



Rashid Equestrian and Horse Racing Club High Committee Chairman HH Shaikh Abdulla bin Isa Al Khalifa and Rashid Equestrian and Horse Racing Club High Committee Deputy Chairman HH Shaikh Isa bin Salman bin Hamad Al Khalifa attended the 21st horse race of the season at Rashid Equestrian and Horseracing Club in Raffa, Sakhir.

The participants competed on the cups of the Personal Representative of HM the King HH Shaikh Abdulla bin Hamad Al Khalifa, HH Shaikh Sultan bin Hamad Al Khalifa and the silver cup presented by Rashid Equestrian and Horse Racing Club. The race was also attended by HH Shaikh Mohammed bin Rashid bin Isa Al Khlaifa, HH Shaikh Hamad bin Abdulla bin Isa Al Khalifa, HH Shaikh Sultanuddeen bin Mohammed bin Salman Al Khalifa, HH Shaikh Khalid bin Ali bin Isa Al Khalifa, HH Shaikh Salman bin Mohammed bin Isa Al Khalifa, HH Shaikh Isa bin Abdulla bin Isa Al Khalifa, HH Shaikh Nooh bin Mohammed bin Salman Al Khalifa and a number of equestrian sports fans and enthusiasts

## By Invitation

Marjan Modara



## The Paradigm Shift

**W**e go through life trying to find out why and what is the purpose of us being here.

But we never ask ourselves what it is that we can do with our time that will be of importance and give meaning and happiness to not only ourselves but also to the people around us.

The moment we are born, the environment we are in comprising of culture, family and friends take over and we are told that who we are is governed by how people think of us.

Ego starts creeping in and shaping us in respect to what we

have, the positions we hold and our status in society and we forget that we are these perfect beings created by god who have come into this world to do good to our fellow human beings.

We become attached to all our belongings starting from our unique toys, to being top in our classes, to the prestigious positions we occupy at work, and all the properties we begin to collect and own.

People start evaluating us based on our successes and accomplishments in life and not on how good natural qualities we have as a human being.

The shift in our lives arise when we start realizing that god must have brought us to this world for a much more higher and better reason than just positions and materialistic belongings. We start wanting to give meaning to what we do and begin to develop our minds for internal self-purpose instead of external satisfactions.

The shift happens when we want to be in an ego less place where our focus changes its path to wanting something more for others rather than ourselves. Where we shift from a sense of entitlement to a sense of humility. From a sense of "what I want

to achieve next to what I can offer and serve".

There comes this deep sense of feeling in us that desires to be fulfilled with respect to having made a difference with our presence here and that when it is our time to leave this lifetime that someone's existence was profoundly touched because of our presence.

Discover what you are passionate about in life by a trial-and-error process. None of us knows exactly how we feel about an interest until we actually do it and experience it. We have to act to find our passion and then use it to improve and self-develop. We have to forget the thought that the only reason we do things is to get rewarded. We have to do it without waiting for outcomes.

Pablo Picasso once said that "The meaning of life is to find your gift. The purpose of life is to give it away". So, live your life trying to find your gift and once you have acquired it, give it away to see the joy it gives to others as it gave to you.

*(The views and opinions expressed in this article are those of the author and do not necessarily reflect the policy or position of this newspaper.)*