

10 years jail for rioting duo

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The Fourth High Criminal Court has handed down 10 years of imprisonment to two Bahrainis convicted of burning a police vehicle.

The court also fined them BD5,804 for the damages incurred in the attack.

According to court details, the duo planned to burn a police vehicle to hurt police officers and cause a law and order situation in Karazakan.

After burning the vehicle, the accused went in hiding, but were arrested following a thorough investigation.

Bahraini gets jail for anti-electoral tweets

Accused had urged citizens to boycott polls on social media

● The court in its judgement observed that the accused violated the electoral laws by urging citizens of the Kingdom to boycott the electoral process.

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The Third Lower Criminal Court has sentenced a Bahraini man for posting comments on social media

with an intention to disrupt the electoral process in the Kingdom.

He was handed down one month imprisonment along with a fine of BD500.

The court also ordered that the sentence can be replaced with social service.

The man was charged after the Electronic Crimes Department of the Interior Ministry notified his posts on Twitter to the Public Prosecution.

According to Public Prosecution, the accused had asked the citizens of



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PUBLIC PROSECUTION

the Kingdom to boycott the recently-held parliament and municipal elections by not coming out of their houses to vote.

"The accused was charged with attempt to disrupt the electoral process by exploiting social media networks along with acting against the constitutional privilege of the people to practise political rights."

The court in its judgement observed that the accused violated the electoral laws by urging citizens of the Kingdom to boycott the electoral process.

Ayurvedic tourism attracting more Bahrainis to India

● According to travel agents and Ayurveda experts, the holistic approach of Ayurveda is what has been luring Bahrainis.

TDI | Manama
Mohammed Zafran

Medical tourism to India for Ayurveda treatment has been on a rise with an increasing number of Bahrainis becoming convinced about the ancient healthcare tradition, according to experts.

More and more Bahrainis are traveling to India in hopes of treating their ailments.

Ayurveda, which is at least 5,000 years old has been gaining popularity in the Gulf in recent years.

According to travel agents and Ayurveda experts, the holistic approach of Ayurveda is what has been luring Bahrainis.

Dr Mohammed Mubashir, Medical director at Focuz Ayur Center in India, who is on a visit to Bahrain, said that he has witnessed a great increase in Gulf patients traveling to India.

"There has been an increased

awareness about Ayurveda in the Gulf, people are becoming more aware about its benefits and its potential to treat diseases."

However, he warned that people travelling to India for treatment should ensure that they are getting treated by licensed, qualified professionals and as unlicensed practise is rampant.

"It is imperative that treatment is given by qualified Ayurveda practitioners. If treatment is done with the wrong practitioner the patient may worsen his symptoms and put himself in danger," he said.

Ayurveda has been able to help patients avoid surgery, he said, explaining some of the unique aspects of the practice.

"Patients often come to us stating that they want to avoid surgeries that their doctors prescribed for them. Ailments such as back pain for example can be successfully treated with Ayurveda even if the patient has been prescribed surgery. Avoiding surgery is a huge relief for the patients."

Speaking about the rise of Ayurveda, he said, "Ayurveda is now globally accepted, even in Western countries like Germany and Russia, it has become quite common, it is an emerging science. Ayurveda is something that has been tried and tested for

5,000 years and continue to be popular."

Zeeshan Mansoor, Business Director at Zoma Travel and Tours, said that medical tourism to India over Ayurveda has seen an uptick in the past few years.

"There is definitely an increase in interest in Ayurveda in this part of the world. People are traveling to India for treatment of various ailments using Ayurveda.

"They are getting attracted to it because of the holistic solution it provides. We are certain that the interest in Ayurveda will improve and we are bracing ourselves to meet the increase of demand for medical tourism from Bahrain to India."



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DR MOHAMMED



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MR ZEESHAN



Ayurvedic medicine is one of the world's oldest holistic healing systems. It was developed more than 3,000 years ago in India.

Copy Writer



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Alba is listed on both the Bahrain Bourse and London Stock Exchange, and the Company's shareholders are Bahrain Mumtalakat Holding Company (69.38%), SABIC Industrial Investment Company (20.62%) and the General Public (10%).

We are looking for a full-time, bilingual (Arabic - English) Copywriter to assist the Public Relations team to deliver Alba's messages in an effective and timely manner.

Key Responsibilities:

- To produce content for Alba's print and digital requirements including collaterals / pamphlets such as flyers, banners, adverts etc. various internal and external reports, review booklets, internal e-newsletters and staff magazine.
- To proof-read contents of various printing and publishing material for both - internal and external audience.
- To translate content from Arabic to English and vice-versa.
- To generate concepts/ideas for Alba events (internal and external) as well as generate related content for collaterals such as roll-ups, banners, flyers, etc.
- To edit/ line-edit text/ editorial when received from various sources as well as verify the authenticity of various publications.
- To provide assistance on different projects and tasks as and when required.

Qualifications and Skills

- Bachelor's Degree in Communications/ Journalism.
- Minimum five years of relevant professional writing/editing experience.
- Proficiency in writing and editing in both English and Arabic languages (i.e. Native or fluent).
- Strong research skills.
- Good understanding of traditional, social and media concepts.
- Excellent grammar skills as suited to the job role.
- Ability to manage multiple projects with tight deadlines.
- Good time management skills.

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