

When Punishment Fails, Look Beyond the Behaviour

Consultant explains eight reasons children repeat mistakes, from limited self-control to unmet emotional needs

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Hasan Barakat

A child breaks a rule, gets punished, promises not to do it again—and then repeats exactly the same behaviour.

For parents, the pattern can look like stubbornness or deliberate disobedience. But social and educational consultant Dr Jassim Mohammed Al Mutawa says repeated behaviour can have deeper causes, including skills the child has not yet developed or needs that have not been addressed.

His first explanation is that knowing a rule does not automatically give a child the ability to follow it.

A child may understand that shouting, hitting or throwing toys is wrong, yet still struggle to control the impulse when emotions take over. Self-control develops gradually through age, experience, practice and guidance.

The second reason is that behaviour often serves a purpose.

A child may repeat an action because it brings attention, creates a sense of importance, com-

municates an emotion, asserts independence or gives the child a feeling of control. In some cases, the behaviour that irritates parents can become a reliable way of getting their full attention.

Third, punishment may stop an action without teaching the child what to do instead.

Taking away a toy after a child snatches it may stop the behaviour temporarily. But unless the child learns how to ask for a turn, express frustration or wait patiently, the same situation can produce the same reaction again.

The fourth factor is emotion. Anger, jealousy and frustration can become stronger than a child's ability to follow an instruction remembered from the previous day. When emotions take over, a child may not be thinking about the earlier warning at all. Punishing the visible behaviour without addressing the emotion behind it may therefore leave the underlying problem unchanged.

Al Mutawa points to sleep deprivation, hunger, exhaustion, stress, sensory sensitivity and difficulties regulating emotions as



Self-control develops through practice, not punishment alone.

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possible factors behind repeated behaviour. In such situations, the child may not simply be refusing to change; the expected behaviour may genuinely be difficult for the child to manage at that moment.

The message for parents is therefore not that rules and consequences have no place, but that punishment alone may not address why a behaviour keeps returning.

Indian Ladies Association Announces Platinum Jubilee Gala Celebration



TDT | Manama
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Celebrating seven decades of dedicated service, empowering lives, and fostering community support, the Indian Ladies Association (ILA) has announced its grand 70th Anniversary Platinum Jubilee Gala Celebration and the launch of the inaugural ILA CSR Excellence Awards 2026.

Held under the patronage of Her Highness Shaikha Hessa bint Khalifa Al Khalifa—Wife of His Highness Shaikh Abdullah bin Hamad Al Khalifa, Chairperson of INJAZ Bahrain, and Member of the Supreme Council for Women—the landmark celebration will take place on Thursday, December 10, 2026, at the Gulf Convention Centre, Gulf Hotel.

The announcement was made during a press conference led by ILA President Smitha Jensen, alongside Platinum Jubilee Co-

chairs Sarada Ajith and Meera Ravi, CSR Excellence Awards Committee Lead Rekha Utham, Committee Member Kavithasree, and senior representatives from Knowledge Partner KPMG-Fakhro, together with ILA Managing Committee members.

The landmark event will feature three signature segments highlighting seven decades of community service. The Platinum Jubilee Gala Celebration will present a celebratory evening reflecting 70 years of community service, cultural unity, and cross-cultural friendship with symbolic entertainment and live fusion music.

The Inaugural ILA CSR Excellence Awards 2026 Ceremony will recognize corporate entities and outstanding individuals, aligning with ILA's motto "Service Before Self". Awards will be presented across Corporate Categories including Excellence in Women Empowerment, Sus-

tainable Environment Initiative, and CSR Company of the Year, alongside an Individual Award for Woman of Impact – Lifetime Achievement Award. Developed in a knowledge partnership with KPMG-Fakhro, entries will be digitally processed, assessed by KPMG-Fakhro in the first round, and evaluated by a distinguished jury panel.

The evening will also feature the Official Release of the Platinum Jubilee Commemorative Book, a historic publication capturing the legacy of the Indian Ladies Association and other pioneering women's groups in Bahrain. All profits from ticket sales and corporate packages will directly support ILA's ongoing local charitable initiatives in Bahrain, including Sneha, a free recreation center for children with special needs. For further details, ILA PR Secretary Tessy Cherian can be contacted at 3683 3254.

Shura Council, Women's Council Activate Cooperation Agreement

Joint committees discuss legislative priorities, gender balance and women's advancement beyond 2026

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Joint committees formed by the Shura Council and the Supreme Council for Women held their first meeting on Sunday to discuss mechanisms for implementing their cooperation agreement on advancing and developing women's affairs.

The meeting, held at the Shura Council premises in Al Qudai-biya, was chaired by Lulwa bint Saleh Al Awadhi, Secretary-General of the Supreme Council for Women and head of its committee, and Ijlal Isa Bubshait, head of the committee representing the Shura Council.

Members of both committees and their respective work teams attended the meeting, which focused on establishing a work methodology and priorities for

the coming phase.

The committees reviewed the cooperation agreement, their respective mandates and responsibilities, and the decisions establishing the two committees. Discussions focused on supporting Bahrain's National Model for Gender Balance, integrating women's needs into development, coordinating efforts to identify legislative requirements related to women's affairs, and determining priority issues.

Al Awadhi stressed the importance of agreeing on a clear mechanism and work plan to activate the National Model for Gender Balance, which is based on equal opportunities and gender balance across national development programmes.

She said the model serves as a general policy framework for pol-



icymakers, strategists, legislators and government bodies implementing plans and programmes.

Al Awadhi also said the cooperation agreement provides an appropriate mechanism for coordination with the legislative authority on future directions of the National Strategy for the Advancement of Bahraini Women beyond 2026.

This includes identifying legis-

lative gaps related to future transformations and emerging sciences, as well as examining how legislation can empower women while protecting and strengthening the position of Bahraini women amid these changes.

Bubshait said activating the agreement represents an important step towards strengthening institutional cooperation between the two sides and translat-

ing the coordination frameworks outlined in the agreement into practical work that delivers tangible results.

She said the cooperation would further support issues concerning Bahraini women, in line with the directives of His Majesty King Hamad bin Isa Al Khalifa and the efforts of Her Royal Highness Princess Sa-beeka bint Ibrahim Al Khalifa, wife of His Majesty the King and President of the Supreme Council for Women, to build on existing achievements and respond more effectively to emerging needs affecting women, families and society.

Bubshait noted that the implementation of the agreement is receiving close attention and follow-up from Ali bin Saleh Al Saleh, Chairman of the Shura

Council, given the importance of continuing to develop legislation to strengthen women's position and keep pace with developments in family, social, economic and political affairs.

She added that the agreement would provide broader opportunities to strengthen communication between legislative work and national expertise specialising in women's affairs, contributing to discussions on relevant legislation and identifying areas where legal and regulatory frameworks may require development.

The meeting also examined ways to benefit from initiatives under the National Plan for the Advancement of Bahraini Women 2025-2026 as a basis for periodically reviewing policies and legislation related to women.

Grade 10 Achievement Awards Ceremony Celebrating Excellence, Honouring Achievement

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Bhavans Bahrain Indian School celebrated academic distinction and student achievement with immense pride at the Grade 10 Achievement Awards Ceremony, in the school auditorium, honouring the outstanding performance of students in the All India Secondary School Examination (AISSE) 2025-26.

The distinguished ceremony was a celebration of academic excellence and an acknowledgment of the dedication, discipline, perseverance and unwavering commitment that shaped the students' remarkable accomplishments. It paid tribute to young achievers whose sustained efforts, intellectual rigour and determination enabled them to surpass expectations and aspire to ever-higher standards of excellence.

A moment of particular pride was the felicitation of the School Topper, Avish Kam-



boj, who secured an impressive 97.4% aggregate, followed by the Second School Topper, Daksh Choudhary, with an outstanding 96%. Their exceptional performances brought immense distinction to the school and served as an inspiring testament to the rewards of sustained effort, focused preparation and academic commitment.

The ceremony also honoured the Subject Toppers, whose ex-

ceptional performances across individual disciplines reflected their academic rigour, focused endeavour and mastery of their respective subjects. The Academic Excellence Awards were presented to 25 students in recognition of their outstanding performance in the Board Examination.

The awardees were felicitated by the Directors, Mr Himanshu Verma and Mrs Ritu Verma, along with the

Principal and Vice Principal, whose gracious presence lent distinction and warmth to the occasion. The School Toppers were presented with commemorative mementoes and certificates, while the Subject Toppers received certificates acknowledging their distinguished academic accomplishments.

The Directors and school leadership conveyed their heartfelt appreciation to the

students for their exemplary achievements and commended the teachers and parents whose steadfast guidance, encouragement and support contributed significantly to their success. Their words of appreciation and encouragement urged the students to approach future challenges with confidence, purpose and ambition, while remaining steadfast in their pursuit of excellence.

More than a celebration of

marks, medals and accolades, the ceremony conveyed a profound and enduring message: true achievement is forged through consistent effort, self-discipline, perseverance and the courage to pursue one's aspirations with conviction. The occasion thus became not merely a recognition of academic accomplishment, but a celebration of character, determination and the limitless potential of young minds.

