

**LETTERS TO THE EDITOR**

**One Stop Travel**

The “One-stop travel” system with Bahrain and the United Arab Emirates becoming a good move and faster travel formalities at the entrance airport is widely welcomed. The Gulf Cooperation Council rolled out a one-stop travel system related to all travel procedures like immigration, customs, security checks at the departure airport itself to avoid repeating the same procedures again.

It could be expedited for investor visa holders and GCC Resident visa holders also to be considered due to increasing the air travel passengers flow across the region. It reduces time and efforts for more comfortable travel if all entry and exit formalities take place at the single point during the entry airport departure itself.

Considering the present airspace connectivity in the GCC, to include GCC residents also in “one-stop travel” facilities to get benefits would be a great relief from a long-standing queue in the airport and eliminate repeated inspections at check-in points at their destination airport as usual. Presently, Bahraini travelers can feel that departing from Bahrain airport to Dubai is a more relaxing prior experience due to entry check without repeating at the exit point.

Later, but not far away, in the near future, expect other GCC airports to also complete all travel check-in formalities at the entry airport and, upon arrival at the destination airport, can proceed directly as if arriving feels like a domestic destination on an easy way faster process without any delay or queue for investor visa holders and GCC resident Visa holders as well on the next stage of implementation to consider priority basis one by one.

Sunil Thomas Ranny

**Cats Might Be Under Your Car**

It is summer - a season when temperatures soar and everyone seeks shade, including our street cats. In many neighbourhoods, it is common to find cats resting under parked vehicles, simply trying to escape the heat.

I urge all residents and drivers to please be extra cautious before starting their cars. A quick check underneath and around the vehicle can make a life-saving difference. These small moments of awareness can prevent tragic and avoidable accidents.



Last summer, I witnessed a neighbourhood cat injured after resting under a car engine. The incident was distressing and entirely preventable. It left a lasting impression on me and reinforced how easily such situations can occur, especially during extreme heat when animals seek any cool, shaded space they can find.

Street animals are part of our shared environment, and they are especially vulnerable during the summer months. A few seconds of care and attention before driving off can help protect them.

I respectfully request all motorists to remain mindful, particularly in residential areas and during early mornings or evenings when cats are most likely to be resting under vehicles.

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Lavina George

**Grateful for Bahrain’s Unity and Safety**

As a resident living in the Kingdom of Bahrain, I would like to express my sincere appreciation to the leadership and all those working tirelessly to maintain the country’s safety, stability, and peace.

During challenging times, Bahrain continues to stand strong through unity, compassion, and cooperation among its people. The efforts of the authorities, healthcare workers, security forces, and volunteers are deeply valued and respected by everyone who calls this country home.

What makes Bahrain special is not only its development and progress, but also the sense of community and kindness shared among residents from different backgrounds. In moments of uncertainty, people come together to support one another with understanding and humanity.

As someone who lives here, I feel grateful to be part of a country that prioritizes the well-being and protection of its residents. Bahrain has become more than just a place to live – it feels like a second home filled with warmth, safety, and respect.

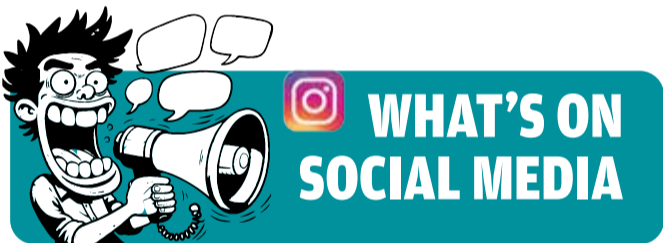
With heartfelt appreciation, we thank everyone contributing to the nation’s security and stability, and we hope Bahrain continues to prosper in peace and unity.

Fatema Hussain

**PICTURE OF THE DAY**



Photo : Ghadeer



**TOP COMMENTS**

- enimsajj Jasmine**  
Because it should be in PAPER

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- karimrealone**  
Where are the football fields so children can walk to the pitches and play? As before

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- 23kamal13**  
I thought single use plastic bags were already banned

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- mindfulexplorer20**  
How about we enforce changing gloves every time food is handled in restaurants and supermarkets. The amounts of times I've seen the workers it changing their gloves between handling food and cleaning is worrying.

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- manoush84**  
What about the coldstores who are letting go a huge amount per day of plastic bags , and of course supermarkets and retailers in malls... please Bahrain

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- nubgetimer**  
PAPER BAGS (WITHOUT PLASTIC LINING)

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- osuper\_x\_art**  
I remember before they use news paper

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- mahlith**  
When today I buy bread, they gave me hot bread in the plastic bag

**Stepping Beyond the Comfort Zone**

There are moments in life when staying within the familiar feels safe, predictable, and easy. Yet growth rarely lives there.

Stepping out of your comfort zone can be unnerving—sometimes even frightening—but it’s often where the most meaningful transformation begins.

Think of it as walking into the darkest part of the night. At first, everything feels uncertain and heavy, as though clarity is out of reach. But gradually, light begins to appear not all at once, but just enough to guide your next step.

That light is your sense of purpose. It grows stronger each time you choose courage over comfort, building your confidence along the way. A reminder that fear isn’t a barrier, but a signal that you’re moving forward.

So if you find yourself hesitating, standing at the edge of something unfamiliar, remember this: the discomfort you feel isn’t a sign to turn back, it’s a sign you’re on the edge of something meaningful.

Keep moving. The light will meet you there.

Joyce Bagang BSN,RN



**SPOT THE DIFFERENCE!**  
Can you find 7 differences?

