

celebs



Hailey Baldwin

Baldwin opens up about anxiety

ANI | Los Angeles

Justin Bieber's wife and model Hailey Baldwin is opening up about her mental health struggles. The 22-year-old model spoke candidly about her struggle with anxiety in an interview with Glamour as cited by E! News. Hailey shared that it once got to the point where she "couldn't sleep". She also spoke

about the importance of spending time with yourself.

When she does find that time, Hailey said that she likes to take a nap and listen to music.

"Honestly, I understand little kids when I nap. I'm like, Oh, I get it. This is really helpful and it feels good. I also like to take a moment and listen to some music and chill," she said.

"It's so important, in my opinion, to find those moments for yourself. Especially when you're around people all the time. Not only for work, but when you're in a relationship too, and you're with another person all the time. I think

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HAILEY BALDWIN

it's important for both parties to be able to be, like, Hey, I

need an hour to myself," she continued.

The model also added that going to a grocery store or drugstore works like a therapy for her.

"For me, I actually enjoy running errands. I like having to go to the grocery store or the drugstore. It's a weird therapeutic thing for me--[it helps me] to feel normal," she said.

In early 2019, Hailey took to her Instagram account to share a post about her insecurities and her journey to finding her confidence.

Reflecting on that post, Hai-

ley in the interview, said, "I'm somebody who is very rooted in Christianity and faith. And for me, the root of confidence comes through that. It comes through God and comes through who I believe I was created by. So, you know, to each their own. I know not everybody believes in what I believe in. But aside from that, I think we need to cheer ourselves on more."

When asked how she manages to cheer herself after a bad day, Hailey said that she looks at the people in her life, including her "amazing" husband.

Chris Pratt is 'thrilled' after James Gunn's rehiring by Disney

PTI | Los Angeles

Actor Chris Pratt has said that he is 'thrilled' to see James Gunn back as the director of third 'Guardians of the Galaxy' film. The filmmaker, who helmed the first two installments of the 'Guardians of the Galaxy' franchise, was fired by the film studios' parent company last year after his old, controversial tweets resurfaced on social media.

The studio last month went back on its decision and reinstated Gunn as the director of the third part of the franchise.

On the sidelines of 'Avengers: Endgame' premiere, Pratt told a magazine that Disney made the 'right move' to reinstate Gunn.



James Gunn and Chris Pratt

"I was so thrilled, so excited. I think it's the right move, I really stand behind it. I'm really proud of Disney for hiring James back and ultimately thrilled for not only us, but also for the fans. I think it's going to wrap up the trilogy in the best way," the actor said.

Kathy Griffin to host Shorty Awards

IANS | New York

Actress-comedian Kathy Griffin is set to host this year's Shorty Awards, which honour the best of social media by recognising the influencers, brands and organisations on Facebook, Twitter, YouTube, Instagram, Snapchat, Musically and more.

Griffin is also a finalist this year in the best celebrity category, where

she will compete alongside popular names such as Joe Biden, Jonah Hill, Reese Witherspoon and Russell Brand.

"The Shorty Awards honour all that is unique, cutting-edge, diverse and unpredictable," Griffin said, reports hollywoodreporter.com.

"...I couldn't be more excited that this year I am not only a nominee but also the proud host. The categories, similar to the digital world we all now live in, go from the ridiculously fun to the supremely sublime."

Winners are chosen through a combination of votes from the public and scores given by the Real Time Academy.

Shorty Awards organisers added:

"Over the past year, Kathy has organically grown her online YouTube following and has made a natural shift to include a strong digital presence within her brand.

"Kathy has long proven herself within traditional entertainment and her seamless pivot within the digital space, made her the perfect choice to host this year. We are thrilled to have her host The Shorty Awards and can't wait for her to bring her incredible energy and experience to this year's show."

Past hosts include actor-comedian Tony Hale, actress-singer Keke Palmer, actress Rachel Dratch and comedian Mamrie Hart.



Kathy Griffin

Taylor Swift 'protected' by songwriting

IANS | New York

Singer Taylor Swift thinks writing songs helps her to "process" her life and she uses the process as a "protective armour".

"For me, writing, I've always known it was the main pillar holding up my career. I use it as a way to justifying things that happen to me. I've always known it was the main pillar of kind of my sanity as well, like I always looked at writing as sort of like a protective armour," she said at the TIME 100 Gala here, reports femalefirst.co.uk.

"Which is weird, because you think of writing about your life, that's usually like a vulnerability, but I think that when you write about your life, it gives you

“For me, writing, I've always known it was the main pillar holding up my career. I use it as a way to justifying things that happen to me”

TAYLOR SWIFT

the ability to process your life. I use it as a way of justifying things that have happened to me.

"Whether they are good or bad. I like to honour the good times and really process the bad times when I write."



Taylor Swift

Bieber, Grande slam Stewart after Coachella lip-sync controversy

ANI | Los Angeles

Singers Justin Bieber and Ariana Grande recently addressed the Coachella lip-sync controversy and lashed out at TV show host Morgan Stewart.

When the two singers appeared on stage at Coachella music festival last Sunday night, they performed Justin's hit track 'Sorry'. There was a little doubt in everyone's mind whether it was completely live, especially after both mentioned that he had shown up with no intention



Morgan Stewart



Justin Bieber



Ariana Grande

of performing and that there were no rehearsals. However, fans were happy about seeing Bieber on stage for the first time

in two years. Earlier this week, 'Nightly Pop' host slammed Bieber for his Coachella performance

in which the pop star joined Grande on stage and was caught lip-syncing to his song 'Sorry', reported People.

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