

celebs



Masters of the Universe star Idris Elba: I can't stay jacked

Bang Showbiz | Los Angeles

Idris Elba "can't stay jacked" forever.

The 53-year-old actor stars alongside Nicholas Galitzine, Camila Mendes, Alison Brie, James Purefoy, Morena Baccarin, Kristen Wiig, and Jared Leto in *Masters of the Universe*, the new sword and sorcery film directed by Travis Knight, but Idris admits that he can't maintain his "jacked" physique full-time.

Idris - who plays Man-At-Arms in the new movie - told *People*: "I mean, I'm 53 years old. I can't stay jacked. But at the same time, I have to stay in shape so I can run and punch."

Idris admits that he loves his role in the new film. The London-born star said: "To get to play Duncan and change him, make him to look like me, was a real ... it was a treat. I got to be a bit comedic and big, so I went for it."

Idris - who previously played Heimdall in the *Marvel Cinematic Universe* - actually loves shooting action movies. He explained: "I've done quite a few action films over the last three years. Some a little bit more cerebral action like *Hijack*, but this has been a lot of fighting."

Meanwhile, Idris previously admitted to being a huge video game fan. The acclaimed actor starred as Solomon Reed in *Cyberpunk 2077: Phantom Liberty*, the spy-thriller game, and Idris spoke in 2023 about his love of video games.

He told the BBC: "I play video games a lot and have done for most of my life. I had an Amstrad back in the day and pretty much every other console."

"I'm not one to watch my own performances, but I will play this game. I put so much work into it for years."

Idris believes video games have the power to change the world.

The actor thinks the industry actually has the potential to shine a light on humanitarian issues.

He said: "Games have exactly the same tool sets, if not more, to engage people in things they don't understand."

"If you want to use gaming as a portal to education, to interface between one culture and another, it's a really interesting place to do this."

"I'm sure there are companies that are looking at it, but anyone who can get that right ... and educate cultures about other cultures is a winner."

Idris Elba

Khloe Kardashian feels 'really terrible' for decision that left cats 'miserable'

Bang Showbiz | Los Angeles

Khloe Kardashian feels "really, really terrible" that a decision she made left her cats "miserable".

The 41-year-old reality star has expressed her regret at listening to bad advice and getting her two pets declawed - which involves having all or part of a cat's third toe bones and the attached claws removed - because she is now afraid to let them roam freely outside because they can no longer protect themselves against perceived threats.

Speaking on her *Khloe In Wonderland* podcast, she said: "I was really misadvised about getting my cats declawed."

"I've never owned cats before. I didn't even know that was a thing."

"I feel really, really terrible that I did go in this direction. I feel like that's why my cats are miserable and it was at my doing."

"My cats wear AirTags. Like, they're not allowed to even go near a door. I'm so afraid if they get out because they have no way to defend themselves. They lost their protection tools. It makes me sad."

Khloe - who has True, eight, and Tatum, three, with ex-boyfriend Tristan Thompson - first welcomed Grey Kitty into her household in November 2022 and around 18 months later, she brought another cat, Baby Kitty, into the family but she admitted it was a "big mistake" introducing a second feline because they don't get along.

She said: "I have two possessed cats. Grey Kitty was great. Perfect. The saint of cats."

a cat. Never did anything wrong.

"So what did I do? We gotta get True a second cat, because True wants one. I got Baby Kitty for True's sixth birthday. Once we got Baby Kitty, Grey Kitty started peeing on one of the beds to tell us she hates us and she's p***** that we have another cat. They're the same cat. I thought this was great because why would a cat wanna be alone? Big mistake."

Big mistake.

Big mistake.



Khloe Kardashian

Bryan Cranston admits he 'loses money' by doing theatre

Bang Showbiz | Los Angeles

Bryan Cranston loses money when working in theatre.

The *Breaking Bad* star has been appearing on stage since the 1980s and has most recently been seen in a hit production of Arthur Miller's *All My Sons* in London's West End, but Bryan, 70, has admitted treading the boards is a difficult job because the pay is so low.

He told *New York Post* columnist Page Six: "There's no money in it. You actually are losing money by doing theater. That's how difficult it is for actors who are here in New York just doing theatre. They have to constantly be working."

The publication reports Bryan said he expects the production of *All My Sons* to transfer to Broadway next year, marking his first time

back on the New York stage since his turn in *Network* in 2019, which won him his second Tony Award after he previously scooped the Best Actor prize for *All the Way* in 2014.

Bryan previously declared he would be taking a year off in 2026 because he turned 70 in March and wanted to travel and enjoy "more life experiences" with his wife Robin Dearden but he's been kept busy with his stint in London's West End.

Speaking before his big birthday, Bryan told *People* magazine: "At some point I want to slow it down. I want to have more life experiences. I want to travel, I want to feel it. When you're working, I've been working for the last 25 years nonstop and that's not real life."

"And I really do feel like I want

more real life experiences. I want to adjust the relationship that the industry has with me and also that it's created for my marriage. I just want to kind of level that out and experience something new."

Asked if spending more time with his wife is part of that, he added: "Yes! I like her. 35 years married, she's a lovely lady."

However, one thing Bryan won't do with his wife is go shopping. He added: "Someone said, 'You don't go shopping with your wife?' I go, 'No! Why would I do that? I don't like it! I just don't like it and she doesn't like things that I like to do either'."

Bryan Cranston



Nadal says sought honesty, transparency in Netflix documentary

AFP | Madrids

Tennis great Rafael Nadal said on Wednesday he sought to be "transparent" and "honest" in his forthcoming Netflix documentary series, speaking to AFP at a preview event ahead of its release.

The series from the streaming giant will be available from May 29, during the French Open - the Grand Slam tournament where the Spaniard forged his legend with a record 14 titles.

"I believe it's a genuine documentary that doesn't paint everything in rosy colours, and combines my sporting career with the difficulties I have faced," Nadal told AFP shortly before the screening of the first of four episodes in Madrid.

"I think I've been quite transparent about my life and everything that has happened to me. I've been honest, and it's my story," added the undisputed king of clay, who won 22 Grand Slam titles over a career spanning

more than 20 years before retiring at the end of 2024.

The documentary was filmed during that final season, "while I was still playing, trying to come back from injury and hip surgery," he said.

"And I didn't succeed. I tried to stay competitive, but I couldn't get back to 100 percent. That whole process was filmed: the doubts, the uncertainty, and then acceptance of the situation."

Asked whether it was impor-

tant for him to tell that difficult final chapter, Nadal replied: "Not necessarily, but I have people around me that I trust who convinced me to do it - people who have been successful in this industry and perhaps had a broader view of my career."

"I followed their advice and here we are. I hope people will like it," added Nadal, who bid a tearful farewell last year to Roland Garros, where a mark of his footprint is carved into the clay on Court Philippe Chatrier.



Rafael Nadal