

# The Ritz-Carlton, Bahrain's annual Farmers Market returns

Manama

The Ritz-Carlton, Bahrain opens the season with the return of the beloved annual Farmers Market, an iconic celebration of the rich culture, craftsmanship, and culinary heritage of the Kingdom of Bahrain that has become a yearly tradition for the country. Set within the lush grounds of the resort, this cherished tradition is set to take place every Friday from 8:30 AM to 2:30 PM on the following dates: January 9, 16, 23 and 30 and February 6 and 13, 2026.

This highly anticipated community event offers an immersive journey into the rich cultural traditions of the Kingdom with fresh seasonal produce, unique artisanal creations, and activities for guests of all ages. Curated by the hotel's culinary maestros, led by Executive Chef Joergen Sodemann in collaboration with Food and Beverage Director Jae Hak Lee and its dedicated team, the Farmers Market offers an authentic culinary experience and offerings that are always unique every year.

We are also delighted to welcome Chef Suman Ali Sayed as a Guest Chef at the Farmers Market. A Bahraini-Canadian culinary talent, Chef Suman Ali brings a unique perspective shaped by international experience and a deep connection to Middle Eastern food heritage. Her cuisine celebrates how food transcends borders, uniting cultures through flavor and storytelling.

Formerly a Culinary Partner at Bar Mordecai, ranked among North America's 50 Best Bars, Chef Suman is known for crafting menus that showcase local, sustainable Canadian ingredients infused with distinctive Bahraini influences. Her career spans collaborations with leading global hospitality brands and features in acclaimed cu-



linary platforms, including a James Beard-nominated documentary.

At the Farmers Market, Chef Suman will present a thoughtfully curated offering that reflects her passion for culture, community, and conscious cuisine—an experience not to be missed.

Begin your journey with an authentic spread of traditional Bahraini breakfast favorites and indulge in an assortment of cold Mezzeh and crisp seasonal green before exploring the live cooking stations preparing classics such as Foul Medames, Bahraini Shakshuka, Balaleet,

and seared Bahraini beef liver. As lunch time approaches, enjoy freshly prepared Shawarmas, grilled chicken, and dishes from the pasta and panini station. Complete your culinary journey with Bahraini sweet treats including Gaimat; golden and sweet, it is the perfect finale to your feast.

The market continues to honor Bahrain's deep cultural roots through interactive activities for all ages. Guests can enjoy face painting, henna art, pottery making, and hours of joy with the bouncy castle for little ones. Spend your time wandering through live painting

displays, observing traditional wood carving, or meeting gentle farm animals at the petting zoo. At the heart of the market, experience immersive displays of local craftsmanship from date harvesting with date-tree climbing demonstrations, Arabic calligraphy, and the intricate beauty of traditional Bahraini weaving.

With its blend of authentic flavors, artisanal crafts, and community spirit, the Annual Farmers Market at The Ritz-Carlton, Bahrain invites guests to celebrate the Kingdom's heritage in a vibrant and unforgettable style.

## Air India Express launches special discounts for excess baggage



**● The special offer allows guests to pre-book 5 kg/10 kg extra baggage at attractive rates for travel from the Middle East to India.**

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New Year, new offers,

and more reasons to pack for longer holidays.

Air India Express, India's first international value

carrier, announces a special limited-period offer for guests travelling from Bahrain, Kuwait, Oman, Qatar, Saudi Arabia, and the UAE to India, allowing them to

pre-book 5 kg or 10 kg additional baggage at attractive

discounts. This offer is open for bookings made till 31st

January 2026 for travel between 16th January and 10th

March 2026, and can be made on the airline's award-winning

website, [www.airindiaexpress.com](http://www.airindiaexpress.com), mobile app and on all major booking channels and is subject to availability.

Guests travelling from Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and the UAE to India can purchase additional check-in baggage for only BHD 0.2, KWD 0.2, OMR 0.2, QAR 2, SAR 2, and AED 2 respectively in lots of 5kg and 10kg. The offer is available across all fares including Xpress Value, Xpress Lite, Xpress Flex, and Xpress Biz.

The offer is only valid during booking flow. Guests travelling from Bahrain, Kuwait, Oman, Qatar, Saudi Arabia and the UAE to India can purchase additional check-in baggage for only BHD 0.2, KWD 0.2, OMR 0.2, QAR 2, SAR 2, and AED 2 respectively in lots of 5kg and 10kg. The offer is available across all fares including Xpress Value, Xpress Lite, Xpress Flex, and Xpress Biz. The offer is only valid during booking flow.

The airline already offers a minimum 30 kg baggage allowance on these sectors across fare types except on Xpress Lite, the airline's exclusive zero check-in baggage fare. With the option to purchase an additional 10 kg through this offer, guests can now travel with up to 40 kg check-in baggage, making it easier to carry gifts, essentials, and personal belongings when visiting family and friends.

## Hilton Bahrain wraps up the Festive Season with a heartwarming handover of toys to Tree of Life Charity Society

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Hilton Bahrain is proud to announce the successful conclusion of its annual festive toy drive. In partnership with Bahrain Elementary School, this year's initiative collected double the number of toy donations compared to last year.

The month-long campaign wrapped up this morning as the collection was officially handed over to the Tree of Life Charity Society, an organization dedicated to the social welfare and empowerment of young children across the Kingdom.

### Travel with Purpose

Guided by Hilton's Travel with Purpose, the initiative is part of a continuous promise to foster meaningful connections within the local community.

"True hospitality is about the impact we leave behind," said Tamer Farouk, General Manager of Hilton Bahrain. "While



we are thrilled to have doubled our collection this year, the real success lies in the spirit of our guests and partners. It is an honor to facilitate this wave of kindness that directly supports children in need across Bahrain."

### A Shared Mission

The partnership with Bahrain Elementary School was instrumental in the drive's success, engaging young students in the act of giving back.

Shafiqah Al-Muallem, Deputy Executive Director and Events Manager of Tree of Life Charity Society, expressed her gratitude, "We are deeply moved by the empathy shown by the Hilton Bahrain team and the students of Bahrain Elementary School. These donations represent more than just gifts; they provide a sense of joy and community support for the children we serve. It is heartening to see such a dedicated commitment to making a difference."

This successful collaboration between Hilton Bahrain, Bahrain Elementary School, and the Tree of Life Charity Society sets a positive tone for 2026, proving that when the community unites, the impact is truly transformative.