



Bahrain Chapter of the Institute of Chartered Accountants of India (BCICAI), celebrated the 4th International Day of Yoga at Crowne Plaza. Indian Ambassador Alok Kumar Sinha was the chief guest. Yoga expert Rudresh Kumar Singh led the yoga session. A Uday Shanbhag and BCICAI members and their families.



The Indian Embassy in Bahrain in association with the Ministry of Youth and Sports Affairs celebrated the 4th International Day of Yoga at Isa Sports City Hall with various programmes highlighting the Yoga's holistic approach to health and well-being. The





The new executive committee of TASCA Toastmasters club was elected: Following are the office bearers: Paneer Selvam - President ; Kannan Kathiresan - Vice President (Education); Kumara Guru - Vice President (Membership); Jothi Basu - Vice President (Public Relations); Gobi Doss -Secretary; Guhanathan - Treasurer; Hari Prakash - Sergeant- at -Arms.



Following are the new executive committe (Membership); Hariharan - Vice President



The Bahrain Indian School (BIS) celebrated International Yoga Day with children from Kindergarten till Grade VIII participating in the special sessions conducted by Yoga teacher Vijayalakshmi Harish. The benefits and importance of yoga was reiterated by Principal Saji Jacob.



The Indian School celebrated International Yoga Day at its campus in Isa Town