

Chris Hemsworth recalls 'out of body experience' as he played drums at Ed Sheeran gig

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he performed with Ed

The Thor actor joined the drums for his National Geographic series Limitless: Live Better Now and recalled how he felt as if he was "floating"

during the gig.

Speaking at a Q+A for the show, along for the ride." Chris said: "(It was) very much a not just a band, but a mass group of people.

"And I imagine it was sort of like Hemsworth in 2022. Bad Habits hitmaker on stage a universal prayer or whatever, fans after learning to play the something positive in the same by design. direction that there would be some interconnected experience.

at that point. I was just floating expand upon."

Hemsworth admits that it was Thris Hemsworth kind of out of body experience challenging to come up with ✓ had an "out of and there's something about be- ideas for the new series after body experience" as ing in unison and in time with, he had been "killed emotionally and physically" by the initial programme Limitless with Chris

The 41-year-old star said: "The at a concert in Bucharest, where people get together, and this first series almost killed me, emo-Romania in front of 70,000 sort of intention to point towards tionally and physically. That was

Chris discovered during the moment." making of Limitless that he was considerably more likely to suffer educate others about Alzheimer's from Alzheimer's disease because after learning that he is at signifof his genetics but he is prepared icant risk of the disease - which to "embrace death" as he doesn't robs sufferers of their memories. think it can be cheated.

"Suffering comes from denial of care of myself. our inevitably of death - we all have an expiration death.

"We discussed, what, if we're years guaranteed you'd become navigating it as Alzheimer's is going to do a second season, what more complacent and reckless. "And that's what it felt like. I could we tackle? What new sci- The idea that life can be taken felt like it was kind of beyond me ence is there? What could we away at any second is a beauti-

ful reminder to appreciate every

Hemsworth hopes that he can

He said: "That warning sign The Rush star told the BBC: was further motivation to take

"It also felt like a great opportunity to offer up education and "If you were told you had 200 a better understanding for people

> something a lot of people face."

> > Lady

Rita Ora 'records song for Love Is Blind UK

Chris Hemsworth

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Rita Ora has recorded a new song for Love Is Blind UK. The 34-year-old pop star has recorded a new track called Joy, which will feature in the Troye Sivan, and Rita admits second series of the hit Netflix that she has "a lot in common"

A source told The Sun newspaper's Bizarre column: "It's to Hollywood film director no secret that Rita loves love Taika Waititi - shared: "I love so she jumped at the chance his sexuality and the celebrato record a track for Love Is

Joy won't feature on Rita's new album, but she jumped at the chance to contribute to Love Is Blind UK.

The insider continued: "Joy is very much a mini side-project rather than being part of the new al-

"The song will be used on the show and be available to stream but there are no plans for a video or to send it to radio."

Meanwhile, Rita recently revealed that she wants to "celebrate [her] sexuality" through her new music.

The pop star released her single Heat in June, and Rita suggested that it was a taste of things to come.

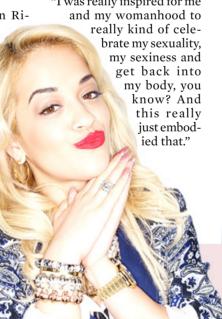
The chart-topping singer told People: "The whole theme of this record is re-Rita Ora

ally about being instant [and] really direct with my messaging and stripping everything back behind me, production

Heat was co-written by with the music star.

The singer - who is married tion he has with that.

"I was really inspired for me



Lady Gaga leads nominations for 2025 MTV Video Music Awards

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Lady Gaga leads the nominations for the 2025 MTV Video impressive 12 nods.

It marks the third time the pop in VMA history.

earned 11 nominations, and Ken- The Marías. drick Lamar with 10.

Pop favourites Rosé and Sabrina Kendrick Lamar (GNX), Lady Carpenter are not far behind, each Gaga (Mayhem), Morgan collecting eight nominations, in- Wallen (I'm the Problem), cluding in major categories like Best Sabrina Carpenter (Short Pop and Artist of the Year. They're n' Sweet), and The Weeknd joined by Ariana Grande and The (Hurry Up Tomorrow) Weeknd, who both picked up seven will contend for Best nods.

Elsewhere, Billie Eilish earned six nominations, while Charli XCX is up nounced during a star-studfor five, including Best Collaboration ded bash on Sunday, Sepand Video of the Year.

A number of major artists landed New York City. For the four nominations apiece, includ-

ing Bad Bunny, Doechii, Ed Sheer- first time, CBS will an, Jelly Roll, Miley Cyrus and Tate McRae.

There are two new categories this Music Awards (VMAs), scoring an year for Best Country and Best Pop

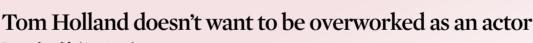
Artist of the Year will be a battle idol has topped the nominations list between Bad Bunny, Beyoncé, Lamar, - a feat no other artist has matched Gaga, Morgan Wallen, Taylor Swift and The Weeknd. Up for Best New Gaga's strong showing is fol- Artist are Alex Warren, Ella Langley, lowed closely by Bruno Mars, who Gigi Perez, Lola Young, Sombr and

Bad Bunny (Debí Tirar Más Fotos), Album.

The winners will be antember 7, at the UBS Arena in

simulcast the awards live alongside MTV, while Paramount+ will also stream the show





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"overworking".

The 29-year-old actor has a busy off" the following year as he looks see." to manage his workload.

career where I can take time off, that playing 007 would represent career that I have."

reset, and come back ready to go. the "pinnacle" of his "You can't be in every movie, and career.

om Holland is wary about you can't do your best work when you're burnt out.

"What I've learnt is that it's chef Gordon Ramsay: year in store in 2026 with mov- important to set boundaries - to "Dude, I mean every ies The Odyssey and Spider-Man: be mindful about overworking. young British actor, Brand New Day both scheduled I've got a slightly busy year next it's the pinnacle of for release and he has suggested year, and then I'll probably take working in our inthat he will "take a bit more time a bit more time off in 2027. We'll dustry.

Holland has been tipped as a myself to be the luckiest Tom told GQ magazine: "I feel potential replacement for Daniel kid alive you know, I could really blessed to be at a point in my Craig as James Bond and admits not have dreamed to have the

He said in conversation with celebrity

"I already consider

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- Nuts; 2- Wyatt of the West; 3- Foot covering; 4- Sugar; 5- Declared; 6- Prefix with conference; 7- Collections of anecdotes; 8- Curvy letter; 9- Sopor; 10- Next after the third; 11- Canadian gas brand; 12- Robt. __; 13- Lays the lawn down; 21- Nautically sheltered; 23-And so on: Abbr.; 25- Virile; 26- Go off-script; 27- Engine; 28- Unwarranted; 30- Great Lakes tribesmen; 31- Comic O'Donnell; 32- Pine; 34- Cavalry sword; 35- Anger; 38- Extinct small horse; 42- At that point; 43- Lodginghouses; 45- Warns; 46- __kwon do; 47- Rings bells; 50- Neighbor of Sask.; 51- Leak slowly; 52- Jump; 53- Bucket; 54- Choir voice; 55- Volunteer's words: 56- It runs in the cold; 57- Merriment; 60-__-Cat

