

OUT & ABOUT

HOW TO REACH US

"Out & About", a ready reckoner for the events taking place on the island, is published from Friday to Tuesday. To be included, please use one of the following: outandabout@dt.bh, or call 38444680.

SUSHI ART | WU RESTAURANT

Date: 21 Feb 7 pm – 11 pm

Venue: ART Rotana- Muharraq

Dive into our all you can SUSHI ART concept every Tuesday at WU Restaurant and Lounge nestled right by the beach at ART Rotana. Indulge your sushi cravings with our all you can eat and drink SUSHI ART promotion and feast your senses on a fresh Sushi center stage filled with a plethora of sumptuous Maki, Sashimi and more delicious favorites! Enjoy selected beverages throughout the evening plus a set menu of hot dishes delivered to the table for you and your guests to share.

WALKING TOUR OF MUHARRAQ- PEARL TRAIL

Date: 22 Feb 9 am – 11 am

Venue: Muharraq- Muharraq

Explore Bahrain's Pearling Trail in Muharraq (a UNESCO World Heritage Site) and follow in the footsteps of Bahrain's pearl divers during much of Bahrain's history until the early 1930s. For part one, our journey starts at Siyadi House and ends at the House of Coffee.

LECTURE: PRESERVING CULTURAL HERITAGE DURING TIMES OF CRISIS IN THE ARAB WORLD

Date: February 22, 6.30pm

Venue: Bahrain National Museum – Auditorium

During periods of crisis, physical structures and administrative mechanisms in place to safeguard cultural heritage are often dismantled or destroyed. Due to declining State authority, archaeological, historic and

HIGHLIGHT

MAKE YOUR MOMMA PROUD LIVE

Date: 3rd March 2017, 6.30pm

Venue: The Indian School Ground, Isa Town

One of the biggest and well-known music bands in the Philippines is coming to Bahrain exclusively for Modern Exchange customers. Make Your Momma Proud known popularly as M.Y.M.P will be performing live on March 3 at the Indian High School Ground, Isa Town.

M.Y.M.P., an acoustic band from the Philippines consists of five members. It is a tribute to lead singer Chin Alcantara's mom. She saw him start with the guitar but never got to see him play professionally. They have rose to stardom through the release of their soulful albums many of which has been certified as Platinum. It is MYMP's first performance in the Kingdom and promises to be a mesmerizing experience for the Filipino community. The process of getting a pass for this exciting program is quite simple. Do a transaction of any amount to the Philippines from Modern Exchange before 03rd of March and get a free pass for the event.



artistic treasures are threatened by direct damage, looting, abandonment and neglect. Such detrimental conditions affecting cultural heritage are heightened and challenge preservation initiatives needed to administer critical first aid measures.

The preservation of cultural heritage during times of ongoing conflict may seem superfluous, even inappropriate, amidst heavy death tolls. However, its use in post-crisis recovery is globally regarded as valuable assets that can and should be utilised for long-term cultural, social and economic development.

FILM: KING CORN

Date: Wednesday 22nd February 2017, 7pm

Venue: Bahrain Cinema Club, Juffair
King Corn is a feature documentary about two friends, one acre of corn, and the subsidized crop that drives our fast-food nation. In the film, Ian Cheney and Curt Ellis, best friends from college on the east coast, move to the heartland to learn where their

food comes from. With the help of friendly neighbors, genetically modified seeds, and powerful herbicides, they plant and grow a bumper crop of America's most-productive, most-subsidized grain on one acre of Iowa soil. But when they try to follow their pile of corn into the food system, what they find raises troubling questions about how we eat—and how we farm.

MAGIC UNLIMITED IN BAHRAIN

Date: 23 Feb 6 pm - 25 Feb 9 pm

Venue: The Cultural Hall- Manama

Prepare to be amazed by the most entertaining live illusion show of this time! Magic Unlimited will captivate audiences of all ages with this spectacular act who have toured all over Europe, Asia and America but never the Middle East. Now brought to you by Motiv8 Events & Media for the first time in the GCC!

THE SECRET POLICE LIVE IN CONCERT

Date: 23 Feb 9 pm - 24 Feb 11:30 pm

Venue: The Gulf Hotel Bahrain Convention & Spa- Manama

THE SECRET POLICE Live in Concert back from the UK by popular demand at Sherlock Holmes!! Thursday 23 Feb, 2017 starting at 9:00pm and Friday 24 Feb, 2017 starting at 12:30pm.

NOCTURNE FOR PIT ORCHESTRA

Date: March 9

Venue: Bahrain National Quarry

A sound live performance involving the laborers of the Bahrain National Quarry. A project by Ilaria Lupo in collaboration with Rabih Beaini, and the participation of Hasan Hujairi.

BAHRAIN ANNUAL FINE ARTS EXHIBITION 43

Date: On-going till 17 March 2017, 8:00 am 8:00 pm

Venue: Bahrain National Theatre

The Bahrain Annual Fine Arts Exhibition, in its 43rd edition, celebrates the creativity and ingenuity of the local artists. Every year, the art community gathers to present their finest work, uninhibited by a subject or theme. The result is a colorful display of styles, techniques, through different mediums of expression.

THE SELFLESS HOLY GROUND

Date: Sunday - Thursday 19 March - 13 April, 8 am - 8:00 pm

Venue: Art Centre

The exhibition features interactive installations by artist Othman Khunji created through the use and application of cutting-edge technology, including Arduino sensors/actuators, 3D printing, laser cutting, and water jet engraving. The collection explains and portrays the contrast between the traditional self-sacrificing, selfless, altruistic symbol that Mecca has always represented for Muslims, and the contemporary self-centered, selfish, egocentric aura that has become synonymous with one's journey to our most holiest of places.

MARK YOUR Calendar

2017 CHERRY TREE TROT RACE

Date: Saturday, 11th of March, 2017

Venue: Bahrain International Circuit (BIC)

The Cherry Tree Trot (CTT) is a day of fun and races sponsored by the American Women's Association(AWA). It is one of the oldest and highest profile charity events in the Kingdom of Bahrain. The CTT is organized to raise money for over 35+ Bahraini charities supported by AWA. The high profile event is held every two years. It is also a fun day out for participants who are mentally and physically challenged, with the primary event being a 2k race designed especially for them. There are three categories: 1) Adults (over 18 years of age), 2) Children and 3) People in Wheelchairs.

The participants with mental and physical challenges will be supported in their race by students, volunteers from private schools, and adult volunteers; including many from the American Forces based in Bahrain. Included in the other race events are a 2k, 3k, 5k and 8k race for able-bodied participants of various ages. There is also a 3k walkathon for those who like to take things a little easier, such as families with pushchairs or strollers. Children ages 6-12 can enter the 2k race, ages 13 and up can enter the 3k, 5k and 8k races. All ages can walk in the walkathon. Spectators are welcome and are not charged. Register online at www.adnanevents.org till 23rd February 2017.



OPERA: "ANTAR WA ABLA"

Date: 25th February, 8:00pm

Venue: Bahrain National Theatre

Experience one of the most important theatrical productions in the Arab world, "Antar Wa Abla", and learn why it has won such widespread popularity and acclaim since its debut in July 2016 in Beirut in commemoration of Arab Tourism Day. This historical opera, produced by Opera Lebanon, showcases pre-Islamic literature and poetry, Arab heritage, and timeless stories that address important social and human issues through relatable characters in exceptional circumstances.

HIGHLIGHT

BAHRAIN INTERNATIONAL GARDEN SHOW

Date: February 22, and will be open to the public from the 23rd to the 26th of February 2017

Venue: Bahrain International Convention & Exhibition Centre

This year's Bahrain International Garden Show will feature the latest agricultural innovations in utilizing limited resources to create small gardens or green spaces in order to achieve agricultural development and sustainability. To achieve this goal, the theme of the show is "Compact Gardens", with the University of Bahrain designing a special display, demonstrating unique ideas in utilizing limited spaces to easily create compact gardens. A section in the exhibition has been allocated to showcase pictures of local homes and buildings with creative ways to introduce different plants and flowers that are suited to limited spaces and our climate. Another section has been allocated to showcase practical ideas and solutions for designing small spaces in residential areas such as



balconies, roofs, and exteriors, focusing on the positive impacts of limiting pollution, beautifying residences, and providing fresh produce for the owners' needs, said National Initiative for Agricultural Development (NIAD) Secretary-General Shaikha Maram bint Isa AlKhalifa.