



## Jennifer Aniston leans on ‘loving’ friends and ‘comfort food’ in tough times

**Bang showbiz** | Los Angeles

Jennifer Aniston leans on her “loving” friends and “comfort food” during tough times.

The former Friends star, 56, has opened up about how she copes on bad days and revealed she puts in a call to her closet pals and organises a get together or she stays home and scoffs burgers or Mexican food.

She told PEOPLE: “I have a really wonderful, loving, solid group of friends who are very funny on top of being wonderful human beings. And so, we

make each other laugh.

“Honestly, having a group of friends over is always an instant pick-me-up ... [Or I’ll be] making some sort of comfort food like pizza nights, burgers or Mexican food.”

Jennifer added of her other option: “I’ll go to my favorite restaurant with some girlfriends, have a martini, and some delicious meal.”

When asked to name the pals she turns to when she needs cheering up, Jennifer revealed she usually calls her former

Friends co-stars Courteney Cox and Lisa Kudrow, as well as Jason Bateman’s wife Amanda Anka, actress Andrea Bendewald or jewellery designer Jennifer Meyer.

She added: “You’ll find one of them. And if you don’t, someone will eventually call you back.”

It comes after Jennifer revealed she has filled her Los Angeles home with crystals to banish negative “nerves”.

The actress opened the doors of her mansion to Vanity Fair magazine, declaring it a sanctu-

ary from the pressures of both Hollywood and the wider world.

When told the house exudes calmness, Jennifer told the publication: “Good! That’s the whole point ... Out there [outside], it causes nerves.

“In here, there should be no nerves.”

Jennifer added of the house: “I’ve basically incorporated all of the healing modalities in order to create a calm environment in the chaos of the wonderful industry and the world at large.”

The property - designed by the architects A. Quincy Jones and Frederick Emmons - features crystals including raw amethyst and a white stone for clarity, an incense holder decorated with crows, and a curated selection of design books.

Large panoramic windows take up an entire wall, offering sweeping views from Downtown L.A. to the Pacific Ocean while the house also lacks screens and ambient noise.

## Kristen Bell shares one regret from Dax Shepard marriage



Kristen Bell and Dax Shepard

**Bang showbiz** | Los Angeles

Kristen Bell wishes she had “butterflied around a little bit more” before marrying Dax Shepard.

The 45-year-old actress - who tied the knot with the podcaster in October 2013 - is “a little regretful” about her lack of dating experience before she settled down with her spouse.

Kristen made the admission as she appeared on Dax’s Armchair Expert podcast with her Nobody Wants This co-star Justine Lupe.

Justine told Dax and his co-host Monica Padman: “I didn’t have a lot of like long-term relationships. I kind of did like six months, three months, like all through my 20s back-to-back.”

Dax replied: “Kristen is a little regretful. She was very active.

“She was very sexually active, and she wishes she was even more sexually active.”

His wife explained: “I just wish I butterflied around a little bit more.”

Monica then quizzed the Frozen - star - who has daughters Lincoln, 12, and Delta, 10, with her spouse - as to how active she was, with Dax giving a scale where zero was “virgin and 10 is sex worker.”

She replied: “Four. And I just wish I maybe would have gone six.”

Kristen credited her 50-year-old husband for having “brought out a ton of [her] sexuality.”

She added: “I was never this sexual before you.”

Meanwhile, Kristen previously revealed that she tries to set a positive example for her kids when it comes to arguing with her husband.

## Margot Robbie suffers from imposter syndrome

**Bang showbiz** | Los Angeles

Margot Robbie constantly fears that her Hollywood career could be taken away.

The A Big Bold Beautiful Journey actress is one of the biggest movie stars on the planet but explained that her imposter syndrome means that she is concerned that her glittering career could vanish in the blink of an eye.

Margot told the Daily Mirror newspaper: “Is there a moment where I thought it was all sorted now? No, I think every time I’m like, ‘Oh, God, it’s all going to be taken away, I won’t get to do this again, this is the last time.’”

“I have this complete crisis of faith every time, ‘What am I doing?’ I freak out every time. I care so much, for sure.”

Margot explained that she is so worried about losing her

Hollywood career that she turned down the chance to use her native Australian accent for her role alongside Colin Farrell in A Big Bold Beautiful Journey.

The 35-year-old star recalled: “Do you know what? Our director actually said, ‘Do you want to do this in your Aussie accent?’”

“It’s been so long since I’ve acted in my Aussie accent, I’m scared I don’t know how to do it now.

“I haven’t done it since Neighbours and now I feel like I use accents to kind of hide myself in a character. There will be a day, and I think I’m getting close to it. I did contemplate it for a second and then thought, ‘Oh, it’s too much.’”

“I’m in a mode now, I think, where I want to play characters that I see myself in more as opposed to hide myself in.”

Margot had been

planning to take some time away from the spotlight after featuring in the 2023 blockbuster Barbie but was tempted back by the script for A Big Bold Beautiful Journey.

The star - who welcomed a son with her husband Tom Ackerley in October 2024 - said: “I had said after Barbie went so big and went so wide across the globe, I was making a conscious decision not to jump straight into another job. I just thought, ‘Everyone’s seen enough of me for the minute.’”



Margot Robbie

## George Clooney: I’m not in a rush to succeed anymore

**Bang showbiz** | Los Angeles

George Clooney is no longer in a “rush to succeed”.

The 64-year-old actor feels he’s already “had [his] career in many ways” and he’s now happy to put his family before his own interests and ambitions in the movie business.

The Hollywood star - who has eight-year-old twins Ella and Alexander with his wife Amal - told Extra: “I’m not in that mass rush to succeed anymore.

“I’ve had my career in many ways and you know things were winding down in a way, so I get to be home with my kids a lot and it’s fun. I’m still young enough that I can run around with them. That’s going away quickly, but I can still do it right now.”

George and Amal recently celebrated their 11th wedding anniversary, and the actor revealed how they marked the occasion.

He shared: “We had a nice dinner night before last.”

Asked what the next 11 years will

look like for the couple, George replied: “Mostly be me gumming bread because I’m 64, so I’ll be 75.”

Meanwhile, George recently claimed that he’s been the “recipient of a lot of luck” in his life.

The actor believes he’s received a lot of good luck - but George also thinks that he’s created the “opportunity for luck”.

George Clooney



SUDOKU

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Yesterday's solution

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How to play

Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

CROSSWORD

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Yesterday's solution

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| ASSOCIATION |     |   |   |   |   |   |   |   |   |   |  |  |
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| ADES        |     |   |   |   |   |   |   |   |   |   |  |  |

Across

1- For \_\_\_ sake; 6- Member of a great Peruvian people; 10- 27th president of the U.S.; 14- Chip away at; 15- Glass ornament; 16- First name in courtroom fiction; 17- Martin's partner; 18- Viscount's superior; 19- Meander; 20- German industrial city; 21- Salutation; 23- \_\_\_ Misdrables; 25- Madrid Mrs.; 26- Charts; 29- Metallica drummer Ulrich; 32- Longest river in France; 37- Spanish gold; 38- American space agency; 39- It had a part in the Bible; 40- In spite of; 43- Bars legally; 44- Confined; 45- Born, in France; 46- Affirmatives; 47- I'd hate to break up \_\_\_; 48- Teen follower; 49- Got fed up?; 51- \_\_\_ Paulo, Brazil; 53- Busy department during the holidays; 58- Large motor vehicle; 62- Arrived; 63- Consumes; 64- Skylit lobbies; 65- Rat- \_\_\_; 66- Greek letters; 67- Dogie catcher; 68- Word form for "ten"; 69- Camp sight; 70- Atty.-to-be exams;

Down

1- Dijon dad; 2- Cupid, to the Greeks; 3- Prepare a salad; 4- Ford flops; 5- Paris divider; 6- \_\_\_ to differ; 7- Become closer to; 8- Fondle; 9- Freud contemporary; 10- Hatcher of "Lois and Clark"; 11- Elvis \_\_\_ Presley; 12- National symbol; 13- Pro \_\_\_; 22- Natural ability; 24- Mattress supports; 26- Medium of exchange; 27- \_\_\_ by any other name...; 28- Annie of "Designing Women"; 30- Blonde shade; 31- Rough files; 33- Eccentric; 34- Of Thee \_\_\_; 35- Actress Taylor; 36- \_\_\_ beaver; 38- Tries to bite; 39- Tirades; 41- Heartache; 42- Golf gadget; 47- Add fizz; 48- Main arteries; 50- Chirp; 52- In the least; 53- Fence opening; 54- Apple computer; 55- Greek salad ingredient; 56- \_\_\_ impasse; 57- Hey you!; 59- Bear on high; 60- Prehistoric sepulchral tomb; 61- "Get Smart" baddies; 62- Structural engineer's software;