

| May | Ramadan | Day | Imsak    | Fajr     | Sunrise | Dhuhr    | Asr      | Maghrib  | Isha     |
|-----|---------|-----|----------|----------|---------|----------|----------|----------|----------|
| 22  | 6       | TUE | 03:08 am | 03:18 am | 4:48 am | 11:34 am | 03:02 pm | 06:21 pm | 07:51 pm |

# رمضان كريم

## Ramadan Kareem

THE DAILY **tribune**

# A blessed Ramadan at Four Seasons



● **Iftar will be served from sunset to 8:00pm, 17 May until 15 June at BHD 26++**

● **Ghabga is served from 9:00pm to 2:00am, 17 May until 15 June at BHD 28++**

**F**our Seasons Hotel Bahrain Bay has unveiled an array of delightful dining experiences and seasonal getaway offers to help celebrate the spirit of Ramadan, and is looking forward to providing guests with the finest in Arabian hospitality throughout the Holy Month.

The Hotel's Al Bahrain Ballroom is set to be transformed into a Ramadan Tent, creating a warm and inviting ambience where guests can experience a traditional Iftar or Ghabga feast. Executive Chef Kim Hyunggyu and Pastry Chef Imad Boukli have developed an outstanding menu filled with regional and international specialities, which truly has something for everyone to enjoy.

Traditional bateel khidri dates are

offered to break the fast, together with a range of Ramadan juices and inviting soup selections. Guests can sample hot and cold mezze items, complemented by a sushi station and a salad bar offering a delectable selection of light bites. Attendees can explore the generous buffet setups and dedicated live cooking stations, which showcase a wide selection of traditional Bahraini fare as well as Lebanese, Indian, Turkish and global cuisine. A Moroccan tagine island, homemade pasta station and Asian section round out the offerings, together with a kooshari station filled with an assortment of delicious condiments. Those with a sweet tooth will find plenty to enjoy at the dessert buffet, which includes an abundance of family favourites as well as a free-flowing chocolate fountain.

## Gergaoun Event

On the 15th day of the Holy Month of Ramadan, the Hotel will be hosting a delightful Gergaoun celebration for children. Kids can enjoy a range of fun activities, including a candy hunt, henna painting, arts and crafts, singing songs with a traditional band and storytell-

**DID YOU KNOW**

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ing. The event will feature a Gergaoun fashion show where the best outfit will be selected, with the winner taking home a complimentary lunch voucher for the whole family. Participants will also receive a Gergaoun certificate to commemorate their presence at this unique cultural event.

## Private and Corporate Group Events

The grand ballrooms at Four Seasons Hotel Bahrain Bay are the perfect choice

es to host both private and corporate Ramadan events. Up to 450 people can be comfortably accommodated in the Al Bahrain Ballroom, where the Hotel's catering team will create a memorable Iftar or Ghabga experience. For those looking to host a more intimate gathering, the Hotel offers a range of smaller, flexible spaces which can be adapted according to specific requirements. Each Ramadan buffet is tailored to suit the individual dietary preferences of guests, ensuring a personalised and memorable evening for all.

## Bay-View lounge

Guests can relax and enjoy a delicious range of refreshing beverages at Bay-View Lounge, including freshly brewed coffee, aromatic teas and alluring mocktails. The inviting lounge offers stunning views of Bahrain Bay and the Manama skyline, and is open nightly from sunset to 1:00am throughout the Holy Month.

## Eid Al Fitr brunch

For a gracious end to the Holy Month, the Hotel invites guests to celebrate Eid Al Fitr in the warm ambience of

Bahrain Bay Kitchen with a sumptuous brunch on 16, 17, and 18 June. Diners can enjoy an extensive range of buffet offerings, together with live cooking stations and a tempting array of desserts. Brunch is available for BHD 28++ with soft drinks and BHD 38++ with an extended beverage package.

## Eid getaway offers

**Advance Purchase – 25% Off:** Guests will receive 25% off our standard room rates when booking their stay at least 14 days before arrival. An extensive selection of complimentary Resort activities is included in the room rate as standard.

**Bahrain Getaway – 20% Off:** Guests booking a two-night minimum stay can enjoy a 20% discount on the Hotel's standard room rate with this package. Visitors can discover ancient souqs and the world-renowned National Theatre as they explore the city, or simply unwind in the Spa or in the Hotel's luxurious suites and guest rooms.

To book a memorable Ramadan or Eid experience, call Four Seasons Hotel Bahrain Bay today on (973) 1711 5000.



## Ramadan community-driven initiatives across Bahrain

**T**here is no other month of the year in which people are more giving and more compassionate than in the holy month of Ramadan. People make extra efforts to help the needy, families and relatives get together, neighbours exchange food and visit each other.

In true Ramadan spirit, VIVA Bahrain, through its Corporate Social Responsibility arm, VIVA Jusoor, has commenced its annual Ramadan community-driven activities for the fifth consecutive year.

The many initiatives involve VIVA Iftar Sa'em which brings volunteers and 'VIVA Hands' team to distribute Iftar meals to the less fortunate across labour camps and local souqs. VIVA is also distributing food parcels to less fortunate families and complimentary water bottles at



mosques during Taraweeh and Qeyam Al-Layl prayers.

Commenting on the initiatives, Shaikh Zeyad Bin Faisal Al Khalifa, VIVA Chief Government Affairs Officer said, "Whether through community activities or charity drives, we always

make an effort to celebrate the spirit of Ramadan with all segments of the Bahraini society. Through this, we also hope to encourage the community to get involved in volunteering and charitable work and promote a culture of sharing, caring and

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social solidarity.”

Yousif & Aysha Almoayyed Charity made its 7th financial donation for the penalty shootout which was organized by Bahrain Special Olympics to support athletes with disabilities.

The donation was handed by Alia Al Tajer from Y.K. Almoayyed & Sons (YKA), to Abdul Fattah Kamal from Bahrain Special Olympics, at YKA head office in Manama.

## Ramadan Cooking

### Turkish Red Lentil 'Bride' Soup

#### Ingredients

- 1/4 cup butter
- 2 onions, finely chopped
- 1 teaspoon paprika
- 1 cup red lentils
- 1/2 cup fine bulgur
- 2 tablespoons tomato paste
- 8 cups vegetable stock
- 1/8 teaspoon cayenne pepper
- 1 tablespoon dried mint leaves
- 4 slices lemon
- 1/2 teaspoon chopped fresh mint

#### Method

- Melt the butter in a large saucepan over low heat. Cook the onions in the hot butter until they are golden brown, about 15 minutes.
- Stir the paprika, lentils, and bulgur into the onions and coat with the butter.
- Add the tomato paste, vegetable stock, and cayenne pepper; bring to a boil and cook until soft and creamy, about 1 hour.
- Crumble the dried mint leaves into the soup; stir the soup and remove from heat.
- Ladle into bowls and garnish with lemon slices and fresh mint to serve.

