

Bahrain marks 50 years of ASEAN Treaty

Ambassador stresses dialogue and cooperation to address emerging threats

TDT | Manama

The Kingdom of Bahrain participated in a commemorative event in Manila marking the 50th anniversary of the Treaty of Amity and Cooperation in Southeast Asia (TAC).

The Bahraini delegation was led by Ahmed Abdullah Al Harmasi Al Hajri, Ambassador of Bahrain to Indonesia and ASEAN, with participation from Abdullah Mohammed Al Karbabi, Chargé d’Affaires of the Embassy of Bahrain in Manila.

Ambassador Al Hajri took part in a session titled “Strengthening Cooperation in Addressing Emerging Threats and Challenges,” where he highlighted Bahrain’s support for strengthening dialogue and cooperation to address cross-border challenges.



“Strengthening regional and international cooperation is essential to addressing interconnected challenges and advancing shared security and stability.”

AHMED ABDULLAH AL HARMASI AL HAJRI, AMBASSADOR OF BAHRAIN TO INDONESIA AND ASEAN

He also underscored the importance of using the TAC as a framework for consultation and confidence-building, stressing the need for greater regional and international cooperation in addressing interconnected challenges, including maritime trade security, cybersecurity, energy infrastructure and global supply chains.

The ambassador emphasised that such cooperation should be based on international law and trusted partnerships, while

highlighting the TAC’s role in building strategic trust and advancing practical cooperation to support regional and international security and stability.

Bahrain’s participation reflects its commitment to strengthening relations with ASEAN and promoting dialogue, cooperation and the peaceful settlement of disputes in support of regional and international security, stability and prosperity.



Preserving Dialect, Building Robots and Finding Her Voice

Three Bahraini students highlighted in Education Ministry’s “Our Students Inspiring Stories” campaign



Sara Ismail Al Jowder – Heritage storytelling and Bahraini dialect



Abdulrahman Raed Al Aradi – Robotics, artificial intelligence and mechatronics



Zahra Nabil Abdulla – Voiceover, writing and recitation

TDT | Manama
Hasan Barakat

Three Bahraini students have been featured in the Education Ministry’s “Our Students Inspiring Stories” campaign, highlighting achievements in preserving local culture, robotics and creative arts.

Sara Ismail Al Jowder of Muharraq Secondary Girls School created “Lahjatna Bahjatna,” a children’s storytelling initiative that uses a character named Dana and her conversations with her grandmother to introduce the Bahraini dialect, heritage and traditions.

The stories have been shared through her school’s learning resource centre, as well as schools, societies and hospitals, with reading activities for children.

Sara also represented Bahrain at a Gulf artificial intelligence hackathon, where she secured second place. She has also achieved recognition in the Arab Reading Challenge, Robot Olympiad and Zain’s waste recycling competition, in addition to qualifying for an ALECSO literary creativity competition.

Meanwhile, Abdulrahman Raed Al Aradi, a mechatronics student at Shaikh Khalifa bin Salman Institute of Technology, has developed projects combining robotics, programming and artificial intelligence.

Among his projects is a smart robotic arm designed as a prototype for prosthetic use, alongside robots for sports and machines capable of sorting objects according to colour, type or size.

He has also participated in robotics and technology

competitions, including the 2025 Space Science Challenge hackathon, and contributed to preparations for the GCC Skills Competition.

Zahra Nabil Abdulla, a first-year intermediate student at Zainab Intermediate Girls School, was recognised for her achievements in voiceover, recitation and writing.

She won first place in the national voiceover competition and has conducted creative writing and short-story workshops for classmates. She has also produced videos for her school’s gifted pupils team and written scripts for morning assemblies.

The three students were highlighted by the Education Ministry as examples of young Bahrainis using their talents to contribute to their schools and communities.

LuLu Hypermarket & The Avenues Launch the Bahraini Jumbo Loz Festival

Three-day festival celebrates Bahrain’s seasonal harvest of loz, figs and dates while supporting local farmers and homegrown brands



LuLu Hypermarket, in collaboration with The Avenues – Bahrain, has launched the Bahraini Jumbo Loz Festival, a three-day celebration of Bahrain’s seasonal harvest taking place from 13 to 15 August 2026.

The festival was officially inaugurated by H.E. Eng. Wael bin Nasser Al Mubarak, Minister of Municipalities Affairs and Agriculture, Kingdom of Bahrain.

Designed in the style of a vibrant farmers’ market, the festival brings together Bahraini farmers and homegrown brands. Open daily from 9:00 AM until midnight, it offers visitors locally grown loz, figs and fresh dates, alongside artisanal Bahraini products including honey, coffee,

pickles and more.

At the heart of the festival is Bahrain’s much-loved jumbo loz, known for its generous size and distinctive flavour. Visitors can also explore a variety of local figs and dates, which hold a special place in the Kingdom’s agricultural heritage and cultural identity. Creative offerings such as freshly hand-churned loz ice cream and refreshing loz slushies add a unique flavour to the experience.

LuLu Hypermarket and The Avenues – Bahrain invite citizens, residents and visitors to experience the Bahraini Jumbo Loz Festival at The Avenues – Bahrain, Gate 6, celebrate Bahrain’s seasonal harvest and support local farmers and homegrown businesses.



From Patient to Doctor

How Hasan Al Mousawi Found His Calling in Medicine

TDT | Manama
Hasan Barakat

Dr. Hasan Al Mousawi was born with a brachial plexus injury that affected movement in his arm. What could have been defined solely as a limitation instead became the beginning of a lifelong connection with medicine.

“I grew up moving between hospitals, and came to know medicine not from a school desk first, but from the patient’s bed,” he said. “I knew the meaning of waiting, and the dread of clinics, and my memory attached itself to a doctor’s details, his words and the tone of his voice, before I knew the names of diseases and medical terms.”

Those early experiences planted a question that stayed with him: What if he could one day return to the places where he had experienced illness, but this time as a source of strength for others?

That question eventually became a career. He entered medical school, graduated and found himself on the other side of the hospital corridors he had known since childhood.

His journey, however, has extended beyond medicine. Volunteering also became an important part of his personal development, helping shape his character and deepening his understanding of service.

Looking back, Al Mousawi does not describe his journey simply as overcoming a disability. Instead, he sees it as learning to give a different meaning to the circumstances he was given.

“I do not see a story of victory



“We cannot always choose the beginnings written for us.”

- DR HASAN AL MOUSAWI



Dr Hasan Al Mousawi with a patient

the most difficult moments, and that a person should not be measured only by the health they have lost, but also by the light they continue to carry despite hardship.

For Al Mousawi, medicine therefore goes beyond prescriptions and test results. A doctor, he believes, should also be a source of comfort when loneliness becomes overwhelming, a companion who makes difficult days lighter, and a listener capable of hearing what medical equipment cannot measure.

His role inside the hospital has consequently taken unexpected forms. Alongside being a doctor, he has become a supporter and companion to patients – and, at times, even a modest barber, using a simple haircut to bring a smile to someone worn down by illness.

For a man whose medical journey began as a patient, the experience has shaped not only what kind of doctor he became, but also how he understands the meaning of care.