Bahrain deny Turkmenistan

Hessa Al Isa scores dramatic 95th-minute equaliser in rain-soaked thriller in Yangon

- Bahrain score stoppage-time equaliser
- Heavy rain affects both teams
- Bangladesh qualify to Australia 2026

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layed under pouring rain, Turkmenistan and Bahrain played out a chaotic 2-2 draw in Group C of the 2026 AFC Women's Asian Cup qualifiers with four goals shared in the final ten minutes. Hessa Al Isa's last-gasp equaliser sealed a dramatic point for Bahrain in a game that nearly slipped away.

Missed Chances, Rising Tensions

The first half saw both teams

After the break the energy ramped up. Turkmenistan piled pressure on Bahrain's backline and came close on multiple came in the 84th minute. Turkoccasions, including a bizarre menistan's Mariya Charyyeva moment where a looping cross pounced on a failed clearance struck the crossbar.



Bahrain's Leleya Sabkar (R) challenges Turkmenistan's Lale Haipova (L)

a tight angle only to be denied by Aysha Amanberdıyeva in the Turkmen goal.

The turning point seemed to struggle with the wet conditions. come in the 80th minute. Bah-Turkmenistan had a golden rain struck the post from a corchance to score early but a one- ner and seconds later Hessa Al on-one effort sailed over the bar. Ali was brought down in the box Bahrain's brightest spark, Hessa but penalty appeals were waved Al Isa, created multiple openings away. The decision enraged Bahbut her side failed to register a rain's players and bench who shot on target in the opening 45 surrounded the referee in pro-

Final Ten Deliver Fireworks

The breakthrough finally and met the bouncing ball with a Bahrain responded with a big clean half-volley from just inside chance of their own as Alanood the area. The ball cannoned in the Turkmen bench. Al Mannaei fired goalward from off the bar to spark jubilation on



The match featured three lead changes in the dying minutes - the most in any AFC Women's Asian Cup qualifier since 2018 - with all four goals coming after the 84th minute in torrential rain

replied. Amira Sowar broke through the backline and atthe far corner. It seemed to be rolling wide until Leleya Sabkar vital goal.

There was barely time to settle before Turkmenistan struck again. Exploiting Bahrain's high line, Alymjanova Lachyn latched onto a long ball and coolly lifted her finish over Khulood Adam to make it 2-1.

As the clock struck 95 min-But Bahrain immediately middle and coolly placed her tration. Thank you to Myanmar head win over Myanmar.



shot into the far corner. The for hosting a great tournament." tempted to poke the ball into equaliser triggered euphoric celebrations from the Bahraini bench, with head coach Mohamslid in to force it over the line. med Adnan making a deliberate She paid for her bravery with a show of celebration toward the heavy knock but gave her side a officials after a game filled with controversy.

Post-match Reaction

Speaking after the game, Bah- by Myanmar. rain's Hessa Al Ali shared her thoughts:

50–50 game. We came in want- Bahrain and Turkmenistan have utes, two minutes beyond the ing to win and there were ups 1 point each. Only the group winthree announced, Hessa Al Isa and downs. The most important ner advances to the AFC Women's finally got her reward. Released thing is we didn't lose. We tried Asian Cup. With one matchday by a beautiful pass from Leleya our best. The weather and envileft, Bangladesh have already Sabkar, she broke through the ronment affected our concen- qualified due to their head-to-

Group C Context

Bahrain currently sit third in Group C on 1 point, with Turkmenistan in fourth also on 1 point but behind on goal difference. Bahrain lost 7-0 to Bangladesh in their opener, while Turkmenistan were beaten 8-0

Bangladesh top Group C with 6 points after beating Bahrain "I don't know how I feel. 7–0 and Myanmar 2–1. Myanmar It's mixed emotions. It was a sit second with 3 points, while

All-local Seef squad ready for global 3x3 challenge

Bahrain's all-local 3x3 team prepares for first-ever FIBA World Tour

- Training camp set in Serbia
- First appearance in France
- Follow-up event in Hong Kong

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 ${\mathbf F}^{
m ormed}$ earlier this year, Seef becomes the second Bahraini team to compete on the 3x3 circuit, following Riffa. Unlike Riffa, which includes international players, Seef's roster is entirely local, which is a strategic move by the Bahrain Basketball Association (BBA) to invest in homegrown talent and raise Bahrain's profile in the fast-evolving 3x3 format.

The squad features Sadiq Nasser Al Mousawi in training Shukrallah, Sayed Mohammed Hameed, Hassan Fahad, Nasswill travel.

The team is currently training under Serbian head coach



Bogdan Dragovic and Bahraini debut at the FIBA 3x3 World er Al Mousawi and Mortadha assistant Mortadha Moham- Tour Challenger in Orléans, Salman – all set for selection med. Preparations include a fo- France, on July 11–12. The event appearance in a Masters-level in the final four-man team that cused local camp, followed by a is a qualifier for the elite Shen- event, taking place on July 19-

July 5 to 10.

training stint in Belgrade from zhen Masters in China, which is one of the most competitive Seef will make their official events on the calendar.



Seef is Bahrain's first fully local 3x3 team to compete on the FIBA World Tour, debuting at the Challenger in France and quickly stepping up to a Masters event in Hong Kong

With 16 international teams, including world-ranked sides from Serbia, Austria, China, and Puerto Rico, the Orléans stop will be a tough introduction.

Eyes on the Masters in Hong Kong

From France, Seef will head to Hong Kong for their first 20. Seef's journey continues toward the season finale, set to be held in Bahrain this November.

Gulf swim meet returns to Bahrain



Organising committee during a meeting

Bahrain hosts **GCC Swimming Championships in July**

Event returns after 13 years

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Championships on July 11–12 form for regional swimmers at Khalifa Sports City Com- to compete at a high level and plex. This is the first time the gain vital experience. The kingdom has staged the event event is designed to foster since 2012, bringing a premier emerging talent and sharpen Gulf aquatic competition back competitive skills across Gulf to home waters after more nations.

than a decade.

Bahrain Looks to Impress Organised by the Bahrain Swimming Association, the event highlights Bahrain's growing role in regional water sports. Under the leadership of president Abdullah Atiya, the championship aims to show the kingdom's ability to deliver a high-standard competition environment.

 $B_{\mbox{\scriptsize 2025}\mbox{\scriptsize GCC}}$ swimming The GCC Swimming Championships provide a key plat-