities. From holding bi-monthly birthday parties for the children of Al Sanabel Orphan Care Society to be able to provide the first response when mishaps happen, we have come a long way. Last year, we collaborated with the Migrant Workers Protection Society to

come to the aid of the migrant laborers who lost their housing when a building in Salmaniya collapsed due to a gas cylinder explosion. We appealed to the public and received such an overwhelming response that we had to set a cut off date on the donations, and redirect the rest directly to the MWPS, due to storage issues. The winter collection drive involves collecting warm clothing and other supplies required to brave the cold weather and reaching them to labor camps or families in need. We have managed to set up a sort of emergency response for foreign countries in need. There was a campaign that was run for street cleaners. A big hit was our mum n baby campaign, where we collected baby's items like prams or toys or clothing that were in disuse, and donated them to families with new babies who couldn't afford a lot.

We have recently begun organizing beach cleanup drives. The biggest one so far was held for Earth Day, just before the summer began. We had employees of Bahrain Credit company and the youth from the Sacred Heart Church volunteer for us. Of the trash that we collect from the beach, we separate the plastics and drop them off at a pickup point in Adliya, set up by the Association for the Friends and Family of the Disabled in Bahrain. They sell the collected plastic to recycling plants and use the money to buy supplies like wheelchairs, etc.

W. What is A Box of Goodness' next big project?

B.O.G. We are presently hoping to create strides on the beach clean-up front, and have organized a big drive for this September. We hope to both help the flora and fauna thrive undisturbed, and to be able to contribute to as many wheelchairs as we can. The aim is to give back to the world, to nature, to our future.



Eating out

WHAT: DEGUSTATION DINNER
WHEN: 12:00 PM - 03:00 PM, 07:00 PM - 11:00 PM, SEPTEMBER
WHERE: PLUMS

Experience a sensory journey through a 5-course tasting menu with optional blind beverage pairing. Perfect for culinary enthusiasts and couples or friends seeking an exciting dining experience.

WHAT: MAMMA MIA MONDAYS
WHEN: 07:00 PM - 11:00 PM, MONDAYS
WHERE: PRIMAVERA

Start the week with Italian favorites at Primavera. This season, let us entice your palate with a new menu featuring a selection of traditional pizza and pasta.

WHAT: SEAFOOD FESTIVAL AT LA MED
WHEN: 07:00 PM TO 10:30 PM, MONDAYS
WHERE: LA MED, RITZ CARLTON, BAHRAIN

The Ocean's finest bounty is served and your favorite catch of the day is prepared in a variety of ways - grilled, steamed, fried or poached - from the buffet spread and live cooking stations.



Nightlife & Music

WHAT: LADIES NIGHT AT TANATAN
WHEN: ONGOING TILL AUGUST 31
WHERE: RAMEE GRAND HOTEL AND SPA
Enjoy the exquisite offer of buy one get one main course free!!! Get ready for a fun night with your girls!!

WHAT: AC/DC TRIBUTE BRUNCH PARTY
WHEN: AUGUST 29 & 30
WHERE: SHERLOCK HOLMES BAR & RESTAURANT
This month's anticipated brunch party at Sherlock Holmes is a tribute to AC/DC! Fronted by the most authentic Angus Young and 80s-era Brian Johnson in the business; AC/DC UK deliver up to two hours of a powerhouse show, featuring all the big AC/DC hits; with a few fan favorites thrown in to boot! The experienced backline drive out the set with the same tenacity, volume, and passion as the real deal! All the AC/DC gimmicks are brought out to whip the crowd into a frenzy!

WHAT: WE LOVE THE 80s & 90s PARTY!
WHEN: AUGUST 30
WHERE: CODA JAZZ LOUNGE

The retro night is back by popular demand where nostalgia hits you in every direction with the beloved hit tunes from the 80s & 90s! It promises to be a night of fun & dancing with both a live band and DJ Sessions to get you into the groove and transport you to a time when we were young and full of fun! From hits coming your way from the likes of Whitney Houston, Prince, The Back Street Boys, Ace of Base, Vanilla Ice, and come checkout what else is on the list! The event is of free entry.



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NEW = MELO, TINKERBELL / REPEATS = LEO, JOOLEE

Missing Pets

Have You Seen These Beloved Pets?



BE SURE TO microchip your pets and have them wear collars with ID tags ...

The incidents of pets going missing/stolen is very prevalent in Bahrain, especially pedigrees. Hundreds have gone missing - never to be found. Some people let their pets free-roam, but there are just too many hazards. If you have a secured pet (one that does not free-roam) that has gone missing and you would like to be included in the Programme, please check **Lost, stolen and found pets in Bahrain** Facebook for the information needed. **Contact Peg Aitemueller directly** via private message or email ampmpa2@yahoo.com.



MELO

Male Spitz, 3-4 yrs, neutered, very friendly, cut very short 2 wks ago, light blue studded collar - ID tag w mobile/#/address, escaped garden, taken away in Nissan Maxima, Tubli (behind Egyptian Amb home), 13/8/19. WhatsApp 39464885 or Tel: 39642264



TINKERBELL

Female Shih Tzu, 4.5 yrs, brown/hazelnut colour w long hair; not wearing collar or ID tag, gate left open, likely STOLEN, West Riffa, BD200 REWARD for safe return, 25/8/19. Tel: 39340424



LEO

Male Pomeranian, 5 yrs, neutered, blonde w dark brown eyes, microchipped (ACC), green collar w bell - no ID tag, escaped open door - possibly stolen, last seen Mahooz area (behind Egyptian Embassy), 15/7/19. WhatsApp or Tel: 36111020



JOOLEE

Female Tibetan Spaniel, 3.5 yrs, microchipped (Charis), white collar - no ID tag, door left open, last seen near Muharraq Pharmacy (Gudaibiya) - lady took her in white car, lost from Hoora (City Mart/ Golden Sands), 8/7/19. Tel: 36656026