

# 'Treasure Your Heart' drive to boost public knowledge

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Bahrain has taken major steps to continue improving public health and delivering high-quality services in the healthcare sector.

This was emphasised by Brigadier Dr Haitham Amin, Head of Cardiology at Mohammed bin Khalifa Cardiac Centre (MKCC), and the "National Acute Heart Attack Program".

Dr Amin said that the launch of the "Treasure Your Heart" campaign aims to improve public knowledge about the causes of heart diseases, with a focus on diseases involving the arteries of the heart, especially heart attacks and coronary artery diseases, which is the number one cause of death around the world.

He explained that coronary artery disease happens when there is a narrowing or blockage of the arteries of the heart caused by cholesterol build-up and plaque formation.

Over time, this leads to decrease blood flow to the heart muscle leading to symptoms. A sudden blockage of the artery of the heart caused by a blood clot will lead to a heart attack with its serious complications, including death.

Dr Amin listed several risk factors leading to coronary artery disease. These can be divided into non-modifiable causes such as age, a strong family history and gender and modifiable risk factors including diabetes, high blood pressure, elevated blood cholesterol, smoking, obe-



Heart attack is preventable with healthy lifestyle

sity, poor diet and the lack of exercise.

He explained that the symptoms of a heart attack are usually described as chest pain that may occur at rest or can be preceded by emotional or physical stress. This pain is described as a heaviness or burning sensation that

**"Prevention is better than cure and that 80% of heart attacks can be prevented by healthy lifestyle choices and strict control of the modifiable cardiac risk factors."**

- BRIGADIER DR HAITHAM AMIN

gradually increases and reaches its maximal intensity in around 30 minutes.

The pain may radiate to the shoulders, arms, jaw or upper back. It may be associated with shortness of breath, sweating, palpitations, dizziness or fainting. Once these symptoms are

present, he stressed that an individual should call the National Ambulance (999) or be driven to the closest emergency room or local health centre.

Dr Amin stated that prevention is better than cure and that 80% of heart attacks can be prevented by healthy lifestyle choices and strict control of the modifiable cardiac risk factors stated above.

This includes strict sugar, blood pressure and cholesterol control, as well as lifestyle changes that include exercise, healthy eating, maintaining an ideal weight, and avoidance of all forms of smoking.

According to the WHO, an estimated 17.9 million people have died from cardiovascular diseases in 2019.

## RHF, BUB sign cooperation

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The Royal Humanitarian Foundation (RHF) and the British University of Bahrain (BUB) have signed a memorandum of cooperation.

Signed by RHF's Secretary-General, Dr Mustafa Al Sayed, and BUB President, Professor Julie Cross, the memorandum aims to expand the communication network in the educational field to serve orphans.

During the meeting, Dr Al Sayed conveyed greetings from HM the King's Representative for Humanitarian Work and Youth Affairs, His Highness Shaikh Nasser bin Hamad Al Khalifa, to BUB officials.

He extended sincere thanks to the Board of Directors Chairman of BUB, Shaikh Khalifa bin Duaij Al Khalifa, Professor Julie Cross and all BUB employees for their tremendous educational efforts.



# United Gulf Investment Corporation BSC

Condensed interim consolidated statement of financial position as at 30 June 2022 (Reviewed) (Expressed in Bahrain Dinars)

	30 June 2022 (Reviewed)	31 December 2021 (Audited)
<b>ASSETS</b>		
<b>Non-current assets</b>		
Property, plant and equipment	30,974,291	31,978,155
Investment in associates	2,378,861	1,964,000
Right-of-use assets	280,466	308,854
	<u>33,633,618</u>	<u>34,251,009</u>
<b>Current assets</b>		
Financial assets at fair value through profit or loss	256,000	256,000
Inventories	14,031,557	11,752,218
Trade and other receivables	14,972,792	12,072,434
Mudaraba deposits	1,855,149	1,666,399
Cash and bank balances	7,364,042	7,145,725
	<u>38,479,540</u>	<u>32,892,776</u>
<b>Total assets</b>	<u>72,113,158</u>	<u>67,143,785</u>
<b>EQUITY AND LIABILITIES</b>		
<b>Capital and reserves</b>		
Share capital	20,000,000	20,000,000
Statutory reserve	3,134,426	3,134,426
Share premium	116,328	116,328
Other reserves	11,086,873	3,839,919
Equity attributable to shareholders of the parent company	34,337,627	27,090,673
Non-controlling interest	8,829,176	6,499,883
	<u>43,166,803</u>	<u>33,590,556</u>
<b>Non-current liabilities</b>		
Non-current portion of term loans	18,434,575	18,939,575
Non-current portion of lease liabilities	521,713	320,523
Employees' terminal benefits	724,806	709,455
	<u>19,681,094</u>	<u>19,969,553</u>
<b>Current liabilities</b>		
Current portion of term loans	2,569,419	5,584,073
Current portion of lease liabilities	42,300	285,991
Trade and other payables	6,653,542	7,713,612
	<u>9,265,261</u>	<u>13,583,676</u>
<b>Total equity and liabilities</b>	<u>72,113,158</u>	<u>67,143,785</u>

Condensed interim consolidated statement of profit or loss and other comprehensive income for the quarter and six months period ended 30 June 2022 (Reviewed) (Expressed in Bahrain Dinars)

	Six months ended 30 June 2022 (Reviewed)	Six months ended 30 June 2021 (Reviewed)	Three months ended 30 June 2022 (Reviewed)	Three months ended 30 June 2021 (Reviewed)
<b>Sales</b>	32,743,938	25,257,273	17,505,328	12,321,153
<b>Cost of sales</b>	<u>(22,021,665)</u>	<u>(23,695,282)</u>	<u>(11,290,798)</u>	<u>(11,376,249)</u>
<b>Gross profit</b>	10,722,273	1,561,991	6,214,530	944,904
<b>Other income</b>	17,235	275,587	-	240,260
	<u>10,739,508</u>	<u>1,837,578</u>	<u>6,214,530</u>	<u>1,185,164</u>
<b>Expenses</b>				
Indirect expenses	(831,844)	(758,010)	(478,608)	(381,524)
Finance costs	(143,860)	(161,061)	(65,343)	(80,886)
	<u>(975,704)</u>	<u>(919,071)</u>	<u>(543,951)</u>	<u>(462,410)</u>
<b>Net profit for the period before tax and share of profit from investment in associates</b>	9,763,804	918,507	5,670,579	722,754
Share of profit from investment in associates	24,543	127,487	(23,900)	54,858
<b>Net profit for the period before tax</b>	9,788,347	1,045,994	5,646,679	777,612
Provision for zakat	(212,100)	(326,676)	(106,050)	(201,462)
<b>Net profit and other comprehensive income for the period</b>	9,576,247	719,318	5,540,629	576,150
<b>Net profit attributable to:</b>				
Shareholders of the Company	7,246,954	570,978	4,191,281	451,488
Non-controlling interest	2,329,293	148,340	1,349,348	124,662
	<u>9,576,247</u>	<u>719,318</u>	<u>5,540,629</u>	<u>576,150</u>
<b>Basic and diluted earnings per share</b>	<u>36.23 fils</u>	<u>2.85 fils</u>	<u>20.96 fils</u>	<u>2.26 fils</u>
<b>Total comprehensive income attributable to:</b>				
Shareholders of the Company	7,246,954	570,978	4,191,281	451,488
Non-controlling interest	2,329,293	148,340	1,349,348	124,662
	<u>9,576,247</u>	<u>719,318</u>	<u>5,540,629</u>	<u>576,150</u>

Condensed interim consolidated statement of cash flows for the six months ended 30 June 2022 (Reviewed) (Expressed in Bahrain Dinars)

	Six months ended 30 June 2022 (Reviewed)	Six months ended 30 June 2021 (Reviewed)
<b>Operating activities</b>		
Net profit for the period	9,576,247	719,318
Adjustments for:		
Depreciation	1,385,136	1,404,749
Amortisation of right-of-use assets	28,388	28,386
Written-off provision for slow-moving inventories	(1,361,842)	-
Reversal of excess provision for impaired trade receivables	-	(206,801)
Share of profit from investment in associates	(24,543)	(127,487)
Bank interest income	-	(63,466)
Interest expense on term loans	140,553	136,293
Interest expense on lease liabilities	3,307	24,768
Changes in operating assets and liabilities:		
Inventories	(917,497)	3,617,980
Trade and other receivables	(2,900,358)	(854,737)
Trade and other payables	(1,060,070)	554,546
Employees' terminal benefits, net	15,351	21,607
<b>Net cash provided by operating activities</b>	<u>4,884,672</u>	<u>5,255,156</u>
<b>Investing activities</b>		
Purchase of property, plant and equipment	(381,272)	(554,544)
Advances to investment in associates	(440,360)	-
Addition to investment in associates	-	(307,040)
Dividends received during the period	50,042	117,421
Net movement in Mudaraba deposits	(188,750)	86,533
Bank interest income received	-	63,466
<b>Net cash used in investing activities</b>	<u>(960,340)</u>	<u>(594,164)</u>
<b>Financing activities</b>		
Interest expense on term loans paid	(140,553)	(136,293)
Proceeds from term loans	-	5,762,889
Repayment of term loans	(3,519,654)	(8,661,355)
Interest expense on lease liabilities	(3,307)	(24,768)
Repayment of lease liabilities	(42,501)	(198,146)
<b>Net cash used in financing activities</b>	<u>(3,706,015)</u>	<u>(3,257,673)</u>
<b>Net increase in cash and cash equivalents</b>	<u>218,317</u>	<u>1,403,319</u>
Cash and cash equivalents, beginning of the period	7,145,725	1,693,571
<b>Cash and cash equivalents, end of the period</b>	<u>7,364,042</u>	<u>3,096,890</u>

Condensed interim consolidated statement of changes in shareholders' equity for the six months ended 30 June 2022 (Reviewed) (Expressed in Bahrain Dinars)

	Equity attributable to shareholders of the Parent					Non-controlling interest	Total	
	Share capital	Statutory reserve	Share premium	Revaluation reserve	Retained earnings			
At 31 December 2020	20,000,000	2,853,603	116,328	4,329,043	(3,016,531)	24,282,443	5,624,067	29,906,510
Total comprehensive income for the period	-	-	-	-	570,978	570,978	148,340	719,318
At 30 June 2021 (Reviewed)	20,000,000	2,853,603	116,328	4,329,043	(2,445,553)	24,853,421	5,772,407	30,625,828
At 31 December 2021	20,000,000	3,134,426	116,328	4,329,043	(489,124)	27,090,673	6,499,883	33,590,556
Total comprehensive income for the period	-	-	-	-	7,246,954	7,246,954	2,329,293	9,576,247
At 30 June 2022 (Reviewed)	20,000,000	3,134,426	116,328	4,329,043	6,757,830	34,337,627	8,829,176	43,166,803

These unaudited condensed interim consolidated financial information were approved, authorised for issue by the Board of Directors and signed on their

Rashed Abdulla Al Suwaiket Al Hajri  
Chairman

Abdulla Fahad. Al-Subaie  
Vice - Chairman