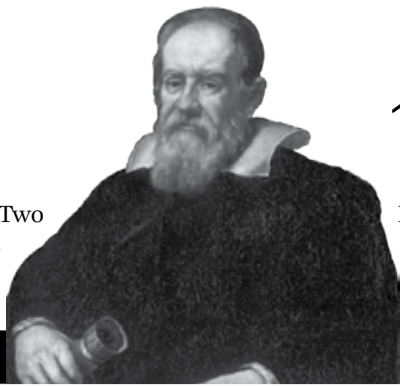


1632

Galileo's "Dialogue Concerning the Two Chief World Systems" is published



1774

British House of Lords rules authors do not have perpetual copyright

1797

The Last Invasion of Britain by the French, begins near Fishguard, Wales

1825

Russia & Britain establish Alaska-Canada boundary

To recreate these international dishes with Saudi flavors, the couple use Saudi spices and agricultural products produced within the country such as dates, local meat and the unique Taif flowers

"Usually, it is the international kitchen that receives all the fame and spotlight, and rarely does the Arab or Saudi kitchen have a media presence," Al-Solami told Arab News. "Which is why we decided to invent something new, merging international kitchens in a Saudi way. Especially because the Saudi kitchen is characterized by its various flavors and high taste," she added.

To recreate these international dishes with Saudi flavors, the couple use Saudi spices and agricultural products "produced by our country such as dates, local meat and the unique Taif flowers," said Moathen.

Al-Solami works at a five-star hotel and Moathen is an executive chef at a restaurant. Leading such busy lives, the couple still manage to find a balance between their jobs and their channel.

"The nature of our job requires us to work for long hours, sometimes 12 hours in a day. For this reason we decided, with the agreement of the company, that



A dish prepared by Waleed Moathen and Budoor Al-Solami

we film our episodes during our vacation days."

The channel came to fruition when Diwaneer was looking for Saudi chefs.

"They contacted me. They

wanted to create a regular cooking show just like any other cooking show, then Waleed and I thought of how we can change the idea of traditional cooking and shows, and we wanted to put

the Saudi kitchen in our show. This is how 'Saa'widha' was created," according to Al-Solami.

"And this was how we came up with many ideas such as the Saudi sushi, and Waleed came up with vegan ice cream with Saudi ingredients such as almond

full of surprises, said Moathen. "When we cook, we really enjoy it and we share new ideas with each other."

"Saa'widha," of course, is displayed in Arabic, but the couple are planning to add subtitles in different languages in their next season. "Especially because we have friends of different nationalities," explained Moathen.

Their show was warmly received by the Saudi audience, and the two are showered with positive comments under each episode.

"I am very happy to see the interaction of people in the comments, and their kind words and positive support," said Al-Solami.

"I am overjoyed and this encourages me to continue what I love and what the viewers love," said Moathen.

Al-Solami and Moathen studied tourism and hospitality respectively and wish to open a restaurant chain and culinary school.



Waleed Moathen (L) and Budoor Al-Solami

coffee. We even made focaccia bread and muffins with a Saudi twist," she explained.

Working is fun

Working together is fun and



Budoor Al-Solami giving the final touch to a dish

NOTES

Kingdoms' music industry

leased the album 'This is Me', is set to visit Bahrain

s-style piano ballad. Speaking to *Tribune* on her future plans Alexis said, "I think that there is a wealth of incredible 'untapped' talent that exists in Bahrain. It's just a matter of the public recognising this talent and lending support. Local musicians and artists then need to rise to the challenge and bring their very best to their audience."

Moreover, I am looking forward to visiting Bahrain again this Spring. I believe Bahraini artists are truly representative of what art and music should be a fusion of the very best of influences from around the region, progressive but still connected to tradition"

Ali Bahar, a Bahraini singer, guitarist and organ player known for his music band Al Ekhwa who was also known as the Bob Marley of the Gulf has been called as being the most popular musician in Bahrain's history till a favourite of mine. His ability to communicate a feeling in his music till rarely matched."

Bahrain is Wonderful and progressive. I hope I don't offend anyone by

saying this, but I've always felt that Bahrain was a sister state to us in the UAE. We all have our unique identities but at the same time, we share so much in common. Thus I believe that we should utilise the opportunity to further grow the industry."

Alexis wrote and produced the bulk of the album 'This is Me' alongside several high-profile collaborations. Grammy-award winning duo Carvin & Ivan co-produced one of the album's tracks while Bashiri Johnson, a long-time Michael Jackson collaborator, helped create the dynamic percussion that drives the album forward

