Bahrain strike gold in cycling, athletics

Cyclist Ahmed Madan and Kingdom's 4x400m Mixed Relay team each capture gold to bring Bahrain medal tally to 15 in fifth Islamic Solidarity Games in Konya, Turkey

Bahraini athletes also clinch two silver medals and one bronze medal in women's 5,000m and 200m

National team in Konya now boast 15 medals won, including seven gold, five silver and three bronze

TDT | Manama

Bahrain's top sportsmen and women continued to ascend up the podium yesterday at the fifth Islamic Solidarity Games tally at the multi-sport compe- athletics, as well as two silver in Konya, Turkey, after winning five more medals—including two



Bahrain's Ahmed Madan celebrates with his gold medal from road cycling's individual time trial

Yesterday's haul included gold-to bring their four-day gold medals in road cycling and

medals and one bronze, also in

Bahraini rider Ahmed Madan headlined yesterday's action with his gold in the men's in-

The silver medals yesterday were claimed by Bontu Rebi- Madan came away with his im-200m; while the bronze medal trial gold medal. was clinched by Ruth Jebet in the same race as Bontu.

competing at the Games have team and who has made history now bagged 15 medals in all, in- becoming the first-ever Bahraini en's 200m silver medal in 22.27 cluding seven gold, five silver to compete on the UCI World and three bronze. That put Bah- Tour, completed the 25-kilorain in sixth overall on the medal metre event in a time of 30 mintable amongst the 57 competing utes 18.977 seconds. nations at the Games.

Hosts Turkey are currently was also taking part in the time 10,000m, while Edidiong's silver lifting.

Bahrain's 4x400m Mixed Relay team members, from left, Ali Khamis, Muna Mubarak, Zenab Moussa Ali and Musa Isah celebrate after their win dividual time trial. The 4x400 including 26 gold, while Iran are a time of 31:54.791. metres Mixed Relay team of second with 30 medals, includ-Ali Khamis, Zenab Moussa Ali, ing nine gold, and Kazakhstan Musa Isah and Muna Mubar- third with 16 medals, including

In road cycling yesterday,

The young Bahraini rider,

in first place with 60 medals, trial. He placed 10th overall with medal added to her gold in the

Meanwhile, in athletics, ak then shared in the limelight, six gold. Uzbekistan and Azer- the 4x400m Mixed Relay taking gold in their event on the baijan are fourth and fifth, re- squad were in a class of their spectively, just ahead of Bahrain. own, taking gold in a time of more medals today when they

It was the second gold of the tu in the women's 5,000m and pressive achievement after tak- Games for Muna, who had also Edidiong Odiong in the women's ing the men's individual time won an individual title in the women's 400m.

In the women's 5,000m, Bontu who is a member of the Bahrain clinched her silver medal ahead The Kingdom's national team Victorious professional cycling of Ruth; while in the women's 200m, Edidiong won her wom-

Bontu came away with her second silver medal of the Games after previously finish- cluding athletics, shooting, judo, Fellow-Bahraini Ahmed Naser ing as runner-up in the women's

women's 100m. Ruth, meanwhile, had her second bronze medal in Konyu after previously winning the same in the women's 10,000m.

Bahrain will be looking to add continue their participation in the various sports.

Also yesterday, Bahrain's Zouhair Aouad qualified for the men's 1,500m final, which will be held today as part of the concluding day of action in the athletics competition.

Elsewhere, Bahrain's athletes in shooting and wrestling were also in action but did not medal.

Bahrain are competing in six sports at this year's Games, incycling, wrestling and weight-



Bahrain's Ali Khamis encourages teammate Zenab Moussa Ali as he passes her the baton in their relay final yesterday

Sterling could not waste peak years at Man City on the bench

AFP | London

Raheem Sterling revealed yesterday that his move to Chelsea came about after growing frustrated at his limited playing time at Manchester CIty

Sterling won four Premier League titles over the past five seasons at City, among 10 major trophies during his time in Manchester.

But the England international's game time had been more limited over the past two seasons due to the emergence of Phil Foden and City's £100 million splash on Jack Grealish
Raheem Sterling during training at Chelsea (\$122 million).

"I just felt my time at City was getting limited on playing time for different reasons," Sterling said at his Chelsea unveiling.

"I couldn't afford to waste that time. So I needed to keep that same level and a fresh chal-

"It's something that since 17 I'd been a regular starting, so to get to a peak time in my career, not to play regularly is something I wouldn't accept."

337 appearances for City during Tuchel is looking to make the life and handed out five more got their Premier League seaseven years at the club.



goals were scored by Raheem Sterling in 337 appearances for City during seven years at the

Sterling scored 131 goals in that Chelsea boss Thomas

this season.

"He (Tuchel) said to me it's my directness, always threat- actually even remembered it," ening in behind, not always wanting it in to feet and go- incident. ing in behind," added Sterling on what the German coach

"But most importantly it's my perception of a club." how I attack the box, and with he said that's the one thing he wants to see a lot more."

most of as the Blues look set to temporary suspensions after sons off to a winning start last And it is his goalscoring threat play without a natural striker Sterling suffered racist abuse weekend.

I just felt my time at City was getting limited on playing time for airrerent reasons. I couldn't afford to waste that time. So I needed to keep that same level and a fresh challenge

RAHEEM STERLING

at Stamford Bridge playing for City in 2019.

However, he said that incident had no impact on his decision on whether to join the club.

"That's the first time I've he said when asked about the

"It wasn't anything that played on my mind at all. I can't let abuse from individuals affect

Sterling will make his home the full-backs that we have here debut at Stamford Bridge on Sunday as Chelsea host Tottenham in a highly-anticipated Chelsea banned one fan for London derby after both sides

Zverev in fight to be fit for US Open

AFP | New York

remany's world number Gtwo Alexander Zverev says he is facing a battle to be fit for the US Open following surgery on torn ankle ligaments at the French Open.

Zverev only returned to the practice court last Sunday after the injury he suffered during his semi-final against Rafael Nadal at Roland Garros in June.

He turned on his ankle during that match, screaming in pain when trailing Nadal 7-6 (10/8), 6-6 after three hours of play.

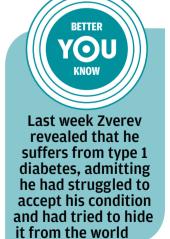
He left court in a wheelchair, returning shortly after on crutches and in tears to announce his retirement, with Nadal going on to extend his record Grand Slam haul to 22. routing Norway's Casper Ruud in the final.

Speaking in Hamburg at a press conference yesterday the Tokyo Olympic champion Zverev said: "Obviously I am going to try to make it to the US Open even if it's in a very very short time."

Last week Zverev revealed gled to accept his condition abetes, admitting he had strug- the world.



Alexander Zverev of Germany serves the ball during a match (file photo)



that he suffers from type 1 di- and had tried to hide it from