Gwyneth Paltrow jokes winning an Oscar messed up her mind

Cover Media | Los Angeles

wyneth Paltrow has joked that winning the Oscar for Best Actress at the age of 26 messed up her

During an appearance on CBS Sunday Morning to mark her upcoming 50th birthday, the Avengers actress was asked what winning an Academy Award for Shakespeare in Love in 1999 did to her psyche.

"It f**ked it up," she laughed. When asked to elaborate, Gwyneth explained, "I think to reach that kind of pinnacle at that age and have that much scrutiny and attention and it's like no matter what you do after that, you can't really win, right? It's like you have a few years of like, nothing's going to live up to that. It's just a lot to hold."

The entrepreneur also noted when she won the accothat "it's crazy" she was only 26 lade because she felt "like

I think to reach that kind of pinnacle at that age and have that much scrutiny and attention and it's like no matter what you do after that, you can't really win, right? It's like you have a few years of like, nothing's going to live up to that. It's

just a lot to hold **GWYNETH PALTROW**

a full adult" at the time.

In the wide-ranging inter-

view, Gwyneth also spoke

about her Goop wellness

brand, her two children Apple, 18, and Moses, 16, and her co-parenting relationship with their father and her ex-husband, Coldplay's Chris Martin.

"He's completely my family, and I love him. He would do anything for me, I would do anything for him, we would do any-

thing for our kids. We really did commit to wanting our children to be as unscathed by the divorce as possible," she gushed.

Gwyneth Paltrow

Lisa Kudrow to star in 'Time Bandits'

ANI | Washington

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m riends'}$ fame Lisa Kudrow will be seen playing a pivotal role in Apple's series 'Time Bandits'.

According to Variety, apart from Lisa, the series will also star Kal-El Tuck, Charlyne Yi, Tadhg Murphy, Roger Jean Nsengiyumva, Rune Temte, Kiera Thompson and Rachel House.

The 10-episode series is touted as "a comedic journey through time and space with a ragtag group of thieves and their newest recruit: an eleven-year-old history nerd (Tuck)."

Taika Waititi co-wrote the pilot for the series and will also direct the first two episodes. He executive produces alongside Jemaine Clement, Iain Morris, and Garrett Basch along with Handmade Films.

Clement and Morris also co-wrote with Waititi. "Time Bandits" is produced by Paramount Television Studios, Anonymous Content's AC Studios, and MRC Television. Lisa Kudrow

Jon Hamm: Therapy has helped me to unpack my trauma

Celebretainment | Los Angeles

on Hamm has been work-Jon Hamm has been fing with a therapist to "unpack" his trauma.

The 51-year-old actor lost his mother to cancer at the age of ten, and Jon admits that he needed to work on his mental health before he was able to truly commit himself to his girlfriend Anna Osceola.

The Hollywood star shared: "I'm in a relationship right now and ... it's comfortable, it's a feeling of taking care of someone else and being taken care of."

Jon feels he needed to undergo therapy before he could think about a long-term future with Anna.

During an appearance on 'The Howard Stern Show', he explained: "It's also been a process of working on myself, my mental health, all the stuff with my ther-

apist. And unpacking all of that trauma and realising that when you lose someone that's so important to you, like a mother, so early, that that creates a wound that blocks a lot of that emotional accessibility.

"That blocks a lot of that availability and vulnerability."

Jon's outlook has been transformed over recent years, and he's now approaching his love life with a new mentality.

The former 'Mad Men' star is even open to getting married and having children with

He said: "It's only been in the last couple of years, me kind of sitting down and really thinking about all that stuff, that's made the relationship that I'm in now even more mean-

> ingful and opened up the possibility of things like being married, having kids, defining a new version of happiness, life, wellness."

Jon Hamm

James Corden: I had to bully my way to top

IANS | Los Angeles

class upbringing meant he had to "bully" his way to success.

'The Late Late Show' host, who shares three children with wife Julia Carey and has an estimated net worth of 65 million are possible. No one's going to pounds, believes that "opportunity" is non-existent for people from humble beginnings, despite them having talent in abundance, reports femalefirst.co.uk. Corden said on 'This

Cultural Life' show on BBC Radio 4: "If you're from a working-class environment, you're n o t bred f o r success. The talent is every

where, and opportunity isn't."

Talk show host James Corden said that his working my wife that she did, I think, 13 GCSEs and I did six, and the most you could do at my school was seven.

"You're kind of capped. You're not really told that these things

> wait to invite you to the table." He added that he learned about

hard work from 'This is England' filmmaker Shane

e n ,

first film to you." role was in 49-year-old

James Corden

What I learned from Shane is that you're going to have to bully your way through this.

You're going to have to get people to budge up to sit at the table if that's what you want to do. It isn't going to just be presented to you

JAMES CORDEN

Meadows, who Shane's 1997 film 'Twenty Four also worked Seven' before he went on to star planning to return to his way to in 2006's 'The History Boys', Britain after his run frontsuccess added: "It was a life-changing ing the show comes to an from a experience for me.

> "What I learned from Shane is ing-class that you're going to have to bully he was leaving in April, b a c k - your way through this. You're saying: "This will be my going to have to get people to last year hosting the Cord- budge up to sit at the table if show." that's what you want to do. It whose isn't going to just be presented journey, it was always

> > Corden has previously branded acting "elite" and said that an adventure."

middle and upper-class actors never had to "encounter the sort of s*** like I've had.'

He managed to become a household name after years of acting by creating and starring in the BBC's 'Gavin and Stacey' sitcom before being critically acclaimed for his stage performance in 'One Man, Two

Huge success came in America when he was asked in 2015 to take over from Craig Ferguson as host of 'The Late Late Show'.

But the host is now end in the spring of 2023.

Corden announced that

"When I started this going to be just that. It was going to be a journey,

Kim Kardashian 'lives it up' on her private jet

Celebretainment | Los Angeles

Kim Kardashian loves to "live it up" on her private

Kim recently revealed rior of the plane. to Kendall Jenner, her self when she's in mere seats."

'The Kardashians' was "going to spray tan" before their lection. flight.

flight?"

Kim Kardashian

explained: "No, it's a threehour one so I sit in it for three hours and then shower it off."

However, Kim urged Kendall to reconsider her plans, The 41-year-old star suggesting she didn't want her owns her own jet, and to damage the expensive inte-

She said: "Have you seen the half-sister, that she cashmere seats? You cannot loves to indulge her- get your spray tan on my cash-

> Despite this, the brunette During an beauty promised to "live it up" episode of on the flight.

> She told Kendall: "Let me know if you like any snacks Kendall called because I have, like, waffles Kim to inform and I have a freezer so, like, I her that she live it up on there."

> Meanwhile, Kim recently go get a quick announced that she's launching a home accessories col-

The reality star confirmed Kim replied: that her new collection - which "A spray tan includes a vanity tray, round before my container, canister, tissue box and waste basket - will be re-Kendall then leased on October 6.

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CROSSWORD

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Yesterday's solution