

# Guinness Record set to raise cancer awareness

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**Manama**  
Bahrain International Circuit (BIC) and Think Pink achieved a Guinness World Record by hosting the biggest charity initiative yesterday.

The event, organised at the BIC, Sakhir, built the largest pink chain ribbon to raise breast cancer awareness in Bahrain and across the Gulf.

With the aim of reaching 10 kilometres overall and with each piece of ribbon measuring 20 inches, over 60,000 pieces were combined to achieve the complete distance.

The event marked the first national scale community initiative in the Kingdom – with both individuals and corporate entities participating together. It not only raised awareness on breast cancer but also raised funds to the Bahrain Breast Cancer Society.

“It was a great day for both Bahrain International Circuit



Shaikh Salman bin Isa Al Khalifa

and Think Pink Bahrain. Together we have achieved a unique milestone of 13.123km, a Guinness World Record, one that we can be truly proud of. We hope that, through our efforts and best intentions, this charity initiative helps achieve our goals in further spreading the word about the importance of breast cancer awareness,” said Shaikh Salman bin Isa Al Khalifa, CE of Bahrain International Circuit.

“First of all a big thank you to all the sponsors and the participants for supporting the challenge as it wouldn't

have been possible without them. This event was a clear example of how as a society we could go further, in a lot of aspects. We have beat the world record by almost five km, also this event further saw the largest number of volunteer participation any event has seen in the Kingdom, this in itself is a milestone. Further, we would like to thank everyone who believed in us and participated and helped us in reaching the world record,” said Julie Sprakel Founder President, Think Pink Bahrain Breast Cancer Society.



The pink chain ribbon formed to raise breast cancer awareness in Bahrain and across the Gulf.



Julie Sprakel

## Women and the World

Meredith Ann O'Connell



### Bicycles and Empowerment

Riding a bicycle hardly seems daring or controversial: the bicycle is a useful invention for transportation as well as recreational purposes. But for much of its history, the idea of women riding a bicycle has been viewed at one time or another by society as contentious. Even today, in parts of the world, the bicycle is deemed as unsuitable for women. Yet, like in times past, the bicycle has the potential to empower and transform women's lives.

When the bicycle was first invented in the late 1800s it quickly became associated with feminists in Europe and the United States. Many feminists embraced the bicycle as a means of increased mobility, as a way to encourage dress reform (as it was difficult for women to bike in layers of heavy skirts, the style of the time) and as a way to show that women, too, could be strong and active. Society tried to stop women from biking, using all sorts of methods. From long lists of rules that only applied to women to outright banning and even the warning of

experiencing the unattractive “bicycle face,” it was some time before the idea of a woman biking was not viewed as wrong or vulgar.

As the invention spread throughout the world the bicycle was met with similar resistance as the idea of a woman biking was also found to be indecent. Today, in some parts of the world, female cyclists may not be banned but they are considered unacceptable and subject to harassment. It was only until 2013 that Saudi women were permitted to ride bikes, albeit only for recreational purposes. Yet the bicycle is an important economic tool, a potential source of mobility for women who are not allowed to drive (as in Saudi) or for poor women who cannot afford a car or do not have access to reliable public transportation.

Female cyclists are trying to change the perception of women biking. In Khartoum, Sudan, the “My Bicycle for me and my Environment” initiative was launched by two women and now includes more than 2,000 female riders. The project aims to encourage girls to ride bicycles and break the perception in Sudan that bicycles are only meant for men. In Afghanistan, a national women's cycling team was created in an attempt to help make cycling more acceptable in the country.

More than one hundred years after feminists first embraced it, the bicycle still has the ability to empower women. Beyond its health and recreational purposes, the bicycle can play an important role in financially empowering women.

(The views and opinions expressed in this article are those of the author and do not necessarily reflect the policy or position of this newspaper.)

KINGDOM OF BAHRAIN  
Ministry of Works, Municipalities Affairs and Urban Planning

مملكة البحرين  
وزارة الأشغال والبلديات والتخطيط العمراني

**CONSTRUCTION PROJECTS DIRECTORATE**

The Ministry of Works, Municipalities Affairs & Urban Planning would like to announce the following tender:

| Tender Title  | Tender No.  | Category (CONSTRUCTION PROJECT) | Initial Bond (BD) | Tender Document Fee (BD)   | Tender Box Closing Date / Time                    |
|---|-------------|---------------------------------|-------------------|----------------------------|---|
| <b>1. UPGRADING THE AIR CONDITIONING SYSTEM OF LULU COMMERCIAL MALL AT MANAMA CENTRAL MARKET</b>                      | CPD-17/0005 | AA, A, B, C, D, E & F           | 500/-             | 15/- Cash (Non-Refundable) | Wednesday, 25 <sup>th</sup> October 2017, 1:30 PM |
| <b>2. REPLACEMENT OF SOLID POLYCARBONATE ROOF OF THE ATRIUM AREA OF LULU COMMERCIAL MALL AT MANAMA CENTRAL MARKET</b> | CPD-17/0004 | AA, A, B, C, D, E & F           | 500/-             | 15/- Cash (Non-Refundable) | Wednesday, 25 <sup>th</sup> October 2017, 1:30 PM |

**Note:** Now you have the choice to buy the tender documents online through the Bahrain Tender Board e-Tendering System (<https://etendering.tenderboard.gov.bh/>) by using Credit cards or to the cashier at the Financial Resources Directorate at the Ministry (3rd Floor New Building) who will issue a receipt in duplicate.

- Tenders are invited for this project from qualified Contractors registered with the Cost Engineering Directorate of the Ministry of Works, Municipalities Affairs & Urban Planning for Building Construction Projects under Grades mentioned for the above tender. Tender documents shall be down loaded online through the Bahrain Tender Board e-Tendering System mentioned above starting on Sunday, 24<sup>th</sup> September 2017. For further information please contact 17545184

- The works comprise of Upgrading the Air Conditioning System of Lulu Commercial Mall at Manama Central Market as detailed in the Tender Documents.
- The works comprise of Replacement of Solid Polycarbonate Roof of the Atrium Area of Lulu Commercial Mall at Manama Central Market as detailed in the Tender Documents.

- Interested Tenderers should comply with the Legislative Decree No. 36 and 37 of 2002 with respect to Regulating Government Tenders and Purchases, and also to comply with the Prime Minister's Resolution No. 40 for 2015 giving priority to National Products and products at GCC Countries.
- The Tenders must be deposited in the tender box provided on the **Tender Board's Offices at Ground Floor 551 Arcapita Building, Road 4612, Block 346 Bahrain Bay, Manama, Kingdom of Bahrain** as per the above mentioned date.
- Tenders shall be submitted in **One envelope**.
- Tenderers are to supply copies of the following:
  - Original Initial Bond, Company's Commercial Registration (CR) indicating the tenderer's relevant field/trade, valid Certificate of Compliance with Employment percentage of Bahraini Manpower.
  - The total tender sum as well as cost per unit (as the case maybe) written and submitted in Form TB 02.
  - Any other items listed in the Instructions to Tenderers.
  - All submitted documents (original or copy) should be stamped with Company Stamp.
- The prequalified Contractors who are interested to participate in this Tender must submit valid Prequalification License issued by the Ministry of Works, Municipality Affairs & Urban Planning for the above mentioned category.
- Tenders shall remain valid for **180 days** from the closing date and Initial Bond should be enclosed for the amount specified above or at a rate of **1% of the tender value whichever of the amount is lesser, provided that no initial bond's shall be less than BD 100/-**. Ensure that the initial bond is in cash or in a form of certified cheque or bank/insurance company guarantee, valid for the duration specified in the tender documents and should be enclosed with each tender.
- Tenders not complying with the above conditions and requirements as well as terms and conditions mentioned in the tender documents will be rejected.
- This advertisement should form part of the Tender Documents.