

Classifieds

VACANCIES AVAILABLE CONTINUED

THC FACILITY MANAGEMENT W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 77225050 or satish@cinco-me.com

AHMED MOHSEN M AL BAHISH (197344) has a vacancy for the occupation of CONSTRUCTION WORKER, suitably qualified applicants can contact 35058238 or SEV-ENDAYSTECHNICAL@GMAIL.COM

GRNATA CONTRACTING has a vacancy for the occupation of WORKER(MAINTENANCEW).GENERAL, suitably qualified applicants can contact 39602929 or HASAN@GRNATA.COM

THC FACILITY MANAGEMENT W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 77225050 or satish@cinco-me.com

SAFINA FACILITIES SUPPORT W.L.L has a vacancy for the occupation of WORKER (SHIPBUILDING YARD), suitably qualified applicants can contact 17674319 or DUAI-JMALKHALIFA@ASRY.NET

AHMED MOHSEN M AL BAHISH (197344) has a vacancy for the occupation of CONSTRUCTION WORKER, suitably qualified applicants can contact 35058238 or SEV-ENDAYSTECHNICAL@GMAIL.COM

SADAN LINE TAILORING has a vacancy for the occupation of TAILOR, suitably qualified applicants can contact 39051530 or EMANHU@BATELCO.COM.BH

HRDCO W.L.L has a vacancy for the occupation of WORKER(LAUNDRY), suitably qualified applicants can contact 13303353 or yzayer@hawareresort.com

BRITISH COUNCIL has a vacancy for the occupation of TEACHER, suitably qualified applicants can contact 17261555 or HASANAIN.ALMOZAYN@BRITISHCOUNCIL.ORG.BH

ALMOAYYED CLEANING & MAINTENANCE W.L.L. has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 17400407 or prof-ice@almoayyedcg.com

AL HADEED PHONES AND FIX has a vacancy for the occupation of WORKER(-SALES), suitably qualified applicants can contact 35462709 or MUDASARAT@GMAIL.COM

Lilou WLL has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 17710271 or habib@alghalia.com

WINGMAN W.L.L. has a vacancy for the occupation of KITCHEN WORKER, suitably qualified applicants can contact 17266616 or govt@zainalent.com

NEW BEST AUTO MECHANICAL WORKSHOP has a vacancy for the occupation of WELDER, suitably qualified applicants can contact 39200345 or ALMUGHALPK@YAHOO.COM

ABU USMAN MARKETING SERVICES W.L.L has a vacancy for the occupation of OFFICE HELPER, suitably qualified applicants can contact 35527868 or KHANINT.PVT.LTD@GMAIL.COM

ELEVATE PRO STRUCTURE CO. W.L.L has a vacancy for the occupation of SUPERVISOR, suitably qualified applicants can contact 66911807 or ALJN153727282@GMAIL.COM

RINZ TEXTILES AND TAILORING has a vacancy for the occupation of TAILOR, suitably qualified applicants can contact 33220052 or SALUNIZRAIRENA@GMAIL.COM

Paris Palace Salon has a vacancy for the occupation of BARBER, suitably qualified applicants can contact 39429979 or AQEEL.ALQAMAR@GMAIL.COM

TRIM & STYLE SALON W.L.L has a vacancy for the occupation of BARBER-HAIRDRESSER, suitably qualified applicants can contact 37070226 or MOHAMMED.FATEEL.94@GMAIL.COM

TRIPLE STAR CONTRACTING has a vacancy for the occupation of WORKER(CONSTRUCTION), suitably qualified applicants can contact 35458563 or CChangaizbashir@gmail.com

BLUE STAR COLD STORE has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 38800524 or SABAAADDIN6@GMAIL.COM

BAHRAIN CITY CENTER TOWERS W.L.L has a vacancy for the occupation of SUPERVISOR, suitably qualified applicants can contact 17811616 or BMFAQEEH@GMAIL.COM

HAJI YOUNAS CONTRACTING has a vacancy for the occupation of WORKER(CONSTRUCTION).GENERAL, suitably qualified applicants can contact 37099957 or Wasiyounas7@gmail.com

BUTT KARAH1 & BIRYANI W.L.L has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 33070264 or ATIF.0289@GMAIL.COM

GLASSCO 48 CLEANING W.L.L has a vacancy for the occupation of PACKER, suitably qualified applicants can contact 38023607 or BUSINESSBAY05@GMAIL.COM

ZOWAID TRADING & MAINTENANCE EST. has a vacancy for the occupation of WORKER(SALES), suitably qualified applicants can contact 34635143 or MAHERWS@BATELCO.COM.BH

HAJEEN HOUSE BUILDING INSTALLATION has a vacancy for the occupation of WORKER(CONSTRUCTION), suitably qualified applicants can contact 33610204 or abdulla.m.aslam@hajeenconstruction.com

ELITE FACILITY MANAGEMENT CO W.L.L has a vacancy for the occupation of CLEANER (GENERAL), suitably qualified applicants can contact 17382228 or MUSTAFA@ELITEFMC.COM

JANAT ALZAHRA STATIONARY has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 17406620 or 345sayed@gmail.com

TEA TOWN RESTAURANT has a vacancy for the occupation of WORKER(JUICE), suitably qualified applicants can contact 33885777 or SHAADBINNAZAR@GMAIL.COM

RAWANI ABAYA AND TAILORING has a vacancy for the occupation of TAILOR, suitably qualified applicants can contact 36361966 or HANANO.HERZ71@GMAIL.COM

ALQASWA HOLIDAYS W.L.L has a vacancy for the occupation of OFFICE ASSISTANT, suitably qualified applicants can contact 37729998 or SAMEERMESSAGE4U@YAHOO.COM

LUCKY STAR SALOON has a vacancy for the occupation of BARBER, suitably qualified applicants can contact 39617070 or SALAH.ALKAAABI@HOTMAIL.COM

ELITE FACILITY MANAGEMENT CO W.L.L has a vacancy for the occupation of CLEANER (GENERAL), suitably qualified applicants can contact 17382228 or MUSTAFA@ELITEFMC.COM

Star-Grace Management Services W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 36863894 or stargracemanagement@gmail.com

ALTHAWADI ELECTRICAL & MECHANICAL CO. W.L.L has a vacancy for the occupation of FITTER/REPAIRER(ENGINES & GENERATORS), suitably qualified applicants can contact 17700114 or althawadifinance@batelco.com.bh

GREEN OVERSEAS BUSINESS SUPPORT CO. W.L.L has a vacancy for the occupation of OFFICE BOY / FARRASH, suitably qualified applicants can contact 33161222 or SARBJEET2003@YAHOO.COM

ALOWENAH BAKER has a vacancy for the occupation of BAKER(GENERAL), suitably qualified applicants can contact 39275585 or HUSSAINKARIM99@HOTMAIL.COM

ABU ADIL COOL POINT MAINTENANCE CO. W.L.L has a vacancy for the occupation of ELECTRICIAN, suitably qualified applicants can contact 39631903 or abuadilcoolpoint@gmail.com

MALAK STAR FASHION W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 39883277 or ALTAWASEL84@GMAIL.COM

SALEH TOWERS CONTRACTING has a vacancy for the occupation of MASON, suitably qualified applicants can contact 66661696 or H610047566@GMAIL.COM

SOUTH GATE CONSTRUCTION AND CLEANING has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 77061717 or YKHALFAN@GMAIL.COM

FRESH CORNER GRILL. W.L.L has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 35917512 or SECURECLEARANCE@GMAIL.COM

ARABIAN SANDS COMPUTER CONSULTANCY W.L.L has a vacancy for the oc-

cupation of OFFICE ADMINISTRATOR, suitably qualified applicants can contact 33422370 or AWAISCH3333@HOTMAIL.COM

GOLDEN JOKER FOR TYERS AND CAR MAINTENANCE W.L.L has a vacancy for the occupation of MECHANICAL ENGINEER(CARS), suitably qualified applicants can contact 33296565 or ALIALMONESI@GMAIL.COM

4 STAR TYRE PLAN W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 35156848 or MDJASSIMCONSTRUCTION@GMAIL.COM

UCHEMICH GLOBAL CARGO HANDLING W.L.L has a vacancy for the occupation of ADMINISTRATIVE CLERK, suitably qualified applicants can contact 38403008 or OKAFARUCHENNA3@GMAIL.COM

GULF CITY CLEANING W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 39641612 or yousif@aanass.net

GULF CITY CLEANING W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 39641612 or yousif@aanass.net

ABU SIAM TRADING W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 34505373 or MAACOMPUTER9988@GMAIL.COM

DREAM PROPERTY DEVELOPMENT CO. W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 17700211 or HRD@DREAMGROUP.BH

NEXON COMPUTER SOLUTIONS W.L.L has a vacancy for the occupation of SUPERVISOR, suitably qualified applicants can contact 39794951 or NEXONBAH@GMAIL.COM

GLOBAL SOURCES FOR GENERAL CONTRACTING CO. BRANCH OF A FOREIGN COMPANY has a vacancy for the occupation of PROJECTS COORDINATOR, suitably qualified applicants can contact 38888682 or ASHIQUE@ARABINGLOBALSOURCES.COM

HRISE BUSINESS AND HR SOLUTIONS. W.L.L has a vacancy for the occupation of MARKETING EXECUTIVE, suitably qualified applicants can contact 33443982 or HARITHA@HRISE.NET

Sedar contracting has a vacancy for the occupation of WORKER(CONSTRUCTION), suitably qualified applicants can contact 33119975 or JEFFFREEBH@GMAIL.COM

TW BAHRAIN CONSTRUCTION OF FLOATING STRUCTURES W.L.L has a vacancy for the occupation of SCAFFOLDER, suitably qualified applicants can contact 13659111 or tw.bahrain9@gmail.com

SHAHZAD DECORE W.L.L has a vacancy for the occupation of OFFICE BOY / FARRASH, suitably qualified applicants can contact 39582559 or MURADSALAR.PKK@GMAIL.COM

MAYNAZ LADIES TAILORING has a vacancy for the occupation of BANKING SECTOR TRAINEE, suitably qualified applicants can contact 35578505 or MISHQAATBAHRAIN@GMAIL.COM

UMM ALSUBBAN MECHANICAL CONTRACTS has a vacancy for the occupation of FITTER, suitably qualified applicants can contact 17491190 or usmc@batelco.com.bh

BAHRAIN BREEZ COMMERCAL W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 13112099 or BASHEERKUNNUMMAL@GMAIL.COM

MAGIC SHINE CLEANING CO. W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 17345051 or info@magicshinebh.com

JAMBO LAUNDRY W.L.L has a vacancy for the occupation of LAUNDERER/PRESSER(GENERAL), suitably qualified applicants can contact 39404036 or el@mblex.bh

ALADLIYA CONTRACTING ESTABLISHMENT has a vacancy for the occupation of WORKER(CONSTRUCTION).GENERAL, suitably qualified applicants can contact 39602882 or alsediqqi12@outlook.com

ALADLIYA CONTRACTING ESTABLISHMENT has a vacancy for the occupation of WORKER(CONSTRUCTION).GENERAL, suitably qualified applicants can contact 39602882 or alsediqqi12@outlook.com

BUCK KILLERS CLEANING SERVICES CO W.L.L has a vacancy for the occupation of ADMINISTRATOR, suitably qualified applicants can contact 35482909 or DILUMISERVICES21@GMAIL.COM

AMEERI INDUSTRIES (AMGARD) W.L.L has a vacancy for the occupation of SUPERVISOR (SITE), suitably qualified applicants can contact 17456111 or HRA-MEERI@AMEERI.COM.BH

KHAN BAGHDAD GRILLS AND RESTAURANT W.L.L has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 17243350 or MOHAMED@ALMAJIDGROUP.COM

CELESTIN MARKETING W.L.L has a vacancy for the occupation of SALES MANAGER, suitably qualified applicants can contact 33762745 or MILEWSKI@FXMARKETING.EU

CROSS WING CONSTRUCTION, CONTRACTING AND CLEANING W.L.L has a vacancy for the occupation of WORKER(-CONSTRUCTION), suitably qualified applicants can contact 33640148 or ISHOR-BHATTARAI1990@GMAIL.COM

MOVENPICK HOTEL BAHRAIN W.L.L has a vacancy for the occupation of CHEF, suitably qualified applicants can contact 17460046 or yusuf.alzayani@BAS.COM.BH

seoul resturant w.l.l has a vacancy for the occupation of WAITER, suitably qualified applicants can contact 33860121 or seouladliya@gmail.com

KPMG/FAKHRO. has a vacancy for the occupation of DEPUTY MANAGER / DIRECTOR, suitably qualified applicants can contact 17224807 or ebrahimahmed@kpmg.com

MEI LING W.L.L has a vacancy for the occupation of COOK(GENERAL), suitably qualified applicants can contact 34399991 or habib@alghalia.com

AMMAR HASAN J. ALASKAFI (THARWAT HANAFI / 15108) has a vacancy for the occupation of SEAMAN, suitably qualified applicants can contact 39366697 or AM-MARHASAN663@GMAIL.COM

HASAN MAHMOOD CENTER has a vacancy for the occupation of WORKER(SALES), suitably qualified applicants can contact 17877033 or SHARBTY23@GMAIL.COM

DAR ALZAYED CONSTRUCTION W.L.L has a vacancy for the occupation of SUPERVISOR FOR BUILDING, suitably qualified applicants can contact 33440122 or SANAULLAH88PAK@GMAIL.COM

NAJAH HAMZA MULLA EBRAHIM HILAL has a vacancy for the occupation of WORKER(FALAFEL), suitably qualified applicants can contact 39695145 or NEWFLOWERRESTAURANT@GMAIL.COM

GURJANT SING G COMMUNICATION W.L.L has a vacancy for the occupation of OFFICE WORKER HELPER, suitably qualified applicants can contact 34342514 or GURNT.BH@GMAIL.COM

AMWAJ SWIMMING POOLS. W.L.L has a vacancy for the occupation of SERVICE-MAN, suitably qualified applicants can contact 17293357 or MJAK1110@HOTMAIL.COM

BLACK TOWER COMPUTER PROGRAMMING W.L.L has a vacancy for the occupation of COMPUTER TECHNICIAN, suitably qualified applicants can contact 34103333 or BLACKTOWN197529@GMAIL.COM

SELEKA REPAIRING SERVICES W.L.L has a vacancy for the occupation of TECHNICIAN, suitably qualified applicants can contact 36130529 or TWOEURO.BH@GMAIL.COM

AXIOM TELECOM W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 32103010 or HADI@AXIOMPHONE.COM

ALHELMEYA CONTRACTING & AIR CONDITIONING MAINTENANCE W.L.L has a vacancy for the occupation of AIR-COND. SHEET-METAL INSTALLER, suitably qualified applicants can contact 17225321 or ABDULFATHAHMUHAMMED72@GMAIL.COM

NEW DIMENSION CONTRACTING CO. W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 77999360 or FISHERMAN-SENSE@GMAIL.COM

TRIPLE STAR CONTRACTING has a vacancy for the occupation of OFFICE BOY / FARRASH, suitably qualified applicants can contact 35458563 or CChangaizbashir@gmail.com

QUICK ZEBRA SERVICES has a vacancy for the occupation of SUPERVISOR, suitably qualified applicants can contact 17700211 or hrd@dreamgroup.bh

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of WORKER(CONSTRUCTION), suitably qualified applicants can contact 17701711 or lmra@kecc.me

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of ELECTRICIAN, suitably qualified applicants can contact 17701711 or lmra@kecc.me

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of ELECTRICAL TECHNICIAN, suitably qualified applicants can contact 17701711 or lmra@kecc.me

WHITE FALCON PRIVATE SECURITY SERVICES Co. W.L.L has a vacancy for the occupation of SECURITY GUARD, suitably qualified applicants can contact 66626168 or TDAINEH@GMAIL.COM

REGAL MAINTENANCE & SERVICES W.L.L has a vacancy for the occupation of HEAVY VEHICLE DRIVER, suitably qualified applicants can contact 17448936 or regal@rmswll.com

ALYAMAMA HOUSE FOR CLEANING CONTRACTING W.L.L has a vacancy for the occupation of CLEANER (GENERAL), suitably qualified applicants can contact 17345569 or YAMAMAHOUSE1@GMAIL.COM

BAHRAIN SPECIAL TECHNICAL SERVICES STS CO. W.L.L has a vacancy for the occupation of FOREMAN, suitably qualified applicants can contact 17622082 or info@BAHSTS.COM

HANISHA MECH W.L.L has a vacancy for the occupation of WELDER, suitably qualified applicants can contact 39191811 or KUMARELIM@GMAIL.COM

ALHAJ HASSAN GROUP B.S.C CLOSED has a vacancy for the occupation of WORKER(CONSTRUCTION).GENERAL, suitably qualified applicants can contact 17551111 or hr.admin@hajihasan.com

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of WORKER(CONSTRUCTION), suitably qualified applicants can contact 17701711 or lmra@kecc.me

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 17701711 or lmra@kecc.me

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of ELECTRICIAN, suitably qualified applicants can contact 17701711 or lmra@kecc.me

FONTANA TRAVEL & TOURISM CO. W.L.L has a vacancy for the occupation of SALES OFFICER, suitably qualified applicants can contact 66346233 or ZIZO.GSM@GMAIL.COM

BAHRAIN SERVICES & MAINTENANCE COMPANY B.S.C. (CLOSED) has a vacancy for the occupation of SERVICEMAN, suitably qualified applicants can contact 17727676 or ageel@basma.com.bh

TALABAT SERVICES COMPANY W.L.L has a vacancy for the occupation of DATA ANALYST, suitably qualified applicants can contact 39655212 or government.relations.bh@talabat.com

ABDULAZIZ ALSAYED TRADING & CONTRACTING W.L.L. has a vacancy for the occupation of SERVICEMAN, suitably qualified applicants can contact 33747598 or AHMEDALSAYED88@HOTMAIL.COM

ABDULAZIZ ALSAYED TRADING & CONTRACTING W.L.L. has a vacancy for the occupation of DRIVER(HEAVY TRUCK), suitably qualified applicants can contact 33747598 or AHMEDALSAYED88@HOTMAIL.COM

AL HAFAZ CONSULTANCY COMPANY W.L.L has a vacancy for the occupation of CONSULTANT, suitably qualified applicants can contact 35661516 or arbazrajpoot777@gmail.com

Super Show Advertising - Bahraini Partnership Company has a vacancy for the occupation of SUPERVISOR ASSISTANT, suitably qualified applicants can contact 17447676 or GOLDENSUPERSHOW@GMAIL.COM

TOYOTA PLAZA B.S.C. Closed has a va-

cancy for the occupation of TECHNICIAN, suitably qualified applicants can contact 17262262 or HR.S@EKKANOO.COM.BH

ABDULAZIZ ALSAYED TRADING & CONTRACTING W.L.L. has a vacancy for the occupation of SERVICEMAN, suitably qualified applicants can contact 33747598 or AHMEDALSAYED88@HOTMAIL.COM

HAVANA EXPRESS W.L.L has a vacancy for the occupation of OFFICE ASSISTANT, suitably qualified applicants can contact 36300630 or MOHAMEDNYZ@GMAIL.COM

SUQ TOWER W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 33007764 or suqtower@gmail.com

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of CIVIL ENGINEERING TECHNICIAN, suitably qualified applicants can contact 17701711 or lmra@kecc.me

AL KOOHEJI ELECTRICAL CONTRACTORS & CONSTRUCTION WLL has a vacancy for the occupation of CARPENTER, suitably qualified applicants can contact 17701711 or lmra@kecc.me

ARROW EXPRESS W.L.L. has a vacancy for the occupation of HEAVY DRIVER, suitably qualified applicants can contact 38787504 or ARROWEXPRESS.BH@GMAIL.COM

VIBRANT SERVICES W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 17008217 or JALALEBRAHIM@GMAIL.COM

JAHECON W.L.L has a vacancy for the occupation of PAINTER(CONSTRUCTION), suitably qualified applicants can contact 17244111 or JAHECON@BATELCO.COM.BH

Boeing Operations International, Incorporated (Foreign Branch Co has a vacancy for the occupation of REPRESENTATIVE(COMMERCIAL), suitably qualified applicants can contact 39444355 or LMRA@GOV.BH

jalaipur cleanings has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 33684862 or ALMALHI.CO@GMAIL.COM

al enma house for security services W.L.L has a vacancy for the occupation of SECURITY GUARD, suitably qualified applicants can contact 36633319 or admin@enmabh.com

AMAK SALON has a vacancy for the occupation of BARBER, suitably qualified applicants can contact 33737474 or AHMEDALKHINA@GMAIL.COM

EXCELLENCE ENGINEERING ENTERPRISES W.L.L has a vacancy for the occupation of CLEANER, suitably qualified applicants can contact 17532010 or m.vishal@exibah.com

GREY MIND INTERNATIONAL W.L.L has a vacancy for the occupation of ADVERTISING SALESMAN, suitably qualified applicants can contact 34560116 or WAJAHAT.AMJAD91@GMAIL.COM

Bu Fahad Real Estates Development and Management has a vacancy for the occupation of WORKER(CONSTRUCTION), suitably qualified applicants can contact 39306669 or Bufahad.construction@bufahadgroup.com

JOTUN BAHRAIN W.L.L has a vacancy for the occupation of GENERAL MANAGER, suitably qualified applicants can contact 39640610 or TAUHEED.HAFEEZ@JOTUN.COM

ANASER AL OMRAN TRADING CO. W.L.L has a vacancy for the occupation of SALESMAN, suitably qualified applicants can contact 66911620 or YRALHAJI@UEEST.NET

CAFE BT RESTO W.L.L has a vacancy for the occupation of FOOD SERVICE WORKER, suitably qualified applicants can contact 66320770 or MUHAZCV@GMAIL.COM

AMINI BUILDING CONSTRUCTION has a vacancy for the occupation of WORKER(-CONSTRUCTION), suitably qualified applicants can contact 17232616 or AMINI.BC.BH@GMAIL.COM

BHAI BHAI BUILDING MATERIALS AND CONSTRUCTION W.L.L has a vacancy for the occupation of WORKER(SALES), suitably qualified applicants can contact 38884098 or BHAIBHAIBUILDINGMATERIAL@GMAIL.COM