

Nominations open for HRH Princess Sabeeka Award

● 16th local edition to honour productive Bahraini families

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The Ministry of Social Development has announced the opening of nominations for the 16th local edition of “Her Royal

Highness Princess Sabeeka bint Ibrahim Al Khalifa Award for Productive Families”.

The winners will be honoured on March 16, under the patronage of HRH Princess Sabeeka bint Ibrahim Al Khalifa, wife of HM the King and President of the Supreme Council for Women (SCW).

Bahraini productive families are encouraged to apply for the award by registering in the electronic form on its website (www.

social.gov.bh) from January 8 to February 16.

Social Development Minister, Osama bin Ahmed Khalaf Al Asfoor, praised HRH Princess Sabeeka's constant interest in encouraging Bahraini productive families, enabling those families to engage in economic career that would ensure the requirements of decent life for their members.

Al Asfoor said that the HRH



HRH Princess Sabeeka

Princess Sabeeka's award is an annual opportunity to recognise the unique experiences of productive families who have set themselves as role models for contributing to the development process.

He noted that the award is among the major national initiatives aimed at enhancing women's status, and increasing their role in achieving sustainable development in the Kingdom.

The award is being organised annually at the local level and every two years at the Arab level after the Council of Arab Social Affairs Ministers issued a resolution in 2010 approving the launch of the award at the Arab level to encourage productive families.

The award is granted in three categories, namely the “Best Productive Family”, the “Best Product” and the “Best Sponsor of Productive Families”.

EWA is set to launch new customer services and billing system in February

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Electricity and Water Authority (EWA) new customer services and billing system will be launched in early February.

This was announced by EWA President Kamal bin Ahmed Mohammed.

The new system is part of EWA's comprehensive development strategy, and is focused on advancing digital transformation in the authority to enhance the quality of services provided to customers.

Kamal said that the new system is comprehensive and capitalises on the latest technologies used in securing optimum service delivery.

Turning to the advantages of the new system, he explained that facilitation of electricity and water services will be more efficient, and that the format of bills, and the information they display will be clearer. Billing operations will also undergo further optimisation to ensure increased transparency and accuracy.

To ensure a successful launch, Kamal said that more than 1,000 employees at the authority and relevant entities have undergone intensive training programmes on the new system.

Additionally, all the necessary logistical requirements have been secured to ensure an efficient transfer of operations under set standards.

EWA worked closely with a number of stakeholders, including banks and government entities, to guarantee a smooth and seamless launch of the new system.

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tem follows a series of development projects undertaken by the authority with the aim of providing an integrated, modern, and smart system.

This include developing electricity and water transportation and distribution infrastructure, initiating the digital metres' installation project, and working on a project to establish a new control centre for electricity and water networks.

Asian woman acquitted of stealing sponsor's money

● Court rules there's no enough evidence

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The Lower Criminal Court has acquitted an Asian domestic helper of robbing BD50 from her sponsor due to a lack of evidence.

The woman allegedly stole the money from the sponsor's wallet, as she was caught by the CCTV cameras installed inside the house.

She was charged with robbery after the sponsor filed a case against her and provided the footage captured by the

cameras as proof for his claims.

However, the defendant's lawyer argued that the case was malicious as there were disagreements and differences between them as the woman had allegedly decided to vacate the house.

The lawyer added that the woman's criminal history was clean and never committed a robbery and this represents clear proof that she was innocent.

The Court in its ruling pointed out that it's prescribed by law that any person shall be cleared of charges when insufficient pieces of evidence were submitted. As a result, the woman was acquitted.

CBSE board exams are just around the corner

The New Indian School holds remedial classes to help students prepare well

Zahra Ayaz
TDT | Manama

Many students are nervous about scoring the passing grades they need for the upcoming CBSE board examinations, but school administration is making every effort to motivate students.

As students return to their schools after the winter break, term and model examinations will also begin for higher standards in various schools across the Kingdom.

Educators had difficult times during the pandemic and are still struggling with new challenges yet schools introduce students to new ideas, teach them to socialise more, and participate in activities that enhance growth.

Speaking to The Daily Tribune, K Gopinath Menon, Principal of The New Indian School, said: “Our school management is working on three things: finishing the portion, ensuring students are performing well in revision, and holding remedial classes for pupils who are unable to cope following the pandemic.

“The remedial classes are held from 1:30 pm to 3:30 pm. We are conducting model exams at the end of January, so our calendar is set for all students, particularly those in the 10th and 12th grades.

“Of doubt, students are frightened and concerned, but not all of them are; some are really relaxed about examinations and genuinely want to get the best grade possible.”

Mr Menon emphasised that parents are also under pressure, but in addition to all the studies, “we also hold motivational speeches and workshops for



The students are experiencing examination fears and stress



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- JASEELA MUJEEB, COUNSELOR AND PSYCHOTHERAPIST

students, and we look for both high achievers who want to ramp up their marks and struggling children.”

Jaseela Mujeeb, an experienced counselor and psychotherapist, told The Daily Tribune: “Due to unexpected and forced transition due to Covid-19, most students were led to a heightened sense of loneliness, distress and boredom. Since the classes are offline now, most of them are facing anxiety to cope up with their curriculum.

“Some are facing exam fears, according to the number of students coming for counselling,

and symptoms for anxiety is alarming.

“Stress can affect your physical and mental wellbeing. Parents and teachers have a great role in helping the students manage exam stress. Parents should refrain from enforcing their expectations on their children.”

She pointed out that students should eat a well-balanced diet and follow a regular sleep pattern, and help them keep a routine for studies and revise often and be more social, get help from teachers if the students have any doubt.



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- K GOPINATH MENON, PRINCIPAL OF THE NEW INDIAN SCHOOL

“Relaxation techniques like deep breathing and meditation will help you overcome stress. For most students, school is not just about academics, it is also about social interaction.

“School provides structure and outline to the lives of students. Since they were confined to the walls of their homes for the past four years, they lack social skills of adjustment.

“When they are exposed to the external society after the pandemic, some students are not able to express themselves. In that case, it is necessary to seek professional help,” she added.

Kingdom supports global awareness campaign on climate change

Ashen Tharaka
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Today, around 194 countries have agreed to reduce fossil fuel use and CO2 emissions by 2050 and keep global warming below 2°C by 2100 under the historic Paris Agreement.

The Kingdom of Bahrain has committed to achieving net-zero by 2060, and a 30% reduction through decarbonisation and

energy efficiency initiatives by 2035.

There is no doubt that physical changes in our environment significantly impact business operations, and there is an increasing level of regulation on climate-related risks at a global level.

In an interview with The Daily Tribune, Abdul Musavir, an Indian national who has worked in this field for the past 22 years, said that the last five years had

seen significant weather variations.

“I believe the chilly weather that is prevailing now was last experienced five years ago and it is gradually changing,” Musavir said.

He added that the amount of heat had progressively grown and that dust particles had increased.

The Central Bank of Bahrain recently urged all licensees

in the Kingdom to help raise awareness within their organisations about climate and social-related risks, and to assess how they would identify and address them appropriately.

Referring to the recommendations of the Task Force on Climate-Related Financial Disclosures, these requirements will likely increase as regulators endeavour to support net-zero targets.