

celebs

Harrison Ford to get lifetime acting award

AFP | Los Angeles

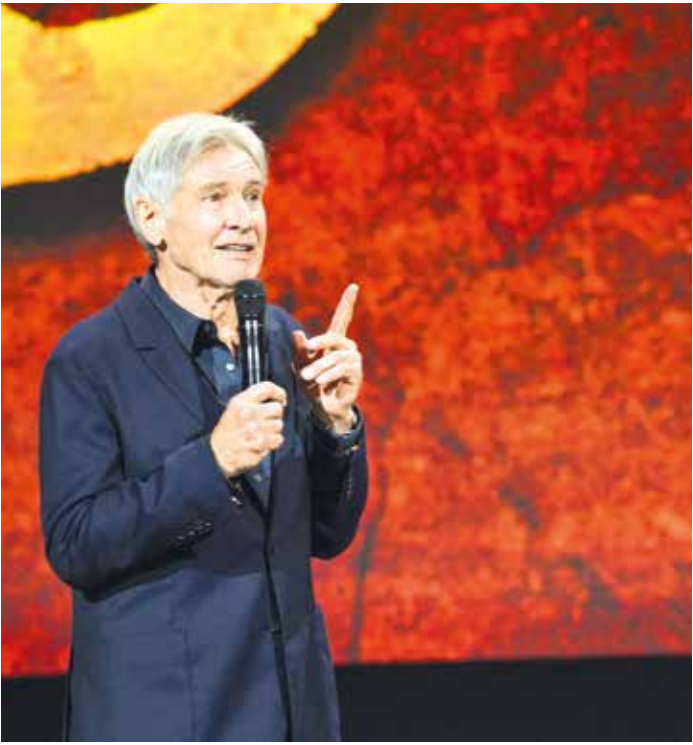
Harrison Ford is to be given a lifetime achievement award from the main union representing Hollywood actors, the organization announced Thursday.

Ford, whose decades on the big and small screen have included some of the most famous roles in cinema, will be given the SAG-AFTRA Life Achievement Award as part of the rebranded Actor Awards -- formerly the Screen Actors Guild Awards -- in March.

The prize, which SAG-AFTRA gives annually to a performer who embodies "finest ideals of the acting profession," is the latest recognition for a man whose characters -- from Indiana Jones to Han Solo -- are part of the cultural fabric of the 20th and 21st century.

"Harrison Ford is a singular presence in American life; an actor whose iconic characters have shaped world culture," SAG-AFTRA President Sean Astin said.

"His career has been endless-



Harrison Ford

ly exciting, always returning to his love of acting. We are honored to celebrate a legend whose impact on our craft is indelible."

Ford, who worked as a carpenter before hitting the big time as Bob Falfa in George Lucas's 1973 film "American Graffiti," said he was "deeply

honored" to be chosen as the recipient of the prestigious prize.

"To be acknowledged by my fellow actors means a great deal to me," he said.

"I've spent most of my life on film sets, working alongside incredible actors and crews, and I've always felt grateful to be part of this community."

As well as his recurring roles in the "Star Wars" and "Indiana Jones" franchises, Ford is perhaps best known for his portrayal of replicant hunter Rick Deckard in 1982's "Blade Runner," a role he reprised 35 years later in "Blade Runner 2049."

Television audiences have come to know him in recent years from his work alongside Oscar-winner Helen Mirren in the Western drama "1923," as well as the comedy-drama "Shrinking."

Previous recipients of the award include Robert De Niro, Jane Fonda, Morgan Freeman and Elizabeth Taylor.

The 32nd Annual Actor Awards Presented by SAG-AFTRA will be held on March 1, and will be streamed live on Netflix.

Kim Kardashian suffered mental breakdown before failing bar exam

Bang Showbiz | Los Angeles

Kim Kardashian had a "mental breakdown" days before her bar exam.

The 45-year-old reality star - who spent six years preparing to become a lawyer before taking the test over the summer - admitted last month she had failed the exam, and she has revealed how much she was struggling in the build up to the assessment.

In the latest episode of The Kardashians - which including footage filming just nine days before the test - she said: "I'm absolutely gonna cry, cause it's exhausting."

Kim admitted she had "hit a wall" with her preparation for the test.

She added: "I threw my back out, and it's like, every time I think I get to another step something pulls me."

"There's all these roadblocks, I'm not a pity par-

ty kind of girl, but last night, I was like, why the f*** is this happening?"

Kim revealed she was also dealing with a back injury, which meant she could "hardly walk" or even sit down.

She was "shocked" by how tired she was, and revealed she had been warned that "everyone, before, they take the bar, has a mental breakdown".

She said: "I just knew that wasn't me, 'cause I'm not that person, but I get it. It's really a lot. Now I really, really get it."

"I had no clue it was gonna be this emotional," she continued. "I don't know how I can get any more information into my brain."



Kim Kardashian

Selena Gomez explains why her voice has changed

Bang Showbiz | Los Angeles

Selena Gomez's voice changes when her throat "swells".

Fans of the 33-year-old beauty have speculated as to why her voice has noticeably changed during the course of her career, and Selena has now addressed the situation directly, explaining that her "throat kind of swells inside sometimes".

Speaking to her fans on Instagram, Selena - who has previously been diagnosed with lupus and bipolar disorder - said: "Yeah

I've gotten this question a few times. The voice thing. So, sometimes when I'm on -- nevermind ... There's no excuse. I don't really care."

"I think my point is, is that sometimes things happen. I get weird. My throat kind of swells inside sometimes. That's all."

Meanwhile, Selena revealed earlier this year that she wants to "keep evolving".

The movie star has already achieved significant success as a singer and as an actress - but Selena has no intention of slowing down in the coming years, and she remains as ambitious as she ever has been.

The brunette beauty - who has been open about her mental health struggles in the past - told Allure: "I want to keep evolving and getting better in every area of my life. And I want to experience everything, so it's important for me to keep myself in check."

"I'm so stoked that when an emotion pops up, I'm able to acknowledge it and be a part of it, then let it go."



I think my point is, is that sometimes things happen. I get weird. My throat kind of swells inside sometimes. That's all

SELENA GOMEZ

Selena has also enjoyed enormous success with her Rare Beauty make-up brand, with the company now reported to be worth more than \$1 billion.

However, Selena is always open to new ideas and business ventures.

The chart-topping star - who married record producer Benny Blanco earlier this year - said: "I am going to be in this moment. And who knows, in a couple years I could be done, and that's fine. I just need to make sure that while I'm here, I do the best I can."

Jennifer Lawrence 'hallucinated' following medication mix-up

Bang Showbiz | Los Angeles

Jennifer Lawrence "hallucinated" on the set of The Hunger Games: Catching Fire after accidentally taking a sleeping pill.

The 35-year-old actress admitted she is "obsessive" about getting enough sleep when she is working and it led to an unfortunate mix-up one day that left her co-star Elizabeth Banks "really annoyed".

Speaking to her Don't Look Up co-star Leonardo DiCaprio for Variety's Actors on Actors series, she said: "You and I are both obsessive about sleep when we're working, like counting the hours..."

"I also once took an Ambien in the morning, thinking it was something else."

"It was a dance scene with Philip Seymour Hoffman on the second 'Hunger Games' movie. I was hallucinating. Elizabeth Banks got really annoyed with me. Maybe she didn't know that I was on an Ambien."

And another medication mix-up meant Jennifer

failed to sleep one night before filming her scenes for Red Sparrow, in which she played a Russian spy.

She said: "When I did Red Sparrow, I took an Adderall instead of a sleeping pill, and then I didn't sleep all night. I was taking hot showers in a panic. I am not somebody who can function without sleep. And then I had to say the phrase 'Senate Armed Services Committee' in a Russian accent. That sucked."

Leonardo noted: "Those are key screw-ups."

The Oscar-winning actress also confessed to a "bad habit" of completely switching off from her work at the end of the day, which prevents her from going "crazy" but can cause issues before filming.



Kate Winslet reveals 'totally nuts' superstition to protect herself from 'tricky individuals'

Bang Showbiz | Los Angeles

Kate Winslet puts salt in her shoes and pockets to protect herself from "tricky individuals".

The Titanic actress said the "totally nuts" superstitious hack helps to block toxic energy from going near her.

Appearing on The Capital

Evening Show with Jimmy Hill on Wednesday night, Kate, 50, discussed her 53-year-old Goodbye June co-star Toni Collette's character, Helen, who is "journeying and very holistic" at a time when her alter ego's mum June (Dame Helen Mirren) is dying over the Christmas period.

Jimmy, 36, asked Kate - who



Kate Winslet

also directed the movie: "Have

you done crystal healing or sound baths because that feels like quite a Hollywood thing, these very spiritual, sometimes weird..."

She replied: "I haven't actually done a sound bath, no. And I do have a slight allergic reaction to anything that is described as Hollywoody. I do know what you mean."