

GETTERS celebs

Ed Sheeran will need bodyguards until he dies

Bang Showbiz | Los Angeles

Ed Sheeran is convinced his family will need round-the-clock security protection until he dies.

The pop star - who lives on a sprawling estate in Suffolk with his wife Cherry and their two children - has round-the-clock security protection in place and he's convinced they will need bodyguards "until I pass away" because of the "sinister" incidents that have taken place.

During an appearance on Australia's 60 Minutes show, Ed explained: "It's things that people don't really even take into account."

"Like kidnap threats and s*** like that. We've had attempted break-ins, things left on my car. It's way more sinister than just fans turning up and wanting selfies."

"We have a level of security that probably won't change until I pass away. That's just our life

now."

Ed went on to confess he's also had some ugly rows with fans who have tried to take pictures while he's with his kids, Lyra, four, and Jupiter, three.

He added: "I've had some real arguments before. I'm fine with taking pictures, but I just think it's weird with a four-year-old and because of the 'sinister' incidents that have taken place."

"To be within the public sphere, you have to take it all, the good and the bad. But I think I would definitely want a more normal life for my kids ..."

"I want to still tour and have people come to the gigs and yes, I still want to make

records and write songs every day. "But there's just a new set of challenges that I want to explore now, and that is having a

family and being a dad."

Ed previously revealed he stepped up security measures to protect his family after a "couple of weird things" have happened including an attempted break-in.

During an appearance on The Louis Theroux Podcast, Ed explained: "I do think that there is a different kind of normal that is our business. I have like 24-hour security on my house. I have security with my kids. "I have security with me. I have security with my wife, just because there have been a couple of weird things over the years that have happened. Just so you know there's lots of dangerous people out there. We've had like you know a break-in attempt."

"In my industry, that's normal. That's kind of like an underlying thing that no one really talks about, but that is kind of a part of being in the public eye."



Ed Sheeran x

Khloe Kardashian: I love to eat bad food

Bang Showbiz | Los Angeles

Khloe Kardashian has joked that she's a "chubby girl at heart".

The 41-year-old star has launched her own protein brand called Khloud - but Khloe admits that she doesn't actually have "the best diet".

She said on the Khloe in Wonderland podcast: "I had been working out for a long time, and I have a really bad eating habit."

"I love to eat, I love to eat bad food. I don't have the best diet."

Khloe hopes her new brand proves to be healthy and tasty.

The Kardashians star - who launched Khloud in April - said: "I wanted things that were not only good for you, but I am a chubby girl at heart, so I needed it to taste good. Taste comes

first for me."

Meanwhile, Khloe recently revealed that she wants to be a "voice" for people who "don't have one".

The reality star has been through lots of ups and downs in her own life, but Khloe is determined to achieve something positive using her "platform".

Khloe - who has True, seven, and Tatum, three, with her ex-partner Tristan Thompson - told People: "I feel like I was given this opportunity, these platforms, for a reason. And it's really easy to sort of believe the hype and forget really where you came from and just believe the BS because so much of it is filler. We have to have some sort of core and heart and moral compass."



Khloe Kardashian

Sacha Baron Cohen 'only joking' over using Ozempic to transform body for Marvel role

Bang Showbiz | Los Angeles

Sacha Baron Cohen insists he was "only joking" when he claimed to have used Ozempic to help achieve his new muscular physique for a Marvel role.

The 53-year-old actor appeared on the cover of Men's Fitness UK this week, debuting his dramatic body transformation ahead of playing the villain Mephisto in Marvel's Ironheart miniseries.

Alongside images from the shoot, Sacha posted on Instagram: "Some celebs use Ozempic, some use private chefs, some use personal trainers. I did all three."

He added: "This is not



shakes."

Sacha also thanked his trainer Alfonso Moretti, writing: "Thanks @theangrytrainer for doing the unthinkable - putting up with me for 25 minutes a day."

However, after the post prompted widespread speculation and some backlash, representatives for Sacha have told MailOnline he "was only joking" about using Ozempic.

They added that the transformation was entirely the result of "hard work".

Speaking to Men's Fitness UK, Sacha said he had only three weeks to get into superhero shape and credited Alfonso, also known as 'The Angry Trainer', with designing a focused programme of short daily workouts and strict nutrition.

Sacha said: "25-minute workouts that were sustainable. Even while filming, the workouts happened."

Sacha Baron Cohen

Sophie Turner found it 'weird' having Kit Harington play her lover

Bang Showbiz | Los Angeles

Sophie Turner found it "weird" to play Kit Harington's lover in a movie.

The pair - who first starred together as half-siblings Sansa Stark and Jon Snow in eight seasons of Game of Thrones between 2019 and 2019 - have showcased a very different relationship in upcoming gothic horror film The Dreadful, and the 29-year-old actress admitted it was bizarre having to get up close and personal with her good friend.

Speaking in a video interview with Vogue, she said: "I did a movie last year which I'm really excited about with my old but very good friend Kit Harington, who played my brother on Game of Thrones. "We're doing a gothic horror... but we play lovers."

Sophie then grimaced as she apologised to viewers.

She said: "Sorry, guys. It's



Sophie Turner and Kit Harington

really weird for all of us."

Game of Thrones featured incestuous relationships and Sophie had previously teased "things could happen" between Sansa and Jon, particularly after his true parentage was revealed, but she admitted she would find it awkward.

Speaking in 2016, she told Access Hollywood: "Things could happen, things couldn't happen. They are cousins and

it is Game of Thrones.

"I could not do that with Kit. There's no way I could do those kind of scenes with Kit - I'd laugh way too much."

Despite finding it "weird" playing lovers in The Dreadful, which is set in the 15th century during the War of the Roses, Sophie previously admitted she pushed producers to cast Kit, 38, opposite her.

SUDOKU

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5	2		8	6				
			2	1	5			
2					6			
7			4	2	9			8
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	6		8	2				
			7	6			4	9
	9	1						

Yesterday's solution

6	2	8	1	3	5	4	9	7
1	3	4	8	7	9	5	2	6
5	9	7	4	6	2	3	8	1
8	5	9	2	1	3	7	6	4
7	1	2	6	5	4	9	3	8
3	4	6	7	9	8	1	5	2
2	8	5	9	4	7	6	1	3
9	7	1	3	2	6	8	4	5
4	6	3	5	8	1	2	7	9

How to play
Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

CROSSWORD

Across

1- Bell; 5- Extra; 10- Nervous twitches; 14- Son of Rebekah; 15- Alpine song; 16- Author Wiesel; 17- Dick Francis book "Dead ..."; 18- Mob scenes; 19- Dog star; 20- Sandal part; 22- Contradicts; 24- " ... grip"; 27- ... so shall ye ...; 28- Lycanthrope; 32- Fountain treats; 36- Once ... while; 37- Alloy of iron and carbon; 39- Major artery; 40- Reading rooms; 42- Shops want to achieve high ones; 44- Fastidious; 45- Attempts; 47- Elevator stop; 49- ...mo replay; 50- Accord maker; 51- Hans Christian; 53- Got it!; 56- Largest continent; 57- More awkward; 61- Try to bite; 65- Use a surgical beam; 66- Search blindly; 69- Hobbling; 70- Prayer ender; 71- Conceals; 72- "Hard ..." (sailor's yell); 73- Pub missile; 74- "Lovegirl" singer ... Marie; 75- Fling.

Down

1- Gumshoes; 2- I'd hate to break up ...; 3- Singer Vikki; 4- Power problem; 5- Isr. neighbor; 6- Luau dish; 7- Work like ...; 8- Pave over; 9- Borden bovine; 10- Chef's measure; 11- "Casablanca" role; 12- Large town; 13- Oceans; 21- Sunday seats; 23- Rocket launcher; 25- Rug rats; 26- Shake like ...; 28- Breadth; 29- January, in Ju€rez; 30- Arrested; 31- Guy; 33- Women's wear; 34- Start of a Dickens title; 35- Squelched; 38- Hotelier Helmsley; 41- Dregs; 43- Lays down the law; 46- Smart talk; 48- Bridle part; 52- Inveigh against; 54- Pieces of ...; 55- Spooky; 57- Decked out; 58- Tibetan monk; 59- Consumer; 60- Took the train; 62- ... Alto; 63- Iowa city; 64- Driving aids; 67- Farm enclosure; 68- Conductor ... Pekka Salonen;

Yesterday's solution

A	V	A	S	G	E	E	R	G	E	T	A	
T	A	L	C	O	L	L	A	S	A	T	I	P
T	S	A	R	A	I	M	T	O	Z	O	N	
A	E	R	O	T	A	O	M	A	E	N	A	D
	O	N	E	S	M	E	L	T				
A	L	G	A	E	R	O	O	S	T	E	R	S
S	A	L	E	M	T	A	R	N	E	V	E	N
T	O	M	E	E	T	T	E	S	H	R	U	G
S	N	A	P	S	H	O	T	E	L	I	T	E
	I	S	E	F	R	A	I	S				
S	I	E	S	T	A	S	O	T	T	E	N	D
E	R	O	D	D	E	N	S	E	O	L	E	A
R	A	N	D	S	L	I	E	R	R	E	A	L
E	S	S	E	I	T	S	Y	Y	E	T	I	