



Painting Is Poetry In Motion

Painting is poetry, that is seen rather than felt, and poetry is painting that is felt rather than seen." This quotation by the great polymath, "Leonardo Da Vinci," who is famous for the painting of 'MONA LISA', will definitely put a ray of light, not just on painting, but the happiness and the excitement, one feels, when a paint brush dipped in a pool of colours, is given unique strokes, depending not just on the situation, but the mood, one is in. Every art form, is unique in its own way, which helps unleash not just the hidden talent of a person, but also gives one a renewed confidence and belief in their abilities, to do the best and be the best. Painting is in short, looking at the world from a different perspective, which is pictured in the form of colours, thus arousing the emotion of positivity, contentment, satisfaction and the thirst to know more and be the best. Basically, anybody can be an artist, but, what is required is practice, dedication and perseverance to bring out the best. Because, every art form is the language of emotion and perception, isn't it?

"Painting is not just about slathering colours, it is looking at every situation, be it negative or positive, from a different perspective, and giving it a unique touch on the sheet of paper, which is indeed given the tag of a good, average, best or worst painting depending on the perception of the onlookers," says the renowned painter, Abbas Almosawi. "Painting is that unique form of art, which eradicates unhelpful habits like procrastination and distraction, and enables one to think creatively and bring that out in the form of colours," adds Almosawi. Having started painting in his primary school days, he credits his genes, where his father himself was a painter, photographer, poet and writer. On being asked the style he enjoys dabbling into, he says, "Portraiture is a style, I love experimenting with, as this is one style, which not just united me with my future wife, but also blessed me with a broader perspective of realizing my dream of seeing a colourful and vibrant Bahrain."

"During my school days, most of my friends came to me, as they needed help for their painting examination. I helped them to choose the right colours and give a unique touch to their drawings, and this built a renewed confidence within myself that I am good at painting and can be the next 'Pablo Picasso'. This is one moment, that made me fall in love with colours and made me take 'Painting' seriously," says the renowned painter. Almosawi's love for painting propelled him to start a group,

where he along with a few of his painter friends, began painting on the roof, and hung the paintings over there. "Apart from colours, we experimented with charcoal, and began projecting our unique perceptions on the wall. I even don the hat of an interior designer, which further made and makes my love for painting deeper and stronger, owing to the kind of assignments I was and am given," adds Almosawi.

Being the founder of Bahrain Arts Society along with his painter friends, Shaikh Rashid and Abdul Rahim Sharif, this association further led to the establishment of various art schools, and propelled him to spread the knowledge of colours through various courses that he taught students to. Multitasking various things is a blessing, but it also poses as a challenge, as multitasking works best, when proper amount of time is allotted to the given task. "I strongly believe painting is a conversation we have the moment, the paint brush is held in our hands. When war was going on between Iraq and Kuwait, I began dabbling in mosaic style of painting and was exploring my interest in that form. Suddenly, I felt those paintings converse with me, where they were saying, "Please bring an end to the war. I want peace to prevail around the world." That was when, it hit me hard, that I should do something for the benefit of the society. That's how I introduced the mosaic style of painting and the message behind it to the UN, and thus the 'Peace project' came into existence. So along with painting, I handled the project, and I handle interior decoration assignments too," adds the Pablo Picasso of Bahrain.

Every person is gifted with some unique talent, and what is required is the courage to unleash it and showcase it to the whole world. "I strongly believe, every person can be an artist, as the three letter word, "ART", is a blessing everyone has been born with. Every profession is an art, where the ability to project your ideas requires hard work and smartness. Basically, anybody can be a painter. A writer can be a painter, a journalist can be a painter and it goes on. But, what I would like to tell is that, never let discouragement get you down when you aspire to be something. Be different from the crowd and project your talent in such a way, where you benefit the society immensely and give a new look to the world. By doing so, the shadow of negativity will never touch you, and you will grow to love your art more than yourself," signs off Almosawi.