# HOW TO

"Out & About', a

ready reckoner for the events taking place on the island, is published from Friday to Tuesday. To be included, please use one of the following: outandabout@dt.bh, or call 38444680.

# MARK YOUR Calendar



#### 2017 FORMULA 1 GULF AIR BAHRAIN GRAND PRIX

**Date :** April 14 to 16 **Venue** : BIC Sakhir

The Bahrain Grand Prix is scheduled to take place in Sakhir. It will be the third of 20 races in the 2017 FIA Formula 1 World Championship. Aside from Formula 1, the weekend's events will also include racing from other major international and regional championships, plus loads of family entertainment. All tickets are for all three days of the Formula 1 weekend. The prices offered by BIC are amongst the most competitive in the world for any event on the Formula 1 calendar. Tickets can be purchased at the BIC stand located at Bahrain City Centre, online at www.bahraingp.com or by calling the BIC Hotline on +973-17-

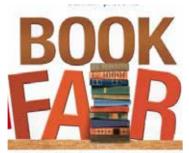
#### **BAHRAIN FARMERS MARKET**

**Date**: On Saturdays **Venue**: Budaiya Gardens

The fifth edition of the Bahrain Farmers Market is open at the Budaiya Gardens. More than 40 Bahraini farmers are participating to provide a variety of local agricultural products. Many leading local restaurants will participate to present local food and drinks with the aim of introducing local food to the visitors of various nationalities. Bahrain Farmers Market targets promoting Bahrain's agricultural products and highlighting the development taking place in Bahrain's agricultural sector. It also aims to contribute to improving the Bahraini farmers' income through a marketing system prepared by the Agriculture and Marine Resources to assist in meeting the farmers' aspirations. Bahrain Farmers Market will be open every Saturday until April 29 from 8 am to 12 noon.

# OUT ABOUT

#### **BOOK FAIR**



ARCH 24th - 30th 2017 n to 10pm @ KCA - VKL Audito

**Date**: March24 -30, 4pm-10pm **Venue**: KCA Auditorium Segaya

Kerala Catholic Association (KCA) in association with 4PM News will be organizing a Book Fair from March 24 to 30 at the KCA-VKL auditorium in Segaya with lot of cultural programmes. The other programmes: March 28, 7.30pm: Poetry Evening. March 29, 7.30pm: Folk songs. March 30,7.30pm: Tribute to Malayalam poet Vayalar Ramayarma.

The Book Fair will be offering 25%discount on all books .There will be books on children's literature, fiction, non-fiction, and general references. For more details contact 17579871/36458398/38382100.

# LADIES NIGHT WITH 50% DISCOUNT

**Date**: Every Tuesday **Venue**: The Gulf Hotel Bahrain Convention & Spa

Ladies night out with 50% off for the ladies at all our restaurants, lounges and Spa!!
For more info 17713000

#### **SUNDAY GLOW**

**Date**: Every Sunday **Venue**: Gulf Spa - Gulf Hotel

Get 15% off upon your choice for one of the Gulf Spa luscious body scrubs that leave you glowing: Aromatic Basil and Mint, Sweetness Sugar or Summer Skin Cooler!!

# MOTHER'S DAY IN ZAHLE RESTAURANT

**Date**: Every Sunday **Venue**: Zahle Restaurant - Gulf

Have a Lebanese Mother's Day at the iconic Zahle with excellent food and lively entertainment, as the restaurant presents an evening of authentic Arabian galore!! When you dinin at Zahle, mum gets to eat for FREE!! Mezze, grills, kebab and so many more delicious dishes await! On March 21 from 7pm onwards!

#### **RED CARPET FASHION SHOW**

**Date**: March 31and April 1 **Venue**: Al Taj Ballroom, Sheraton Bahrain Hotel.

Bahrain Fashion Night and Exhibition titled 'Red Carpet' will take place on March 31 and April 1 at Al Taj Ballroom, Sheraton Bahrain Hotel. Fuchsia Events and Management is bringing the Fashion Show and lifestyle exhibition to Bahrain for the 3rd consecutive year. Being the 3rd successful year of Red Carpet, the organizers have received an overwhelming response from both local as well as international designers. The Glamorous Fashion Night on the 31st March will be a flamboyant fashion show along with an exquisite dinner for guests. The fashion show will be hosted in collaboration with the finest fashion choreographers, makeup artist, and hair stylist from Bahrain. The fashion show will be staged for VVIP, VIP invitees from Bahrain and Saudi Arabia. The designers from Saudi, Morocco, Pakistan, India and Dubai will be showcasing their latest couture collections and the event will be followed by a B2 B Exhibition on the 1st April 2017. A part of the revenue from the event will be given to a local Charity in Bahrain. Fashion Show Timings: March 31, 7 pm onwards (Ticket for the Fashion show & Dinner: 20 BD). Exhibition Timings: 31st March: 2pm -7pm; 1st April: 10am - 8pm.

#### **ANNUAL CAR SHOW**



Date : April 7

**Venue** : Khalifa Khalifa bin Salman Park in Hidd

Dallah Family Day and Annual Car Show will be held on Friday April 7 in Khalifa Khalifa bin Salman Park in Hidd. It will be a fun filled day for the family as there will be kids entertainment, fun activites, foodstalls, marketing stalls, carshow and much more. For more information contact: +97336994343

Email: khalid.bukhari@hotmail.com

#### PAACT MUSICAL PROGRAM

Date: April 21

**Venue**: Jashanmal Auditorium, Indian School, Isa Town

INTERADS in association with Palakkad Arts and Cultural Theatre (PAACT) is organizing a

musical program 'Pathinte Niravil Paact-Swaralayam' on Friday, April 21 at Jashanmal Auditorium, Indian School, Isa Town. The morning session, Chembai Sangeetholtsavam 2017 Season 4, from 9am to 2.00pm will be devoted to Indian classical music followed by a melodious evening event, Niloltsavam 2017 Season 4 from 5.00pm until 11pm.In case of enquiries, please contact PAACT President Jyothykumar Menon on 39851646.

#### **MEXICAN FOOD FESTIVAL**



**Date :** March 31 – April 10 **Venue** : The Gulf Hotel Bahrain Convention & Spa Margarita Mexicana

The Gulf Hotel Bahrain Convention & Spa will be launching once again, the ever popular Mexican Festival that will be held at the hotels famous and award winning Mexican dining destination Margarita Mexicana.

The festival will bring authentic and sizzling spices of true Mexican cuisine with a ballet of entertainers specially flown in from Mexico.

"This year's Mexican Festival is taking place from 31st March till 10th of April 2017. The festival will come alive in the idyllic indoor setting of our Margarita Mexicana and the upper foyer of our Lobby Lounge that will be transformed into a true Mexican ranch complete with the Mexican Ballet", Said Ali Amralla Director of Business Development and Strategies.

The Mexican Ballet will be welcoming the guests from the minute they arrive at our main Lobby. This will be supported with a lively atmosphere of Mexican music till the entrance of Margarita Mexicana Restaurant; from there you can smell the irresistible aromas of the smoked barbeque grills that are sure to transport our guests to the heart of the South.

The Mexican Food Festival promises a feast of Southern favourites. The special menu includes an awe-inspiring array of the famous Mexican dishes, sweet delights and traditional refreshments.

Adding to the festive feel, the Mexican Food & Cultural Festival will include a host of fun and engaging activities for the guests done by the Mexican ballet, including country line dancing and Mariachi music.

#### **GUITARIST PACO RENTERIA**

**Date :** 6 April 2017, 8:00pm

Venue : Cultural Hall

Paco Rentería is México's most successful guitarist at present and is in fact considered by critics as one of the best in the world. To date, he has composed over 300 pieces that illustrate his inimitable musical style. Rentería performs hundreds of concerts annually in front of legions of fans around the globe, including some of the world's most prominent venues with the likes of Carlos Santana and Luciano Pavarotti. His memorable concerts are renowned for their high levels of excitement, energy and emotion.

#### **THAI FRIDAY NIGHT**

**Date :** Every Friday Night **Venue :** Royal Thai Restaurant - Gulf Hotel

Thai Friday Nights with live cooking counters serving, papaya salad, satays, carvings and unlimited selection of main-courses with an all you can eat menu!! For only BD15 NET per person inclusive of 2 selected beverages!

## THE PEARLING PATH EXHIBITION

**Date :** 18 April - 4 August, 8:00am

- 8:00pm

Venue: Bahrain National Museum

Four years after the inscription of the "Pearling, Testimony of an Island Economy" site on the UNESCO World Heritage List, the exhibition will showcase the built vision for the site through architectural models, images, studies and mock-ups of the different components of the project. From the conservation aspects to the new architectural interventions, the exhibition will give an in-depth overview of this unique project that aims to spearhead the rehabilitation of the Old City of Muharraq.

### PERFORMANCE BY MUSIC LEGEND TOM JONES

**Date :** April 7,8pm **Venue** : Bahrain Bay

Legendary performer and recording artist Sir Tom Jones is set to perform at the electrifying grand finale of this years' Spring of Culture festival. Tom Jones has cemented his place amongst music's icons following a critically acclaimed career that has spanned five decades and includes hits such as "It's Not Unusual", "Kiss", "Deliliah", "What's New Pussycat", "I'll Never Fall In Love Again" and "If I Only Knew". Tom Jones' concert at the Spring of Culture 2017's grand finale has been organized by the Bahrain Economic Development Board (EDB), and tickets for the performance can be purchased on March 25 at the Spring of Culture stand at City Centre Bahrain Entrance 4 and online atwww.springofculture.org.