

C-SIPA Drives Deeper Bahrain-UK Strategic Security Partnership



Lieutenant General His Highness Shaikh Nasser bin Hamad Al Khalifa, National Security Advisor and Royal Guard Commander, received Lieutenant General Sir Charles Collins, Deputy Chief of Defence Staff for Military Strategy and Operations of the United Kingdom.

The meeting was attended by Shaikh Khalid bin Ali bin Jaber Al Khalifa, Deputy National Security Advisor, and Shaikh Ahmed bin Abdulaziz Al Khalifa, Chairman of the Strategic Security Bureau.

HH Shaikh Nasser welcomed Lieutenant General Sir Charles

Collins and highlighted the longstanding strategic relations between Bahrain and the UK, particularly their growing cooperation in military and defence fields.

He also emphasised the importance of the Comprehensive Security Integration and Prosperity Agreement (C-SIPA) as a key pillar of the two countries' strategic partnership.

The two sides discussed ways to strengthen bilateral cooperation and coordination on shared challenges, while exchanging views on regional and international developments and efforts to promote security and stability.

Gadeha Junior Camp Puts Youth Skills to the Test



Tourism Minister Fatima bint Jaafar Al Sairafi and Youth Affairs Minister Rawan bint Najeeb Tawfiqi visited the first Gadeha Junior training camp for young participants at Exhibition World Bahrain.

Held under the directives of Lieutenant General HH Shaikh Nasser bin Hamad Al Khalifa, National Security Advisor and Royal Guard Commander, the camp features programmes, activities and practical experiences focused on developing participants' skills, discipline, teamwork and self-reliance.

Al Sairafi described the camp as a national initiative

supporting youth development and praised Exhibition World Bahrain's facilities and capacity to host community and youth events. She also highlighted the Bahrain Tourism and Exhibitions Authority's support for the camp as a Gold Sponsor.

Tawfiqi said the camp gives young people opportunities to develop decision-making skills and discover their abilities through practical experiences and challenges.

She stressed the importance of providing diverse learning opportunities to help young people develop their potential and creativity and contribute to Bahrain's future development.

Life Terms for Iran Spies

Terrorism, Espionage, Sabotage – Courts Hand Down Verdicts

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Rehab Mohammad

The High Criminal Court issued a series of judgments in cases involving espionage, terrorism-related activities and support for hostile acts against Bahrain, with sentences ranging from up to 10 years in prison to life imprisonment.

In the most serious case, the court sentenced two defendants to life imprisonment after convicting them of spying for the Iranian Revolutionary Guard and individuals working for its interests, aiming to assist hostile and terrorist acts against Bahrain and harming the Kingdom's interests.

The court also ordered the confiscation of the seized items.

According to the Deputy Chief of the Terrorist Crimes Prosecution, the case began after the Public Prosecution received a report from the Cybercrime Directorate concerning a social media account that contained support and praise for Iranian terrorist attacks targeting Bahrain.

Investigations identified the person operating the account, who was arrested. He admitted operating the account and

communicating with another defendant who had fled the country. He also admitted providing the other defendant with coordinates and locations inside Bahrain.

The Public Prosecution launched an investigation, questioned the defendant present in Bahrain and heard witness statements. Technical experts were also appointed to examine the seized electronic device.

The examination confirmed the commission of the acts attributed to the two defendants, according to the prosecution.

The defendants were subsequently referred to the High Criminal Court, which considered the case over several hearings. The prosecution said all legal guarantees were provided, including the presence of a lawyer for the defendant present in Bahrain and the opportunity to present his defence.

The court then issued its life sentences and ordered the confiscation of the seized items.

The Public Prosecution stressed that protecting Bahrain's security and national interests requires confronting all forms of illegal cooperation or communication with hostile parties.



Loud Headphones at the Gym Could Harm Hearing

ENT consultant warns prolonged exposure may cause tinnitus and hearing loss

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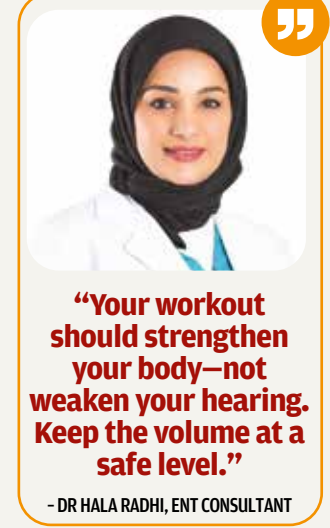
For many gym-goers, headphones are a way to block out loud music, noisy equipment and conversations. But turning up the volume to drown out surrounding sounds could put their hearing at risk.

ENT consultant Dr Hala Radhi warned that repeatedly listening to loud music through headphones can increase the risk of chronic tinnitus and hearing loss.

Tinnitus is a persistent ringing or other noise in the ears that can continue even after the music has stopped. Prolonged exposure to loud sounds can also damage the sensory hair cells involved in hearing.

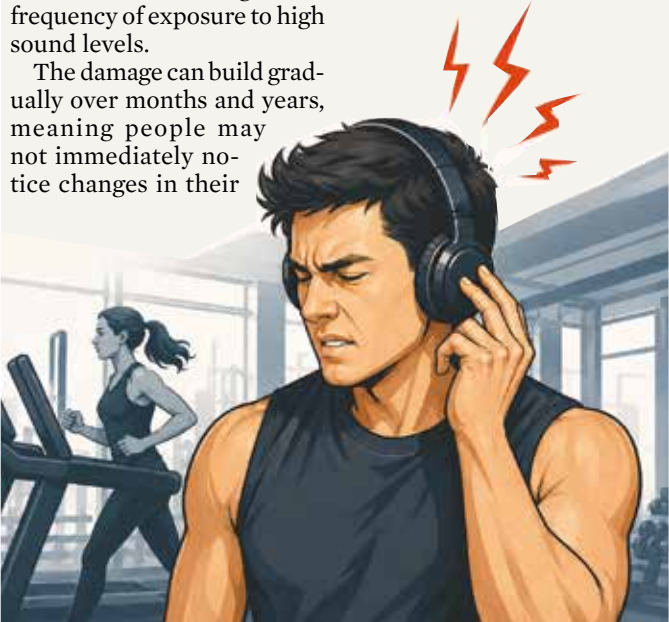
Dr Radhi said the risk increases with the length and frequency of exposure to high sound levels.

The damage can build gradually over months and years, meaning people may not immediately notice changes in their



“Your workout should strengthen your body—not weaken your hearing. Keep the volume at a safe level.”

— DR HALA RADHI, ENT CONSULTANT



When a Worker Collapses in the Heat, Know What to Do

120 workers trained in heat stress first aid at East Sitra housing site



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More than 120 workers at the East Sitra housing project received practical training on recognising heat stress and heatstroke and responding when a colleague collapses in high temperatures.

The awareness session was organised by the occupational health and safety committee of the Bahrain Free Labour Unions Federation as part of its annual campaign, now in its 14th year, to raise awareness of the risks of working under the sun.

The training was delivered in several languages and focused on the warning signs of heat stress and the immediate steps workers can take to help a colleague before emergency assistance arrives.

Workers were also provided with insulated water bottles to keep drinking water cool during shifts and cooling towels to help lower body

temperature.

The campaign coincides with Bahrain's midday work ban, which runs from June 15 to August 31. The regulation prohibits work in open areas and under direct sunlight between noon and 4pm to reduce the risks of heat stress, heatstroke and other heat-related illnesses and accidents.

Bahrain Free Labour Unions Federation President Yacoub Yousif Mohammed said workers' health and safety remain among the federation's top priorities.

He said awareness programmes help protect workers while supporting their stability and ability to perform their duties efficiently.

Mohammed also highlighted the federation's cooperation with economic institutions on programmes aimed at promoting workers' health and safety, saying such efforts benefit both individual productivity and the wider industrial and economic system.

Three defendants sentenced to 15 years

In two separate cases, the High Criminal Court sentenced three defendants to 15 years in prison each for joining a terrorist group and working for its interests in carrying out hostile and terrorist acts against Bahrain.

The court also fined two of the defendants BD2,000 each and ordered the confiscation of the seized items.

The cases followed information received by the General Directorate of Criminal Investigations and Forensic Science and subsequently confirmed through investigations.

According to the Public Prosecution, the investigations established that the defendants joined a terrorist group planning to target Bah-

rain. The group's objectives included disrupting public order, threatening national security and safety, harming people, spreading fear and obstructing state institutions and public authorities from performing their duties.

The investigations also found that the defendants had been assigned various tasks inside Bahrain and had participated in transferring, receiving and delivering funds intended to support and finance terrorist elements belonging to the group.

The Public Prosecution questioned the defendants after receiving the reports and said they admitted to the charges against them. Witnesses were also heard, and technical experts examined the seized electronic devices.

Up to 10 years for support of Iranian attacks

In three separate cases, the High Criminal Court sentenced three defendants to prison terms of up to 10 years for supporting and praising Iranian terrorist attacks against Bahrain, obtaining and disseminating prohibited data, and photographing locations where photography is prohibited.

The court also imposed fines of up to BD5,000 on some of the defendants and ordered the confiscation of the seized items.

The cases originated from reports received by the Public Prosecution from relevant security departments concerning social media accounts that contained posts supporting and praising Iranian attacks targeting Bahrain.

The reports also involved

the publication of prohibited data and the photographing of vital locations where photography is restricted.

According to the prosecution, the material shared through the accounts included photographs, video clips and comments supporting and praising the attacks, as well as images of vital locations and data considered prohibited from publication, obtaining or circulation.

Investigations identified those operating the accounts. The Public Prosecution subsequently questioned the defendants, heard witness statements and appointed technical experts to examine the seized electronic devices.

The examination results confirmed the acts attributed to the defendants, the prosecution said.