

Success joy
for women
empowerment



Dr. Maha Al Shehab

● Dr. Maha Saleh
Hussain honoured

TDT | Manama

Dr. Maha Saleh Hussain Al Shehab, former member of the Board of Trustees at the Bahrain Institute for Political Development, has won the Arab Woman Excellence Award 2025 in its fifth edition, in the field of community development.

This was announced by the Arab Women Committee of the League of Arab States.

The selection was made by the award's judging panel, following her nomination by the Supreme Council for Women in the Kingdom of Bahrain.

The award aims to highlight the contributions of Arab women in community development, and to encourage public and private institutions to support and empower women leaders by showcasing their achievements and success stories.

Opportunities

It also seeks to promote women's participation in the workforce, expand opportunities for training and qualification through various initiatives, and inspire young women to innovate and contribute to national development.

The Arab Woman Excellence Award is presented annually by the League of Arab States to distinguished Arab women across various fields, based on nominations by member states.

The award recognises outstanding achievements in areas such as science, educational management, arts, literature, journalism, media, and sports, in line with technical criteria assessed by a panel of experts.

VR vs Drugs

Virtual reality and games lead fight against addiction

● Exhibition targets
youth behaviour

● VR, gaming
tools used

● Anti-drug plan
spotlighted

Mahir Haneef
TDT | Manama

A bold push to combat addiction using virtual reality and interactive games took centre stage at the 'Maan (Together) for Security Awareness' exhibition launched by the Southern Governorate.

Held under the guidance of His Highness Southern Governor Shaikh Khalifa bin Ali Al Khalifa, the event aimed to deepen public engagement on community safety and drug prevention.

Organised in cooperation with the General Directorate of Criminal Investigation and Forensic Science, the exhibition was hosted at the Askar Sports Complex and featured awareness sections targeting youth.



Young visitors explore virtual reality simulations and electronic games

Visitors explored virtual reality simulations and electronic games designed to build decision-making skills and resilience among young people.

Gamified awareness tools have shown higher engagement among youth in early-stage drug prevention campaigns worldwide.

ti-drug section, which highlighted the risks of narcotics and introduced the 'Recovery' programme, part of the National Anti-Drug Plan.

The event attracted participants from various Interior Ministry departments and local communities, reflecting a broad push for neighbourhood-level engagement.

Healthy city goals

The exhibition also supports the Southern Governorate's effort to earn recognition as a healthy city, by aligning public safety initiatives with health and well-being strategies.

Through creative and tech-driven outreach, the governorate continues to promote positive behaviour among youth and strengthen community-based prevention efforts.

67 applications
received from
Hajj campaigns

● 1447 AH Season

TDT | Manama

The Supreme Committee for Hajj and Umrah Affairs has announced that it received a total of 67 applications from Hajj campaigns seeking to operate during the upcoming pilgrimage season of 1447 AH (2026 AD).

The application period had officially closed on August 1.

The committee has begun a thorough review of all submissions to ensure each campaign meets the approved requirements and standards.

This process will pave the way for the announcement of the final list of campaigns that fully comply with the criteria.

Acceptance letter

Campaigns approved by the committee will be authorised to start advertising their services and prices immediately upon receiving the official acceptance letter.

Earlier, the Supreme Committee opened the application process, allowing campaigns to specify the number of pilgrims they intend to accommodate.

Bahrain skies to dazzle with rare celestial events

● Set for August 11-12

TDT | Manama

Astronomy enthusiasts in Bahrain are in for a spectacular treat, as multiple celestial phenomena are set to illuminate the night skies from the evening of Monday, August 11, until just before sunrise on Tuesday, August 12, 2025.

The phenomena will be visible for 10 hours and 52 minutes, provided weather conditions allow for clear skies.

Bahraini astronomer Ali Al-Hajri revealed that the rare astronomical sequence includes sightings of Mars, Saturn, the Moon, the Perseid meteor shower, and a striking conjunction of Venus and Jupiter — all in one night.

The night will begin with the

“The sky will be adorned with some of the most beautiful astronomical phenomena of the year. These events offer an opportunity to reconnect with the cosmos and appreciate the dynamics of our solar system.”

- ALI AL-HAJRI, BAHRAINI ASTRONOMER

planet Mars appearing low on the western horizon shortly after sunset. Mars will be 95% illuminated and positioned at an altitude of 28 degrees, grad-



A visual illustration of the astronomical phenomena. Inset, Bahraini astronomer Ali Al-Hajri

light will take approximately 18 minutes and 4 seconds to reach observers.

Later in the evening, stargazers will witness the Moon approaching Saturn in the eastern sky.

Starting around 9:30 p.m., the two celestial bodies will be separated by approximately 10 degrees, drawing closer throughout the night.

By sunrise on Tuesday, the Moon will be just 7 degrees and 27 minutes from Saturn.

The Moon will be in a waning gibbous phase, 92.5% illuminated, and about 370,000 kilometers from Earth — its light reaching the planet in just over one second.

Saturn, meanwhile, will be almost fully illuminated (99.9%) and located at a distance of 1.3 billion kilometers, with its light taking over one hour and 13 minutes to arrive.

The planet will be 325 million kilometers from Earth, and its

Muharraq lecture on building human-centered, healthier cities

● Expert emphasises
urgent need for
people-focused urban
development in Bahrain

TDT | Manama

The Muharraq Municipal Council recently hosted an enlightening lecture titled “Humanized and Safer Cities for Humanity,” delivered by Dr. Fatima Al Hammadi, Assistant Professor at the University of Bahrain's Department of Architecture and Interior Design.

The session formed part of the Council's second annual summer program, aimed at enhancing the professional competencies of municipal council members and employees while also inviting participation from the broader community.

Dr. Al Hammadi's presentation focused on the concept of “healthy cities” as a critical component of humanized urban planning.

Idea

She stressed that the idea goes beyond aesthetics and infrastructure to encompass health, social well-being, and economic



Participants are being briefed about various initiatives

vitality — factors she described as essential to improving the overall quality of life for residents.

The lecture began with an exploration of the theoretical foundations of healthy cities, highlighting how traditional urban planning often fails to prioritize physical and mental health.

Common urban issues

Dr. Al Hammadi pointed to common urban issues such as overcrowding, insufficient green spaces, and rising rates of lifestyle-related diseases as consequences of outdated planning approaches.

She outlined international benchmarks for healthy cities, which include the expansion of green areas and public parks, the creation of safe and walkable roads and cycling networks, improved air quality, and the development of public spaces that encourage physical activity and social interaction.

Importantly, she noted that achieving these standards doesn't require excessive resources. Smart planning and the strategic redesign of existing spaces, she emphasised, can significantly improve the urban experience and promote healthier living environments.