

Bahrain's Abbas to go for 400m gold



Bahrain's Yusuf Ali Abbas, left, crosses the finish line next to South Africa's Lythe Pillay in their semi-final heat

● **Sprinter Yusuf Ali Abbas set to be one of eight athletes to contest men's 400m final at World Athletics U20 Championships 2022**

TDI | Manama

Bahraini sprinter Yusuf Ali Abbas barged into the men's 400 metres final yesterday at the World Athletics U20 Championships 2022, being held in Cali, Colombia.

The talented 19-year-old made it through as one of two non-automatic qualifiers after finishing the first of three semi-final heats in third place. The top two from each race earned an automatic berth in the medal round, while two other spots were gained by the next two quickest athletes.

Abbas was one of those two after finishing his run in 46.21 seconds. The other to make it through as a non-automatic qualifier was Tyler Floyd of Canada, who was running

in the same heat and finished fourth in 46.22s.

Lythe Pillay of South Africa won heat one in 45.61s, while Shaemar Uter of Jamaica was the runner-up in 45.96s.

The others to advance to the 400m final were Busang Collen Kebinatshipi from Botswana and Joshua Atkinson from Thailand in heat two; and Delano Kennedy from Jamaica along with Steven McElroy from heat three.

The medal-deciding race was scheduled to be held early today morning at 1.50am, Bahrain time.

Abbas was set to run in lane one. He heads into the final with a season's best of 45.87s, which is also his personal best.

Meanwhile, also yesterday, Bahraini medal hopeful Zenab Moussa Ali Mahamat was unlucky in the semi-finals of the women's 400m. Competing in heat three, she was disqualified from her race.

She had originally finished in second place before being excluded from the final classification, thus missing out on her medal round.

Bahrain set for top Asian volleyball event

Senior men's national team all geared up to fly Kingdom's flag in 2022 AVC Cup for Men, starting Sunday in Nakhon Pathom, Thailand

● **Bahrain one of 11 top national teams from across Asia participating**

● **Nationals in Pool D for preliminaries with Chinese-Taipei and China**

● **Bahrainis to begin tournament campaign Sunday against Chinese-Taipei**

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Bahrain's senior men's national volleyball team are all set to take on the continent's best in the 2022 Asian Volleyball Confederation (AVC) Cup for Men, set to take place in Nakhon Pathom, Thailand.

The Bahrainis are making their debut in the prestigious tournament, which gets underway on Sunday featuring 11 of the top senior squads from all over Asia and Oceania.

The nationals are in Pool D for the competition's preliminary round alongside Chinese Taipei and China. Pool A consists of hosts Thailand, South Korea and Hong Kong; Pool B is composed of Iran and Pakistan; and Pool C includes Japan, Australia and India.

Defending champions Qatar were also set to take part, but have since withdrawn. Iran were the silver-medallists from the last edition in 2018 while Japan won the bronze.

Bahrain is set to open their tournament campaign on Sunday against Chinese Taipei. The match is scheduled for a 2pm start. The Bahrainis then take on China on Tuesday, also at 2pm.

Following a single round-robin in the opening stage, the top two from each pool move on to the main round, where they will once again be divided into two groups,



Bahrain's senior men's national team in action at the GCC Games last May (File photo)



Middle blocker Abbas Al Khabbaz looks to attack the net during a match at the GCC Games (File photo)



Bahrain are making their debut in the prestigious competition, organised by the Asian Volleyball Confederation. This year's event marks its seventh edition

including Pools E and F.

The third-ranked sides will go on to Pool G.

Game results from the preliminaries will be carried over in the main stage. That will then set up the match-ups for the semi-finals and the concluding classification games.

The tournament is set to conclude on August 14 with the gold and bronze medal

contests.

The nationals travelled to the Thai capital late last month to begin their final preparations for the AVC Cup.

They departed with a 14-player squad, coached by Brazilian tactician Issanaye Ramires.

"The challenge will be huge," Coach Ramires said about the tournament. "We will fight hard to represent Bahrain with a lot of determination and desire to overcome ourselves so that we are ready for the opportunities that this competition will present us."

The Bahrainis are set to be underdogs in the AVC Cup for Men, and will be relying heavily on the Kingdom's top talents in the game, some of whom include setters Mahmood Hasan Ebrahim and Mahmood Al Afia; outside hitter Nasser Anan; opposites Mohammed Anan and Ali Ebrahim; middle blockers Ali Serafi and Abbas Al Khabbaz; and liberos Hussain Abdullah Abbas and Ali Khairala.

Bahrain's senior men's national volleyball team had recently won the silver medals at the third GCC Games in Kuwait, held last May.

BRAVE CF 60 fighter celebration video goes viral with 1.5 million views in 24 hours

TDI | Manama

BRAVE Combat Federation is based to trending. With the all-encompassing action menu on offer, the promotion often draws millions of eyeballs from across the globe as martial arts fans get their dose of quality MMA.

But this past weekend at BRAVE CF 60 the promotion went viral via another source when world-renowned influencer, Iran Ferreira - more affectionately known by his social media fans and followers as Luva de Pedreiro - reposted a BRAVE CF video on his Instagram account.

In the video, Brazil's Luiz Cado celebrates his Super Welterweight win over countryman Luis Felipe Dias by mimicking the Brazilian influencer. Cado acted out Luva's famous trade-



Luiz Cado celebrates after a bout

mark "Receba!" celebration which then caught the eye of Luva who then shared it with his 17.7 million Instagram followers via his story.

As of today, the organic BRAVE CF post has gained more than

1.5 million views in just over 24 hours on Instagram. Luva blew up over the last few years on social media and the soccer fanatic's "Receba" moment entails him scoring goals before going into a frenzy of a celebration

screaming "Receba" which is a Portuguese word that translates to "Receive" in English.

Following his technical knockout victory this past weekend in the Kingdom of Bahrain, Cado has unofficially become the baddest Brazilian Super Welterweight and looks to continue his dominance in the BRAVE CF cage.

This coming week, the BRAVE NATION heads to Bonn, Germany as the world's fastest-growing mixed martial arts promotion prepares to host BRAVE CF 61 - in partnership with leading German mixed martial arts promotion, the National Fighting Championship (NFC) - on Saturday, August 6th.

This will mark the first-ever German event and we look forward to you joining us there! For more information visit www.bravecf.com.

Ten Hag tells Ronaldo to improve match fitness after missing pre-season



Manchester United manager Erik ten Hag speaks with Manchester United's Alejandro Garnacho and Cristiano Ronaldo

Reuters | London

Manchester United manager Erik Ten Hag said Cristiano Ronaldo could fit into his style of play but that the forward would need to build up his fitness before getting the chance to prove he deserves a place in the team.

Ronaldo did not join United's squad for their pre-season

tour to Thailand and Australia and was left out of a friendly defeat to Atletico Madrid, but played 45 minutes in a 1-1 draw with Rayo Vallecano on Sunday.

Asked if the Portugal international can fit into his vision of how he wants United to play, Ten Hag told Sky Sports: "I think he can."

"But to start with he has to get fit, he's just started."