

Stay healthy and have fun

BIC Fitness on Track Batelco Ramadan Special continues for runners and cyclists on Friday

TDT | Manama

Bahrain International Circuit (BIC) continues on Friday its widely popular Fitness on Track Batelco Ramadan Special, with runners and cyclists of all ages invited to take part.

BIC's Fitness on Track is an extensive programme for those looking to maintain or improve their physical fitness. The first three events are being held during the Holy Month of Ramadan, with entry permitted to COVID-19 vaccinated and recovered individuals.

This week's event takes place between 5.30pm and 8.30pm at "The Home of Motorsport in the



Cyclists and runners get an opportunity to train or simply casually exercise

Middle East" in Sakhir. A beautiful backdrop of the sun setting in the distance can be enjoyed during this period.

After the sun goes down, those on site will be able to marvel at the iconic Sakhir Tower, which will be brilliantly lit with its all-

new façade that made its global debut at the Formula 1 Gulf Air Bahrain Grand Prix 2021 last March.

The Fitness on Track activity is dedicated to offering cyclists and runners an opportunity to train or simply casually ex-



ercise within a safe and controlled environment at Bahrain's world-renowned F1 circuit.

The cycling and running take place on separate track layouts, with cyclists able to ride their bikes along BIC's 3.543-kilometre Outer Track, and runners and

walkers utilising the 2.554km Inner Track. There is also a dedicated area for children's cycling.

Facilities provided on site include food and beverage trucks available from sunset onwards, water stations kindly provided by Arwa, and a prayer area.

Over the past two weeks, a large number of participants turned up at BIC to take part in the programme. Among them were many families who were able to enjoy the experience while getting a good workout in the process.

To ensure the safety of all participants, entry is restricted to vaccinated or COVID-19 recovered people only, as shown by the green badge on the BeAware

app. Children under 18 may attend when accompanied by a qualifying adult. Each individual attending must also fill in the online health declaration sent in advance of the event.

All those wishing to take part must pre-register and pay in advance on BIC's official website bahraingp.com. The cost to take part is BD2 for cyclists and BD1 for runners. Those under the age of 12 can participate for free if accompanied by a paying adult.

The Ramadan Special events are being sponsored by Batelco and also supported by Agility and American Express.

For more information on BIC's Fitness on Track programme, visit bahraingp.com.

Ardent outpour of literary creativity at New Millennium School-Bahrain

● 'English Week' celebrated through digital platform

● Various activities held for 'deep love for language'

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New Millennium School, Bahrain celebrated the 'English Week' through the digital platform from 25 to 29 April with great ebullience.

Premised on the theme "Explore and Excel", the event aimed at promoting linguistic competence, effective communication skills and the creativity



Students take part in fun-filled and exciting guided activities

of the students. The creativity of the students was unveiled through a plethora

of fun-filled and exciting guided activities like story writing, post card making and message writing, book mark making, self-created quotes, self-composed poems, designing pamphlets, posters, advertisements and comic strips, compilation of biographies and writing autobiographies, presenting online news bulletin, all for the deep love for language.

Originality came in from all the corners and each child was proud of his contribution towards creating different masterpieces throughout the week.

The highlight of the week was the Community Service – Each One, Teach One – wherein children took up the role of English language tutor to their siblings or house servant or the watchman, teaching them spoken English thus basking in the magic of language.

Chairman Dr Ravi Pillai, Managing Director Geetha Pillai and Principal Arun Kuumar Sharma complimented the students for their excellent feat in the English Week and adored the efforts of all the parents and teachers for the successful completion of this special week.

Renowned jewellery firm embezzlement case

● Manager ordered to pay BD297,000 by High Appeals Civil Court

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A manager in a renowned jewellery company embezzled BD297,000, but the company took him only to the Civil Court, DT has learned.

Astonishingly, the manager was related to the company owners, as a result of which the company is said to have decided against filing a criminal lawsuit against him.

The owners resorted to the



He allegedly sold jewellery to clients and pocketed the money, taking advantage of forging their signatures in receipts.

Civil Court to ensure that the manager commits to returning the money after he backed away from the agreement he signed with the company.

The defendant has reportedly already inked documents binding him to return the money he stole from the company over the course of 16 years after the owners discovered the crime.

He allegedly sold jewellery to clients and pocketed the money, taking advantage of forging their signatures in receipts. He also manipulated receipts of goods he bought for the company in a bid to steal more money.

The company's lawyer Rabab Al Orayedh said that her client

lost BD680,000 due to the behaviour of the manager, but it was established that he stole BD320,000, out of which he returned around BD18,500.

Initially, the High Civil Court ordered the defendant to pay BD7,500 only to the company, and this verdict was appealed by the company which requested to assign an expert to audit its accounts, according to lawyer Al Orayedh.

The case was re-heard by the High Appeals Civil Court and it ordered the manager to pay BD297,000 after the expert confirmed that the defendant signed documents obligating him to pay BD320,000 to the company.

BPC signs cooperation deal with UNDP



The Bahrain Paralympic Committee (BPC) has signed a cooperation agreement with the United Nations Development Programme's office in the Kingdom of Bahrain to launch a strategic cooperation between both parties. The agreement aims at aligning the BPC's plans and projects with the Sustainable Development Goals, covering various initiatives, with a current focus on supporting the 2021 Asian Youth Para Games, which will be hosted by the Kingdom of Bahrain in November. BPC Chairman Shaikh Mohammed bin Duaij Al Khalifa and UNDP Resident Representative in the Kingdom Stefano Pettinato were delighted to seal the collaboration.

Six facing trial for trying to smuggle drugs using puppet

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Four Bahrainis and two Asian women are facing trial for attempting to smuggle drugs into Bahrain using a puppet.

Prosecutors said their techniques in narcotics trafficking was hard to detect. However, using a puppet was the last straw as customs officers suspected it and informed the anti-drug department at the Ministry of Interior.

"We received a call from the customs requesting us to come and examine a suspicious package. We went there

immediately. It was a puppet, we x-rayed it and found drugs hidden inside it," an anti-drug officer told prosecutors.

The customs informed the person whose name was registered in the shipment to come and collect it. It was one of the Asian women, and she was accompanied by her co-defendants. All the five defendants remained in the car, and she entered the customs premises alone.

The Asian woman who was arrested while receiving the shipment told prosecutors she was paid on a commission basis.

Bahrain extends condolences to Mexico

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The Kingdom of Bahrain expressed its sincere condolences and sympathy to the government and Mexican people over the victims of the collapse of a railway bridge when a train was passing over it in Mexico

City, which resulted in the death and injury of dozens of people.

The Ministry of Foreign Affairs affirmed Bahrain's full solidarity with the government and the friendly Mexican people in the aftermath of this painful incident, wishing the injured a speedy recovery.