

LETTERS TO THE EDITOR

Improving Traffic Management in Bahrain Kingdom of Bahrain

The Kingdom of Bahrain has witnessed a significant rise in vehicular traffic recently. As our roads become busier, ensuring smooth and safe traffic flow has become an important priority. To help manage congestion within the existing infrastructure, a few practical measures can be considered:

1. Restrict Heavy Vehicles During Peak Hours
- Heavy vehicles such as trucks, trailers, and lorries should be restricted from using main highways during peak hours to minimise congestion and improve road flow.
2. Deploy Traffic Police at Key Intersections
- The presence of traffic officers during rush hours can help monitor and manage movement while ensuring that penalties are promptly imposed on violators.
3. Improve Junction Discipline
- Installing barricades at yellow or white box junctions and merging points can prevent overtaking and ensure that vehicles queue properly for turns.
- 4.Ensure Quick Clearance of Accidents
- Any road accident occurring during peak periods should be cleared without delay to prevent further disruption to traffic flow.
5. Adopt Data-Driven Traffic Planning
- Continuous monitoring of traffic at various times and routes will generate valuable data to identify root causes of congestion and inform targeted solutions.
- 6.Encourage Public Transportation
- Expanding and promoting the use of public transport networks will, over time, help reduce the number of private vehicles on the road.
7. Develop Road Infrastructure
- Constructing flyovers, underpasses, and additional lanes at high-traffic zones can provide long-term relief and improve connectivity.
- These measures, both short- and long-term, can play a crucial role in enhancing Bahrain's road efficiency and commuter experience. It is hoped that the concerned authorities will consider these suggestions for the betterment of all road users.
- Sandeep Mehta

My story from a Milk Carton to God's Arms

I was legally adopted after being found by my parents in front of their house on February 17, 1978. I was only 24 days old — left inside a milk carton, crying — while my adoptive parents were praying during a blackout that covered the whole of Manila.

Beside me was a letter that said, “I am in a serious condition and can no longer take care of her,” along with my birth date.

That letter broke my heart the first time I learned about it, but now I see it as an act of love. My birth mother didn’t abandon me — she entrusted me to a family who could give me a better life. And for that, I will forever be thankful to my birth mother, and most especially to my loving adoptive parents — my Papa Ambo (Pablo Santos Balingit) and my Mama Antonina Ferando Balingit. I will be forever grateful to them.

I grew up in a loving home, studied in good schools until college, and lived a comfortable life. My adoptive father never allowed me to work because he always provided everything I needed, even after I got married.

But life changed when my Papa and Mama became ill with diabetes and faced complications. That’s when I started to understand what real hardship meant. I learned to work and help provide for our needs.

Life in the Philippines wasn’t easy back then. The poor became poorer, and many had to work abroad just to survive. I was one of them. I first worked in Brunei, then in Saudi Arabia as a piano teacher, and eventually found my way to Bahrain — and later brought my husband and son here too.

And here in Bahrain — we found peace

Life here is peaceful, organized, and full of respect. The government truly takes care of its people — both citizens and residents. As a resident, I receive free medicines, checkups, lab tests, and other medical services at the health center.

Like my adoptive parents, I also have diabetes and have faced some health challenges, including a TAHBSO operation. But through it all, Bahrain has been a place that continues to care for me and my family.

This country has taught us what it means to live in peace — where the government cares, people respect each other, and life is simple yet full of joy.

That’s why my husband, my son, and I have decided — we want to stay here in Bahrain for good. Because here, we found peace, care, and contentment.

Most of all, it is here in Bahrain where we came to know Jesus even more. Though Bahrain is a Muslim country, they respect our faith and our beliefs — and that’s something I truly admire.

Thank you so much, Bahrain. Please adopt US

-Grace Ann

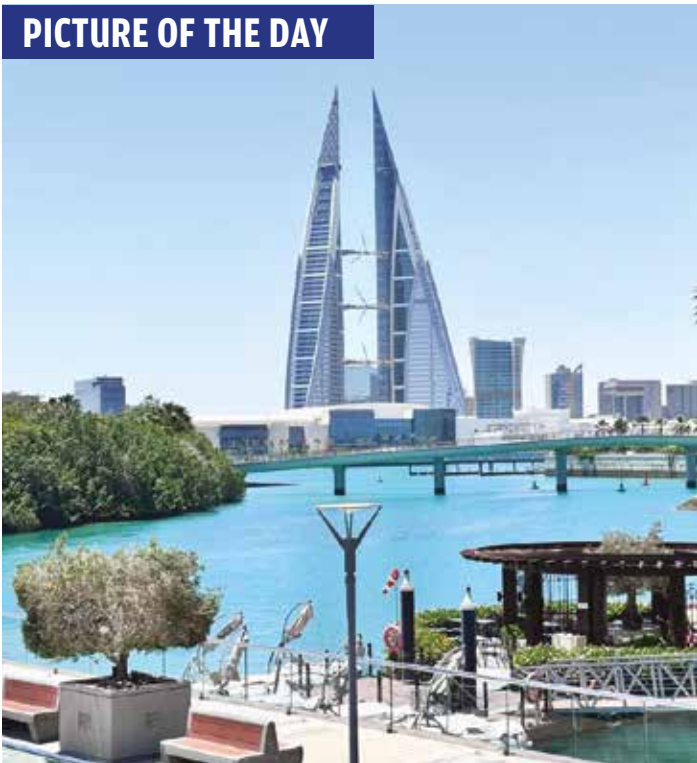
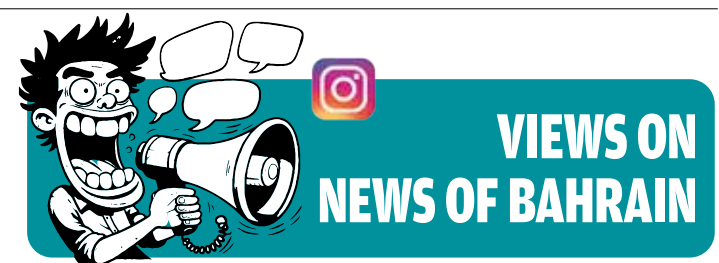


Photo : Abhishek Ghosh



Government rejects draft law limiting domestic workers’ right to change jobs

Bahrain’s government has reaffirmed that domestic workers are free to apply for new, independent work permits once their contracts or permits end — rejecting a proposed law that would restrict them to household service or require them to leave the country.

Officials told MPs that such restrictions would violate constitutional rights and international treaties Bahrain has signed, emphasizing that freedom to work and contract are fundamental protections.

TOP COMMENTS

Maya Tillo
Well see if the employer follow the rule law of Bahrain the contract that already sign in of employer not following how about this new rule

Mona Liza
Household service work is one of the occupations that significantly impacts mental health unnoticed!

Thomson Omambia
Good news for domestic workers, they are the only workers who are denied freedom

Milo Dee
This is a good news, thanks Bahrain government, since most of the employers don’t give the 500\$ increase then better find a job which fit on the housemaid who we’re finished degree.

Aris Paredes
It’s a good move from the government of Bahrain so as employers will treat nicely towards thier employees bcoz at the end of the day when everyone treated fairly no one would leave each other.

Ma Glenda G Ambida
Good news, hopefully the employer here in Bhrair follow the rules of contract like dayoff,coz me in my contract have dayoff but my Employer not give dayoff to me

Public Alert - Fraud Warning

We wish to alert the public about an expatriate gang that has allegedly defrauded me and several others by collecting large sums of money over the past year under the false promise of securing Health and Care Worker visas to the United Kingdom

Despite receiving significant payments, the individual in question failed to provide any visa or employment opportunities. When we demanded a refund, he repeatedly postponed repayment with excuses such as “I’ll pay soon,” “tomorrow,” or “next week,” and has since been avoiding all contact.

He had explicitly committed to settling the full amount on July 28, 2025, but failed to honour that promise. Since then, he has continued to delay and evade repayment. He currently does not respond to phone calls or make any effort to return the money.

Many victims are now in severe financial and emotional distress, as these funds represent their entire life savings. Our only hope of rebuilding our lives lies in recovering the money unlawfully withheld by this person.

Using persuasive speech and false assurances, he completely misled us. To gain our trust, he even issued fake offer letters and counterfeit visa sponsorship documents, collecting large sums of money under different company names.

It has come to our attention that this group is currently operating similar fraudulent schemes originating from Qatar and Bahrain, continuing to deceive unsuspecting individuals under the guise of overseas employment opportunities.

It is deeply distressing that such individuals continue to exploit innocent people, believing they can escape accountability. We earnestly request that anyone with information about this gang or its associates come forward and assist in bringing them to justice.

We handed over this money after great effort and personal sacrifice. Please, let no one else fall victim to this network of fraudsters. A large portion of the money remains unpaid, and the accused continues to find ways to avoid responsibility.

We sincerely appeal to the people of Bahrain and the Gulf to remain vigilant and not be misled by such scams.

- Shijo,
United Kingdom

