

# World Man's Best Friend Day!

Every day is world dog day for all lovers of canines. They deserve all the love in the world, being the only creatures that love us more than they love themselves, and the world dog day is all about celebrating that. While the usual fanfare includes dog talent shows and beauty pageants, and all kinds of entertainment for them, accompanied by a scrumptious feast, true celebration lies in pledging to adopt a homeless dog, or feeding and nursing the strays. Bahrain is home to over 25,000 strays, and there are many organizations and individuals doing everything in their might to ensure that these dogs are fed, protected, and treated for ailments. Puppy mills and inbreeding are increasingly horrifying incidents that cities and individuals across the world are attempting to combat. This world dog day, rescue, donate, protect, save, and shower the silent harmless beings with love.



## Taking care of your dogs in the heat



### 1) Don't Overexert Your Dog

Take your dog for his/ her walks early morning and late evening once the sun has set. Do not overexert your dog. Walk at a gentle pace. Take breaks. Carry water. If you can't take your dog outside once it's cool, make sure you have protective padding for his/ her paws. The ground can be very hot and can crack, burn, and hurt their paws. Swimming is a great option during summer. Keeps your puppy cool and they get their exercise too.

### 2) Hydrate Hydrate Hydrate

Make sure there is always plenty of clean, fresh, cool water for your dog. Also give water alternatives with electrolytes, buttermilk sans salt, frozen treats, fruits, and coconut water. Do NOT give human energy drinks to dogs. It's normal for a decrease/ loss in appetite during hot weather, so include fluids such as broth, curd or buttermilk with the meals.

### 3) Watch Out for Signs of Dehydration

Dogs have only panting as their cooling mechanism. Excessive drooling, labored breathing, bloodshot eyes, increased heart rate, restlessness, inelastic skin are some of the signs to watch out for. Recently, we have also noticed a number of dogs throwing up

clear liquid also. Get immediate veterinary help if this happens.

### 4) Cool Your Puppy Down

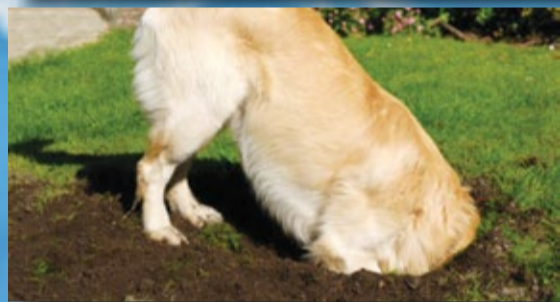
It's important to keep your puppy's temperature down during summer. Use a wet towel for your dog to lie on after a walk, wipe him/her down with a cool, wet cloth (making sure the paws, tummy, armpits, and back of the head are wiped down and wet), kiddie pool, ice cubes, placing a fan in front of a pan of ice, spraying some water on the floor, air conditioning and fans all help keep your puppy cool. Also, let your dog dig! Dogs like to dig to cool themselves.

### 5) Don't Leave Your Dog In a Parked Car

The car retains more heat than the outside area even if parked in the shade. Your dog's temperature can quickly rise leading to severe cases of heatstroke.

### 6) Don't Shave

Contrary to the thinking that shaving the fur will help in cooling your dog, the layers of fur help protect your dog from overheating and sunburn. More harm will be done if the coat is shaved. Trimming long hair is fine.



## In Canine Fashion Now

Dog lovers are as obsessed with their pets as they are with their kids. Micro fashion is in, as is dog fashion. Here are Weekender's best picks of dog fashion right now!



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