



## Selena Gomez helps Jennifer Aniston ‘lean into social media’



Selena Gomez and Jennifer Aniston  
**Bang Showbiz** | Los Angeles

Jennifer Aniston has revealed Selena Gomez has helped her to “lean into social media”.

The 56-year-old actress joined Instagram in late 2019 to launch her hair conditioner LolaVie Glossing Detangler, and Jennifer has shared that the Only Murders in the Building star, 33, has been an “angel” when it comes to teaching her about her online presence.

Speaking with People magazine, the former Friends star said: “Selena helps me lean into social media. She’s so effortless when it comes to that.”

“And she’s just an angel who I love spending time with.”

Jennifer added her Friends co-star Courteney Cox - who also has her own body and home range called Homecourt - had given her a helping hand when it comes to product design.

She continued: “What haven’t I learned from Courteney?”

“We usually talk inter-

views or design. It kind of bores people to tears when we get into a room together. But it’s what we love. It’s our love language.”

Although she uses social media to promote her beauty range, The Morning Show actress is determined not to fall into the trap of “doomscrolling”.

She explained: “I’ve been trying not to doomscroll. I try to stay away from the noise as much as possible. “Thankfully, my algorithm is animals, architecture, hair and spiritual affirmations. So it’s not that doomy.”

Away from work, Jennifer revealed the routine she has to unwind when she gets home.

She shared: “I come home, I’m with my dogs. I’ll put on music. I’ll talk to some friends on the phone, like people used to do.”

“I like to just zone out to a great documentary, find something that’s going to be light on my heart and make me laugh. Maybe have friends over for dinner.”

Jennifer added she wants to “focus on the beautiful things” in life and where she can make a difference.

## I feared ruining The Studio, says Dave Franco

**Bang Showbiz** | Los Angeles

Dave Franco feared he would “ruin” The Studio.

The 40-year-old actor made a cameo appearance in the hit comedy series, and he’s admitted to being shocked by his Emmy nomination.

The Hollywood star - who has been nominated for the Best Guest Actor in a Comedy Series gong - told People: “I always saw that coming. No, it’s insane.”

“And the truth of it all is I truly

did not think this nomination was even a possibility. I remember when they first sent me all of the episodes [of the show after filming], I started watching through it, and I was like, ‘Oh no. This is my favorite show, and I’m about to come in and ruin it.’”

Dave - who is married to actress Alison Brie - actually double-checked his nomination online.

The actor shared: “[Allison and I] also didn’t know when the nominations were being announced, and so we were in our kitchen, and I got a text from my pub-

licist, and it just said ‘EMMY NOMINATION.’ And I go, ‘Oh my God. [...] I think I just got nominated for an Emmy.’”

“I had to Google it. I didn’t believe it.”

Meanwhile, Alison - who has worked with Dave on movies like 2023’s Somebody I Used to Know - recently revealed that the couple’s “shorthand has gotten shorter and shorter” in their professional relationship.

The actress and Dave love working together, but they’re still “very selective” about the projects they commit to.



Dave Franco

## Kelly Clarkson ‘will return to her talk show this autumn’

**Bang Showbiz** | Los Angeles

Kelly Clarkson will reportedly return to her talk show this autumn.

Following the death of her ex-husband, Brandon Blackstock, speculation has been rife over whether the 43-year-old singer and television host will resume new episodes of her The Kelly Clarkson Show.

But sources have now told TMZ she will be at work in September.

Kelly’s return comes after months of uncertainty about the future of the eponymous NBC talk show, which she stepped away from earlier this year to care for Brandon, who died on Thursday (07.08.25) at the age of 48.

The talent manager passed away after a private, years-long battle with melanoma.

A family representative said he died “peacefully... surrounded by family” and asked for privacy during their difficult time.

Sources told Page Six Kelly’s absence from her show was marked by exhaustion and grief.

They added: “Kelly

has been working so hard, as well as looking after Brandon.”

“Despite their difficult divorce, he’s still the man she loved and still her kids’ father.”

Kelly and Brandon divorced in 2022 after a protracted and contentious legal battle.

During Kelly’s absence from her show between February and March, guest hosts including Simu Liu, Roy Woods Jr. and Brooke Shields stepped in.

Many questioned whether she would return at the time.

Meanwhile, Kelly canceled the remainder of her Studio Sessions Las Vegas residency dates through August.



Kelly Clarkson

## Amy Schumer undergoes back surgery



Amy Schumer  
**Bang Showbiz** | Los Angeles

Amy Schumer has undergone back surgery.

The Life and Beth actress - who has six-year-old son Gene with husband Chris Fischer - has revealed she recently had an operation on her spine following a surfing accident.

She revealed she had undergone a procedure when she shared a joke she had heard from another patient alongside a photo of herself recovering in bed.

She wrote on her Instagram Story: “Overheard post back surgery ‘pickleball keeps this place in business.’”

Amy later shared a picture of her standing with the aid of a walking frame.

She wrote: “Since my surfing injury back in the day my L5 has been killing me. Today I got a laminectomy! It’s a short recovery and when I’m feeling better I will buy a bra!”

Amy has previously been candid about her health issues, including her struggles with endometriosis, and last year she revealed she had been diagnosed with Cushing syndrome, a hormone disorder caused by prolonged exposure to steroids.

## Justin Timberlake was ill for ‘months’ before Lyme disease diagnosis

**Bang Showbiz** | Los Angeles

Justin Timberlake was ill for “months” before being diagnosed with Lyme disease.

The 44-year-old singer revealed last week he had contracted the tick-borne condition - which can cause symptoms ranging from nerve pain and fatigue to cognitive difficulties and chronic illness - and insiders have told how he initially

thought the exhaustion and pain he had been experiencing were part of getting older and the demands of his two-year Forget Tomorrow world tour.

The source told People magazine: “He’s not 20 anymore. But when his symptoms worsened, he realised something deeper was going on.”

“He pushed through for months before finally getting answers. The Lyme disease diagnosis brought clarity to a series of unexplained issues that he’s been quietly dealing with.”

The SexyBack singer’s wife, Jessica Biel “felt like something was off” with Justin’s health and “encouraged him to get checked out.”

The source added: “She could tell that he wasn’t himself. She’s incredibly supportive.”

Now his tour is over, Justin - who has sons Silas, 10, and four-year-old Phineas with Jessica - is planning to focus on his health and take time to rest and recover.

The insider said: “He’s taking it seriously. The plan is to rest, spend time with Jess and the kids

and do everything he can to heal.

“He loved touring and being back onstage, but he’s also relieved it’s over. Now he can focus on his health.”

Justin’s \*NSYNC bandmate Chris Kirkpatrick, 53, recently praised his “little bro” for battling through his illness to keep his tour going.

He wrote on Instagram: “Watching him battle Lyme disease day in and day out, while still getting on that stage night after night, was something I’ll never forget.”



Justin Timberlake

### SUDOKU

		8			6			
4			5	2				
	3		7			9		
		3				2		6
	2			7			8	
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		2			8		7	
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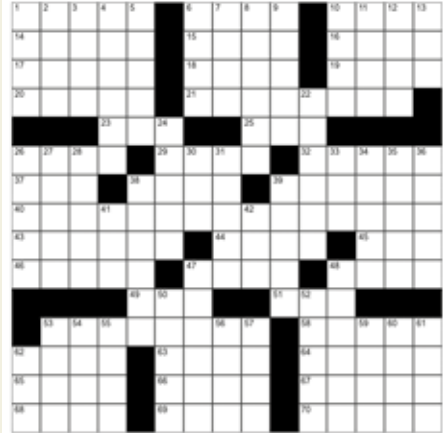
Yesterday’s solution

8	2	7	6	5	3	1	9	4
5	6	3	9	4	1	7	2	8
9	1	4	7	2	8	5	6	3
4	9	6	1	3	2	8	5	7
1	7	8	4	6	5	9	3	2
2	3	5	8	7	9	4	1	6
3	5	9	2	8	7	6	4	1
7	4	2	5	1	6	3	8	9
6	8	1	3	9	4	2	7	5

How to play

Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

### CROSSWORD



Across

1- Personal histories; 6- Cooking fat; 10- Dispatch; 14- “The covers of this book are too far” — Bierce; 15- Addict; 16- Gen. Robert ; 17- Boat often made of birchbark, canvas, or fiberglass; 18- Assistant, particularly to heads of state; 19- Util. bill; 20- Vacuum tube filler; 21- Undeserved; 23- Luau dish; 25- Prior to, poetically; 26- Tax experts: Abbr.; 29- Sir’s counterpart; 32- Take to the ice; 37- Source of iron; 38- Lucy’s husband; 39- Checked; 40- In spite of; 43- Swiss city; 44- Wear well; 45- Reverse of NNW; 46- Stradivari’s teacher; 47- “Pirates of the Caribbean” star; 48- Honey producers; 49- Batman and Robin, e.g.; 51- “... loves you, yeah, yeah, yeah”; 53- Fatherly; 58- Brewer’s need; 62- Castro’s country; 63- Not acid; 64- Sleep disorder; 65- Expel gas or odor; 66- Suit to ; 67- French beans?; 68- Leaf of a book; 69- Approach; 70- Lock of hair;

Down

1- Tailless rodent; 2- On \_ with; 3- Squealed; 4- Soldiers; 5- Shorthand pro; 6- Island feast; 7- Z \_ zebra; 8- Cash in; 9- Gloomy, in poetry; 10- Spotted; 11- Glamour rival; 12- Have to have; 13- Last mo.; 22- Take offense at; 24- \_ man with seven wives; 26- Line dance; 27- Introduction; 28- MetLife competitor; 30- Volcanic output; 31- Brides walk down it; 33- Young goat; 34- Licorice-like flavoring; 35- Stressed; 36- Peripheries; 38- Separate; 39- Rough files; 41- Rainy; 42- Faucet; 47- Give; 48- Pager; 50- Cited; 52- Marriott competitor; 53- Cougar; 54- You’re making \_ mistake!; 55- London official; 56- On a cruise; 57- Sly look; 59- Kitty starter; 60- Meets with; 61- Soviet news service; 62- Brown-capped boletus mushroom;

Yesterday’s solution

ELLE	ITEMS	CODA			
TEAR	LINEN	AGER			
NEON	LEONA	MEET			
ATSEA	SLIPPERY				
	SERB	DOLES			
MISTREAT	LILAC				
ODE	OCTET	ETHER			
IERE	THROB	EASE			
SATUP	ENTRE	SOT			
TSARS	SEASCAPE				
	OSHA	MESA			
EGYPTIAN	ERASE				
CREE	TRACE	ERAT			
RITA	IOTAS	SECT			
UPIN	TNOTE	SASE			