

CELEBS celebs



Sharon Stone: I've lost 9 children by miscarriage

IANIS | Los Angeles

Basic Instinct star Sharon Stone has opened up about losing nine children by miscarriage, and she says women are made to feel that losing a baby is "something to bear alone and secretly."

The 64-year-old actress said women are made to feel that losing a baby is "something to bear alone and secretly with some kind of sense of failure", but the actress says anyone who has suffered a miscarriage requires "compassion and empathy and healing".

Sharon Stone

We, as females don't have a forum to discuss the profundity of this loss. I lost nine children by miscarriage. It is no small thing, physically nor emotionally yet we are made to feel it is something to bear alone and secretly with some kind of sense of failure

SHARON STONE

In an Instagram comment, she wrote: "We, as females don't have a forum to discuss the profundity of this loss. I lost nine children by miscarriage. It is no small thing, physically nor emotionally yet we

are made to feel it is something to bear alone and secretly with some kind of sense of failure.

"Instead of receiving the much needed compassion and empathy and healing which we so need. Female health and wellness left to the care of the male ideology has become lax at best, ignorant in fact, and violently oppressive in effort."

Stone made the comment on People magazine's Instagram post promoting a joint interview with 'Dancing with the Stars' professionals Peta Murgatroyd and her husband Maks Chmerkovskiy.

In the chat, the 35-year-old star opened up to the publication about suffering a miscarriage while her husband, 42, was in Ukraine.

He said: "I'm just here to make sure that everything goes well, regardless of what it is. I feel like

that's my job. And then when everybody's fine, I get to be tended to. But it was crazy. It makes you feel helpless. And for a dude like me, like all my priorities have completely shifted."

Peta also suffered miscarriages twice before.

Speaking about her first miscarriage, she told the magazine: "I was completely embarrassed, ultimately ashamed. I didn't even know how to utter the words and have that sentence come out of my mouth: I had a miscarriage."

"I'm somebody who prides herself on health wellness. I exercise every single day. But as I came to realise, that doesn't really go hand-in-hand with the reproductive system."

Chris Evans says adopting older dog was 'best decision of my life'

Celebretainment | Los Angeles

Chris Evans says adopting an older dog was "the best decision of my life".

The 'Captain America: The First Avenger' star has opened up about bringing home his beloved pet pooch Dodger from a rescue centre and admits he never previously considered giving a home to a "full grown dog" - but it worked out perfectly.



Chris Evans

Natalie Portman shares secret of her 'increased height' in 'Thor: Love and Thunder'

ANI | Washington

Revealing the professional secret of her 'increased height' in the upcoming movie 'Thor: Love and Thunder' Hollywood actor Natalie Portman said that to attain nine inches she bulked up her body and walked on a special 'deck' for the film.

According to Variety, Portman trained with a professional for about 10 months before and during the filming process. She bulked up her body and practised walking on the 'deck' for the role of Mighty Thor, which stood about 6 feet tall, about 10 inches taller than Portman's original height.

"I definitely got as big as I've ever been. You realize, 'Oh, this must be so different, to walk through the world like this. As a 5-foot-3 woman, I don't know that I'm ever going to be cast again as a 6-foot character, I really relished people seeing me as big," said the 'Black Swan' actor.

However, as it was practically impossible to elongate one's body, the director of 'Thor: Love and Thunder' along with his crew, devised a new method for Portman to achieve the required height for some of the scenes where she needed to walk with her co-stars, reported Variety.

Portman explained that the

directors would 'build a path' for her that was some feet 'off the ground'. The actor's co-star Tessa Thompson who would reprise her character of Valkyrie in the film said that the special path was called 'a deck'.

"We'd rehearse the scene, they'd see the path, and then they'd build a path that was like one foot off the ground or whatever, and I would just walk on that," revealed Portman, as reported by Variety.

Natalie Portman



Billie Eilish 'would rather die' than not have kids

Celebretainment | Los Angeles

Billie Eilish has declared she would "rather die" than not become a mother.

The 20-year-old pop star has explained she's always wanted to have children and it's one of her main goals in life, but admits she also "dreads it" as she will feel anxious about protecting her kids as they grow up.

She told the Sunday Times Magazine: "(I would) rather die (than not have kids) ... I need them ..."

She added: "The older I get, the more I experience things, I just think, ugggh, what am I going to do when my kid thinks that this is the right thing to do and I'm, like, no, it's not! And they won't listen to me."

Billie was homeschooled as a child along with her brother Finneas and "graduated" at 15 when she passed a high school equivalency exam.

Speaking about the issues facing kids in America right now, Billie confessed she's horrified by

the fear of school shootings.

She added to the publication: "Why is it OK to be scared to go to school? ... You go to school and be prepared for a life-changing traumatic experience or dying. What? Who? Where is the logic there?"

'Bad Boy' star Billie recently opened up about her struggle with life in the spotlight, admitting she became a depressed teenager despite enjoying huge success after releasing her debut album 'When We All Fall Asleep, Where Do We Go?' at the age of 17.

She told 'Telekom Electronic Beats' podcast: "I really didn't love it (my success) for a couple of years. 'The first few years of my career I was very young and very depressed and didn't even know if I wanted anything that I had.'"

Billie has made a series of behind-the-scenes changes over recent years and her entire outlook has been transformed.

She added: "I was kind of in this zone of like, I don't want to be here. Stupid little kid and I've made changes."

Billie Eilish



Eminem found it therapeutic to rap about addiction battles

Celebretainment | Los Angeles

Eminem has found it therapeutic to rap about his mental health and addiction battles.

The 49-year-old made the admission speaking to Westside Boogie, 32, on Shade 45's 'Sway in the Morning' radio show.

When it was mentioned he uses music to explore his "luggage", Eminem replied: "Well, I think that's, that's one of the great things about rap music is that, you know, you could put so much of your life in it."

"I was just trying to figure

out how to expand on that and I kinda got lost."

Referring to 32-year-old Boogie's new album, the rapper - born Marshall Bruce Mathers III - added: "It's therapeutic and it's, you know, that's how it's always been for me. But with this album, with this new Boogie album, the, the title, everything is great."

Eminem



English Daily newspaper

THE DAILY tribune

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SUDOKU

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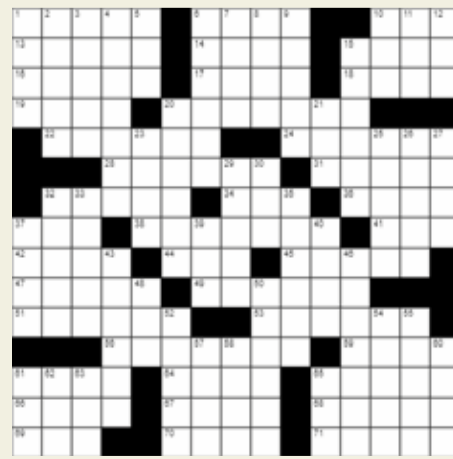
Yesterday's solution

7	2	5	8	3	1	4	6	9
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9	7	8	1	6	3	5	4	2
2	3	6	4	9	5	1	8	7
5	4	1	2	8	7	9	3	6

How to play

Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

CROSSWORD



Across

1- Pass into disuse; 6- Pub offerings; 10- Dundee denial; 13- Overjoy; 14- "Give that ... cigar!"; 15- Deities; 16- Backing for an exhibit; 17- Helps; 18- Designer Gucci; 19- Bird of prey; 20- Intoxicating liquor; 22- Kathmandu resident; 24- Idolizes; 28- Straight; 31- Pipe cleaner; 32- Varnish resin; 34- Move about recklessly; 36- Environmental sci.; 37- Bway hit sign; 38- Eighth sign of the zodiac; 41- Prefix with tourism; 42- Ancient Briton; 44- Single unit; 45- Grind together; 47- Legend maker; 49- Lack of variety; 51- Super Bowl III MVP; 53- In and of ...; 56- Traders; 59- Portrayal by an actor; 61- Portfolio; 64- Stir up; 65- Stiff; 66- Plastic or liberal, e.g.; 67- Bath powder; 68- Nut of an oak; 69- Ask invasive questions; 70- Formerly, formerly; 71- ... la vista;

Down

1- Vichyssoise veggie; 2- Actor Delon; 3- Stickum; 4- Skyline sight; 5- Lamprey; 6- Charlotte ... Virgin Islands; 7- Not of the cloth; 8- Prefix with skeleton; 9- Figure skater Cohen; 10- Cambodia's Lon ...; 11- Say further; 12- That, in Tijuana; 15- In abundance; 20- Permanent-magnet alloy; 21- Like 1 and 3, e.g.; 23- Intentions; 25- Speed contests; 26- Methuselah's father; 27- Go it alone; 29- Come to terms; 30- Music style performed by Dr Dre and Eminem; 32- "All My Children" vixen; 33- Doctor's replacement; 35- Numerals; 37- Duration; 39- Mich. neighbor; 40- Responsibility; 43- Baseball deals; 46- 1981 Neil Diamond hit; 48- Had a little something; 50- Administer; 52- Poker Flat chronicle; 54- Company emblems; 55- Coquet; 57- One telling tales; 58- Building wings; 60- Dame ... Everage; 61- Mushroom morsel; 62- Sheet music abbr.; 63- Hog home; 65- Go, team!

Yesterday's solution

G	A	I	N	A	S	H	O	E	T	I	A
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S	T	I	N	A	N	E	U	B	O	A	T
T	A	C	A	R	E	S	S	A	N	K	A