

# Cancer warning call over use of hair straightening products

Most hair straightening products contain highly carcinogenic chemicals, say experts

● All treatments including Brazilian treatment, keratin, collagen and botox have its their own dangers since they contain carcinogenic substances, the doctor pointed out.

● Excess use of hair treatment and straightening products has also led to a rise in hair fall cases across the Kingdom, Dr Baaqi said.

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A medical expert has warned over the health hazards including cancer caused by Brazilian hair treatment, highlighting the alert calls made by many international health organisations.

Consultant Dermatologist and Training Head at the Dermatology Department at Salmaniya Medical Complex (SMC), Dr



Many global health organisations have been warning over the health risks caused by health straightening methods and products.

Mariam Baaqi said that common hair straightening products used in the Kingdom contain dangerous chemicals.

All treatments including Brazilian treatment, keratin, collagen and botox have its own dangers since they contain carcinogenic substances, she pointed out.

"There are no natural hairs straightening products in the

market as all of them contain chemicals that can adversely affect one's health in the longer run," Dr Baaqi said.

"The Brazilian and keratin hair treatments, which are commonly prescribed at local salons, are not at all considered as hair nutrition. They include substances that would destroy the hair completely in the long term. "Women using these products

should immediately stop and work on fixing the damage it caused to their hair and scalp, by using special conditioners and oil-rich shampoos, in addition to avoiding hair dye and follow healthy diets."

"Women are always looking to improve their appearance to be more beautiful and attractive, so they often use hair care products that contain harmful substances,

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**Women are always looking to improve their appearance to be more beautiful and attractive, so they often use hair care products that contain harmful substances, especially formaldehyde.**

DR BAAQI

especially formaldehyde.

"This dangerous substance is found in high percentages in the Brazilian or keratin treatments. It causes irritation and rashes. It can also the eyes, nose and throat.

"Women are advised to carefully read the contents of each product they use and ensure that it's produced by reliable manufacturers," Dr Baaqi explained.

When asked, Mariam Al Mulla, a ladies salon owner said that most of the women demand easy and fastest ways to beautify themselves. "Women often tend to hairdress, soften and nourish their hair by using keratin, protein or collagen treatments.

"We spare no efforts to satisfy our customers while making sure that these products conform to all standard requirements, so that the customer gets the best results."

Regarding the prices of hair straightening products, Ms Al Mulla confirmed that the price varies according to length, intensity and the level of hair damage suffered.

"Long hair may need a larger amount of treatment, unlike short hair. So we first examine hairs before recommending any product to a customer."

Excess use of hair treatment and straightening products has also led to a rise in hair fall cases across the Kingdom, Dr Baaqi added.

## Events held to foster peace, harmony

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Harpreet Kaur

A series of events organised by Bahrain4All in association with Peace One Day will end on September 21.

The events are being organised under the slogan 'Unity in Diversity'. A list of sports activities is also lined up as part of the activities.

Peace One Day is a non-profit organisation that strives to support the project to raise awareness of Peace Day and encourage all sectors of society in the region to stand together in the name of peace celebrated globally on September 21.

Speaking to Tribune, Nivedita Dhadphale, founder of Bahrain4All, said, "Peace One Day selected us as their partner based on our non-profit initiatives to promote unity in diversity in the Kingdom.

"We are very proud of this achieve-



A free medical check-up was held as part of the activities.

ment as it allows a window of opportunity to be globally recognized not just for our work but for the fact that we are able

to promote the harmony in the Kingdom. "Bahrain4All has a list of activities planned throughout the month of Sep-



Around 200 workers were served brunch following Friday prayers.

tember to spread the message of peace and harmony."

"We offered a free medical

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MS DHADPHALE

camp at Al Hilal Hospital, Adliya, which benefited over 150 people. We successfully organised sports activities for the students of The Pakistan School and hosted a brunch for 200 workers in Riffa following Friday prayers.

"A one-day cricket tournament was held in which 20 teams took part. Many other sports activities were also organised as part of the initiative."

### Celebrating colours of life



With tens of people in attendance, the seminar organised by Indian Excellent Educational Centre on 'Mind Power and Life Management with Colours of Life' was a great success. The Seminar was conducted by Certified Mind Trainer and Life Coach, Crawford Wilson D'souza, a Motivational Speaker and Corporate Coach, who also authored "Life Management with Colours of Life". The workshop will continue today from 9am onwards at the Indian Excellent Educational Centre. To know more, contact 32332746.