Jan Frodeno is back in action @ Barcelona

Gaviria claims fourth Giro win

Colombia’s Fernando Gaviria underlined his status as the 106th Giro d’Italia’s top sprinter after powering to an impressive fourth victory at the end of stage 13 yesterday.

Gaviria, of the Quick Step team, looked out of contention during a hectic dash for the finish but produced a ferocious late burst to stun Ireland’s Sam Bennett (Bora) at the end of a mainly flat 167km ride from Reggio Emilia to Tortona.

Dutchman Tom Dumoulin, of Sunweb, finished close behind in the race leader’s pink jersey to maintain his 2min 23sec lead over race favourite and 2014 champion Nairo Quintana (Movistar).

But even before the race started, the Manchester said on Twitter: “Well thank heavens Fernando Gaviria isn’t down to ride the Tour de France this year! Would make all our jobs VERY hard.”

On his maiden three-week race, Gaviria has already surpassed his mountain-climbing compatriots for the most number of stage wins on the Giro.

The 22-year-old from Medellin, said he is still smarting after losing out on Olympic omnium gold in Rio last year where he finished off a podium featuring Italy’s gold winner Elia Viviani, Cavendish and Lasse Hansen of Denmark.

“I would need to win three monuments to help me make up for the Olympics,” Gaviria said, referring to cycling’s five ‘monument’ one-day classics.

“And a world championship title.”

But, with one eye already on winning the Italian classic Milan-SanRemo, he added: “I want to become a classics rider.”

Gaviria tightened his grip on the sprinters’ ‘clicamen’ jersey, which he intends to secure if he manages to get over the mountains in a climb-heavy third week to finish in Milan on May 28.

Results from the 13th stage of the Giro d’Italia, held over 167km between Reggio Emilia and Tortona:

<table>
<thead>
<tr>
<th>Stage</th>
<th>Time</th>
<th>Rider</th>
<th>Nationality</th>
<th>Team</th>
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</thead>
<tbody>
<tr>
<td>1</td>
<td>5hr 47min 45sec</td>
<td>Fernando Gaviria (COL) (Quick Step)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td>Same time</td>
<td>Sam Bennett (IRL) (Bora-Hansgrohe)</td>
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<tr>
<td>3</td>
<td></td>
<td>Jasper Stuyven (BEL) (Trek-Segafredo)</td>
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<td>4</td>
<td></td>
<td>Roberto Ferrari (ITA) (UAE)</td>
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<td>5</td>
<td></td>
<td>Ryan Gibbons (RSA) (Dimension Data)</td>
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<tr>
<td>6</td>
<td></td>
<td>Rudiger Selig (GER) (Bora-Hansgrohe)</td>
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<td>7</td>
<td></td>
<td>Sacha Modolo (ITA) (UAE)</td>
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<td>8</td>
<td></td>
<td>Caleb Ewan (AUS) (Orica-Scott)</td>
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<td>9</td>
<td></td>
<td>Andre Greipel (GER) (Lotto Soudal)</td>
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<tr>
<td>10</td>
<td></td>
<td>Viacheslav Kuznetsov (RUS) (Katusha-Alpecin)</td>
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</tr>
</tbody>
</table>

General classification:

1. Tom Dumoulin (NED/Sun) 56hr 28min 53sec
2. Sam Bennett (IRL/Bora) same time
3. Jasper Stuyven (BEL/Trek) same time
4. Roberto Ferrari (ITA/UAE) same time
5. Ryan Gibbons (RSA/Dimension Data) same time
6. Rudiger Selig (GER/Bora) same time
7. Sacha Modolo (ITA/UAE) same time
8. Caleb Ewan (AUS/Orica) same time
9. Andre Greipel (GER/Lotto) same time
10. Viacheslav Kuznetsov (RUS/Katusha-Alpecin)

Manama

Rohan Mukherjee defeated Rushikesh Sonawane 4-2 in a repeat of last year’s final to win the 10 years and under category of the BTA Junior Tennis Tournament, organised by Bahrain Tennis Academy (BTA) at the Dilmun Club in Saar.

The finalists emerged after the semi-finals, saw Rohan defeat Aadya Raju 12-4, while Rushikesh overcame Zayn Siddiqi 12-7.

In the play-off for the third-place medal, Zayn was too strong for Aadya, claiming a 4-0 victory.

Players took part in a round-robin format competition in two groups, after which the top two players from each group progressed to the semi-finals and all participants received a certificate for their efforts.

BTA and Tournament Director, Dan Barrie commented, “The unique format of this event, using the 60-foot-court and the orange-dot ball, brought out the best in these talented youngsters, with our finalists showing a mastery of a court sized specifically for their age.

Players wishing to compete in the next tournament should contact the Director at dan@bahrainiennisacademy.com or join the Facebook group ‘Bahrain Junior Tennis Players’ for information about upcoming events.

Sevior joins Golf club team

Manama

The Royal Golf Club yesterday announced adding new Country Club Manager Adrian Hunt-Sevior to its team.

Having worked on and off in Bahrain for a number of years, Englishman Adrian brings to the role a wealth of knowledge of the leisure and fitness industry. His previous positions include having worked as a gym manager, a personal trainer, a health club and recreation manager and many other varied roles.

He is a qualified instructor of the Bahrain Martial Arts Association, a taekwondo black belt instructor, qualified swimming teacher and boat camp instructor, a posture specialist as well as holding a diploma in nutrition.

Jan Frodeno is back in action @ Barcelona

Jan Frodeno is back in action this weekend at Ironman 70.3 Barcelona, Spain and his first Ironman-branded race since Oceanside, California, U.S. The South African is based in Girona, Spain half the year and considers Barcelona his home race.

“I’m looking forward to some good fan vibes around the course.”

The dual Ironman world champion won on the Calella coast in 2015 on his way to his first title in Kona and considers this race a checkpoint in his training.

“It marks the ‘let’s get serious’ point in my calendar, as after this it’s back to full-distance training,” says Frodeno, who is building into Ironman Austria as his validation race for entry into the Ironman World Championship. “It’s a really challenging course for me as there is a 10-kilometer climb in it. Not really my thing but luckily it’s followed by a very technical descent, which is exactly my thing!”