news of bahrair

Petrol price hike case adjourned



A group of lawyers term the increase 'unconstitutional'

The plaintiffs urged the Court also to suspend the decision to increase the fuel prices until the final verdict issued on their case.

Their complaint was initially dismissed by the High Administrative Court which ruled there was no wrongdoing by the Ministry of Oil and Gas in putting the decision into effect.

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he High Administrative Appeals Court adjourned the case lodged by several Bahraini lawyers against the decision to increase fuel prices until September 16 for the closing arguments to be delivered by the state lawyer.

Petrol prices in Bahrain were increased in January 2018. Jayy- Gas in putting the decision into effect. 200fils/litre up from the previous price of their case.

petrol (Jayyid) now

costs in Bahrain

The lawyers who filed the complaint had argued that this move was illegitimate and unconstitutional because it wasn't publicised in the official gazette before being implemented as per Law 52 of

160fils/litre.

the year 2006. Their complaint was initially dismissed by the High Administrative Court which ruled there was no wrongdoing by the Ministry of Oil and

id (91-octane) is now sold for 140fils/litre
The plaintiffs urged the Court also to against the earlier price of 125 fils/litre, while suspend the decision to increase the fuel the Mumtaz (octane-95) is sold now sold for prices until the final verdict issued on

Warning over spending hours before TV sets

Many people sit in front of television sets for long hours during Ramadan without knowing what health issues it could lead to.

Those who wear contact lenses and use computers and other digital devices intensively, often have eye irritation, which requires giving the eye a break by wearing special glasses.

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atching television, using computers or smartphones for longer hours could cause permanent damage to eyes, warns ophthalmology consultant Dr Ibtisam Al Alawi.

eyes, blurred vision or fatigue, turn dry. "Consider using a it's important to give rest to your eyes," she said.

television sets for long hours the room's light, it may cause during Ramadan without eye fatigue, so it is necessary knowing what health issues it to adjust room's lighting and could lead to.

down from the eye level, along with taking regular breaks using the 20-20-20 method lenses and use computers and which is every 20 minutes, turn your eyes away to look at ly, often have eye irritation, an object at least 20 feet away which requires giving the eye for at least 20 seconds."

Dr Al Alawi suggests using glasses."



Put your screen slightly down from the eye level, along with taking regular breaks using the 20-20-20 method which is every 20 minutes, turn your eyes away to look at an object at least 20 feet away for at least 20 seconds.

DR AL ALAWI

synthetic tears to moisten "If you are feeling dryness in the eyes as and when they humidifier that emits water spray and if you have a "Many people sit in front of much brighter screen than try to increase the contrast "Put your screen slightly on the screen to reduce eye

> "Those who wear contact other digital devices intensivea break by wearing special

Delivery boys, heavy drivers to receive first aid training

Under the supervision of trained professionals, the course will take place in tents situated in highly populated areas of the country.





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DR AMIN

TDT|Manama Supriya Reginald

♦ he Bahrain Red Crescent Society intends to set up a special project to train delivery boys and drivers of heavy vehicles in Bahrain on first aid skills to enable them to provide assistance to themselves and victims of accidents in the streets, revealed its secretary-general

Under the guidance of Bahrain Red Crescent Society, the project is the first of its kind in the region and will include a short and intensive training programme covering the basics of first aid focused on fractures, burns and wound healing.

bikers, heavy vehicle drivers and fisher- the Bahrain Red Crescent. men, who are at high risk. These groups of people are more vulnerable to injuries. Yet, they cannot afford to take this course said Dr Amin.

Under the supervision of trained profeswill follow upon covering areas with a high number of delivery services.

"We decided to put together a conwe focus on dealing with common injuburns and bleeding,"

their life but also help others," he added. revealed Dr. Amin.



"There are individuals, such as delivery Two trucks carrying hundreds of toys were donated to Syrian child refugees at Za'atari camp in Jordan by

Upon completion of the course, individthey are trained in first aid.

Each course will be divided into four sionals, the course will take place in tents sections, which cover four of the common situated in highly populated areas of the situations faced in the likelihood of an accountry. Training in less populated areas cident. An hour will be dedicated to each section with more emphasis on practical coaching rather than lectures.

"The first part will include educating centrated and practical course, where them on the first aid kit's contents and sity of those attending the program. uses. In the second part, the practical ries during an accident such as fractures, focus will be given on how to manage injuries such as cuts, bruises and compression "A certification valid for two years will of bleeding, dealing with fractures will be given at the end of the course, this be covered in the third part and the last training will not only make a difference in part will include the treatment of burns," Dr Amin.

"There are people who experience uals will receive a certification valid for burns, cuts or bruises from an accident due to busy schedules. So instead of them two years, a well-equipped first aid kit and and don't seek medical help rather they coming to us, we decided to go to them," a sticker for their vehicle to inform people resort to home remedies, this may put them in risk of infection. This course is tailored to help them attend to injuries initially so that medical professionals can take over," he added.

Each course will accommodate a maximum of 20 trainees to ensure induvial attention. The course has been tailored keeping in mind the schedules and diver-

"Training will take place during the daytime such as early mornings when they are least busy and options for split sessions will be available. We want to design the course according to their situation," said

"We are coordinating with Red Cross

Societies across the world, especially Asia, to provide the application forms and theoretical information in languages most of the expatriates understand," he added. The project is set to commence

post-Ramadan and is currently collaborating with restaurants and cafeterias to work out a schedule.

"Evaluation will not be conducted, as this is a basic course concentrating on first-hand attention. Plans for a refresher course will be considered at the end of the certificate validity," revealed Dr Amin.

"When we hear that a life has been saved because of this training we will know our mission is fulfilled," he added.



Bahrain Red Crescent Society is a volunteer charity founded in 1971. It has been recognized by the **International Committee** of the Red Cross (ICRC) in Geneva since 14 September 1972 and joined the **International Federation** of Red Cross and Red Crescent Societies in the same year.