



Some of your popular foods did not come into being on their own. Someone, somewhere tried and tested and invented them for us all to relish. Your humble potatoes were turned into potato chips when a customer complained about the thickness of his french fries and your ice cream cones were invented when a chef rolled his waffles. Here we have listed six food items that were actually invented accidentally and have an interesting story behind them.

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### Ice Cream Cones

Though the waffle cone became a hit the very moment it was created, but its invention had a different story altogether. In 1994, at the St. Louis World's Fair, an ice cream seller was running short of ice cream cups to which a pastries seller came to his rescue and creatively rolled his waffles-like pastries into ice cream cone.



### Potato Chips

Potato chips came into existence with the constant efforts of Chef George Crum, who had an unsatisfied customer who complained about the thickness of the French Fries. It was then the chef out of anger sliced a few thinner potatoes and deep-fried them.

### Chocolate Chip Cookies

In 1930, a woman named Ruth Wakefield who owned a tourist lodge called Toll House Inn, was trying to make cookies for guests, and as she was short of baker's chocolate, she used broken up pieces of Nestlé's semi-sweet chocolate and thus chocolate chip cookies can into existence, all thanks to her.



### Corn Flakes

In 1898, brothers W.K. Kellogg and Dr. John Harvey Kellogg were working in a sanitarium in Michigan. While exploring healthy food for patients they accidentally let some boiled wheat go stale. When they tried rolling the hardened dough it cracked into flakes, which they further toasted. And that is how Corn Flakes came into existence.



### Sandwich

It is documented that in early 1700s, sandwich was introduced as a food item by John Montagu, a prolific British statesman and a gambler. It is believed that he introduced this easy-to-make food item so that he would not have to leave his gaming table to take dinner.



### Coke

It was Pemberton, a pharmacist who experimented to create something that could cure his addiction towards morphine. It was then in 1886 he created a tonic that contained small amounts of cocaine as well as the caffeine. Then, in year 1887, another pharmacist, Asa Candler, bought the formula from Pemberton and in the late 1890s, Coca Cola was introduced as a beverage in the American market, all thanks to Candler's aggressive marketing strategy. (TOI)



# FOOD ITEMS THAT WERE INVENTED ACCIDENTALLY!

## RECIPES

### Za'atar-Dusted Pita Chips

#### Ingredients

- ▶▶ 2 teaspoons dried savoury
- ▶▶ 1 teaspoon dried thyme
- ▶▶ 2 teaspoons sesame seeds
- ▶▶ 1/2 teaspoon sumac
- ▶▶ 1/2 teaspoon kosher or flaky salt
- ▶▶ 4 pita bread rounds
- ▶▶ 1/4 cup extra virgin olive oil

#### Directions

**Step 1.**  
Preheat the oven to 350°F. Using

a mortar and pestle or clean spice grinder, grind the savoury, thyme, sesame seeds, sumac and salt until the mixture is finely ground and fragrant.

**Step 2.**  
Cut each pita bread into eight wedge-shaped pieces and peel apart the layers to make two thinner pieces of bread out of each wedge. Arrange the wedges closely together in an even layer on two baking sheets. Brush the wedges with the olive oil

and sprinkle with the ground spices.

**Step 3.**  
Bake the chips until they are golden brown and crisp, 8 to 10 minutes, rotating the baking sheets once from top to bottom and from front to back and stirring the wedges while baking. Cool the chips on cooling racks before storing in an airtight container for up to 3 days. Reheat the chips in a 350° oven for 4 minutes before serving after they have been cooled. (foodrepublic)

