TODAY DAY IN HISTORY

Nagorno-Karabakh War: Armenian troops massacre more than 20 Azerbaijani civilians during the Capture of Garadaghly.



The Cenepa War between Peruand Ecuador ends on a ceasefirebrokered by the UN.

In Philadelphia, world champion Garry Kasparov beats the Deep Bluesupercomputer in a chess match.



NASA's Discovery Programbegins as the NEAR Shoemakerspacecraft lifts off on the first mission ever to orbit and land on an asteroid, 433 Eros.

996



Persons report.

Agencies such as the Bahrain

Economic Development Board

growth and attract investment.

Bahrain's regulatory environ-

Bahrain has long been a diverse nation, a trading hub that has attracted business people from the region, and further afield, for centuries.



ownership for most sectors. Operating costs are an average of 30pc improving human security. lower than regional neighbours. increasingly important role in and rules. Bahrain's economy, and the Kingdom's strategy to transform the delivering clear results.

and account for 15.8pc of GDP pioneer of Bahraini diplomacy. in mid-2018. Foreign direct inan estimated 2pc, with non-oil growth at 2.7pc.

All of this development is conducted in line with the sustain- those policies, to this day. able vision laid down in the National Action Charter - a vision made, of course, but on this day and Tamkeen, which supports later expressed globally in the Bahrainis acknowledge the prosmall- and medium-sized enter- UN's Sustainable Development gress achieved so far. prises, help drive private sector Goals, which Bahrain readily adopted.

The Charter also sets out Bah-

rain's international role, both within the Gulf Cooperation Council and further afield. Bahrain's diplomatic service, celebrating its 50th anniversary this year, has successfully built a network of international alliances and partnerships based on respect for the sovereignty of countries and good neighbourliness and building bridges through understanding.

The Charter commits Bahrain to core principles of peaceful settlement of disputes and a conviction that world and regional peace is a core, strategic goal that justifies the greatest effort. Bahment allows 100 per cent foreign rain's foreign policy is committed to promoting global solidarity and

Bahrain is committed to the UN The public sector plays an Charter and international laws

To mark its diplomatic achievements, by Royal decree Bahrain's private sector into the main driv- Institute of Diplomacy will be er of growth and employment is transformed into a special academy for diplomatic studies, named The financial and banking sec- for His Highness Shaikh Mohamtors are leading non-oil growth med bin Mubarak Al Khalifa, the

All these achievements have vestment reached \$830 million been earned as a result of the in 2018, while real GDP grew by vision laid out in the National Action Charter. And the Charter continues to guide Bahrain's policies, and the implementation of

There is more progress to be

(Ahmed Mohammed Al Mannai is the **Chief Executive Officer of Bahrain's** National Communication Centre.)





**66** didn't need to do Lthis, but I'd rather to do it much faster." -President @realDonaldTrump Mr. President, how can this possibly be an national emergency if you're saying you don't need to do it? Unreal. #FakeTrumpEmergency @SenSchumer



Trump's emergency declaration just got its first legal challenge. Legal advocacy group Public Citizen has filed suit on behalf of landowners in Texas and an environmental group. More lawsuits are ex-

pected.

@kylegriffin1



learest sign that @ →realDonaldTrump's #FakeTrumpEmergency is not legitimate? The President himself says he

# **Bahrain walks** the talk for fitness



## **CAPT. MAHMOOD AL MAHMOOD**

Ahrain last week celebrated National Sports Day. Like the International Day of Yoga, this too could be cynically dismissed as a PR tactic.

However, one look at the delighted faces of youngsters and the surprised enjoyment in the faces of older people finding their 'running feet' after decades, would be enough to convince us all that it is time we rediscovered the health benefits of physical activity.

The value of sport and physical activity extends beyond physical benefits and embraces socio-economic improvement in local communities.

Bahrain has seen many sporting heroes emerge in recent years. Our own Shaikh Nasser bin Hamad Al Khalifa, who put the stamp of his energy and passion for sports on Bahrain Sports Day is a fine example of how to channel a talent for sports into nation-building.

After all, Bahraini youth look up to him as a winner of international tests of horsemanship, that most Arabian of all sports and as the winner of the tough endurance race 'Ironman'.

We have

marathon

swimmers,

even women's

football teams

and Olympic

athletes, who

have brought

medals and

honours to

and special

champs,

women runners,

Sports nurtures fitness, focus, discipline and team spirit. A young person brought up with these qualities will obviously make a fine leader in any sphere that s/he plays a role in.

Besides the nation-wide sports day celebration, Bahrain has consistently pushed to engage citizens in physical activity. There are well-planned walking tracks in most residential areas, parks with ample space for a game of basketball and many gyms to suit every

ust bash the French

## fine art and béchamel

But a populist, right-wing government such as Italy's today needs an enemy to rally its electorate, in particular at a time of deep

thing" - for having been twice and French authorities have been cheated by the French, out of her pushing them back into Italy. It love and her culinary expertise. is also undeniable that Europe's Food historians may have se- southernmost countries like Itrious grounds to debate the ex- aly bear a heavier share of the act parentage of béchamel and immigration crisis than other

### economic difficulties.



government is mulling how to renege on that pledge.

A popular myth has resurfaced humble utensils were introduced migration and the French than in favour of reform. to the French court by Cathefor "mangiavate ancora con le

even though he was besotted boats would no longer be al- cony of city hall - an unlikely with another woman (Diane de lowed to dock in Italian ports, the symbol of dissent in an even more Poitiers). When I was in high French president called the move unlikely dispute. school (in Florence), my history "cynical and irresponsible." This, teacher consistently referred to even though France's border with

face up to high unemployment rine de Medici, after she was sent and overall stagnation: Italy for- of course. On Feb. 7, after France from Florence to Paris to marry mally entered a recession this called back its ambassador, Cu-Henry II in 1533. Search Twitter quarter.

her as "la poverina" – "the poor Italy has been closed to migrants

Of course, Macron hasn't French border, had something mani," or "You'd still be eating helped matters by hardly behav- like the La Marseillaise moment with your hands," and see. De ing diplomatically himself. When in the movie "Casablanca": Fed-Medici made a rookie's mistake: Salvini, also Italy's interior min- erico Borgna, the leftist mayor, She fell in love with her husband ister, announced that migrant flew the French flag from a bal-

the fork, but many assumptions European states, partly because driving the current government's of the Dublin Regulation, a revisionism are unquestionably much-criticised European law wrong. Whatever Di Battista that requires the countries where thinks of French monetary pol- asylum-seekers arrive to screen icies in Africa, for example, the them and take care of them.

And yet, when the European grants to Italy comes from Ni- Parliament has discussed reforms geria, a former British colony, aimed at spreading more evenand not from French-speaking ly the burden of immigration among members of the Euro-

But a populist, right-wing gov- pean Union, the League did not ernment such as Italy's today participate and representatives of

highest number of African mi-

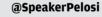
countries.

needs an enemy to rally its elec- the 5-Star Movement abstained torate, in particular at a time of from voting. At a final session on Twitter in these fractious days deep economic difficulties. Bet- last June, the Dublin Regulation about how both haute cuisine and ter to redirect attention on im- wasn't amended, for lack of votes

> Not all Italians are on board, neo, a small Italian town near the

(Ilaria Maria Sala is an Italian journalist based in Hong Kong.)

didn't need to declare a national emergency - it's just a faster way to force taxpayers to foot the bill after Congress wouldn't let him have his way.





The dastardly attack in Pulwama has anguished the nation. Yes, this is a time of great sadness. But, I assure every family that a befitting reply will be given! @narendramodi

**Disclaimer: (Views expressed** by columnists are personal and need not necessarily reflect our editorial stances)

Bahrain. budget.

One other thing that we should be proud of is that an increasing number of Bahraini girls and women are taking a keen interest in sports.

We have women runners, marathon champs, swimmers, even women's football teams and Olympic and special athletes, who have brought medals and honours to Bahrain.

Above all, they have set the example for other women by putting health first. Today, it is not unusual to see women in traditional dress striding purposefully in the Corniche or park tracks, putting their health first.

A country that encourages its people to lay the foundation for good health through sports and exercise, is taking the vital first step towards productivity (fewer absentees) prosperity (better work output) and progress (more achievements).

As Professor Dame Sally Davies of the UK says, "If physical activity was a drug it would be regarded as a miracle, so everyone must take it seriously."

(Captain Mahmood Al Mahmood is the Editor-in-Chief of The Daily Tribune and the President of the Arab-African Unity Organisation for Relief. Human Rights and **Counterterrorism**)

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