





WEEKENDER EXCLUSIVE FOR DT NEWS SUBSCRIBERS

11th Hour

HM King congratulated Manama

His Majesty King Hamad bin Isa Al Khalifa yesterday received a cable from His Royal Highness Prime Minister Prince Khalifa bin Salman Al Khalifa expressing sincere congratulations to HM on the outstanding success of the Bahrain International Defence Exhibition and Conference.

Condemned

Manama

Bahrain has strongly condemned the terrorist attacks in the cities of Gardez and Ghazni, Afghanistan, which resulted in the death and injury of dozens of people, including women and children, expressing its sincere condolences to the families of the victims



DT News Network Manama

Iran is sheltering 160 fugitives wanted by Bahrain for participating in terrorist activities that puts the security and safety of the country at great risk, Interior Minister Lt-General Shaikh Rashid bin Abdulla Al Khalifa has said.

The minister told Asharq Al-Awsat newspaper in an interview published on Wednesday that Bahrain has revoked the citizenship

of those terrorists who are sentenced in cases linked to the martyrdom of 25 Bahraini security officials and wounding of more than 3,000 others.

He added that the strategy of US President Donald Trump vis-a-vis Iran helped in limiting the indulgent policies of Tehran to interfere in the internal affairs of other states and to export its terrorist activities through the Revolutionary Guards and Hezbollah. The minister praised the US strategy and said that it undoubtedly restored international peace and security and protected the regional security of Arab Gulf states. He also lauded the announcement of US Defence Secretary James Mattis that Washington would surely dissuade Iran from shipping explosives to Bahrain.

According to the minister, there is evidence that Iran has shipped 24 kilogrammes

of explosive materials to Bahrain and it logistically and financially supported terrorist to carry out terror acts against Bahrain and its people.

He said there is a direct relationship between Iran's Revolutionary Guards and terrorist activities in Bahrain.

"Bahrain faced the threat of terrorism and was able to foil many terror acts. Physical evidence and strategic information proved the involvement of Iran's Revolutionary Guards in training terrorist members in Iranian camps on the use of explosives and automatic rifles and contributing to the smuggling of those weapons to Bahrain," he said. He added that some arrested suspects have admitted they received arms training by Revolutionary Guards.

BIDEC 2017 concludes

▶ P04

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'Xi Jinping: The Governance of China' launched in Bahrain



news@dt.bh

Manama

hebook 'Xi Jinping: The Governance of China' by the president of China Xi Jinping was released yesterday in Bahrain during a function organised by the Chinese Embassy in collaboration with Bahrain Authority for Culture and Antiquities (BACA).

The event was held in the presence of Shaikha Mai bint Mohammed Al Khalifa, President of BACA and Chinese Ambassador to Bahrain Qi Zhenhong.

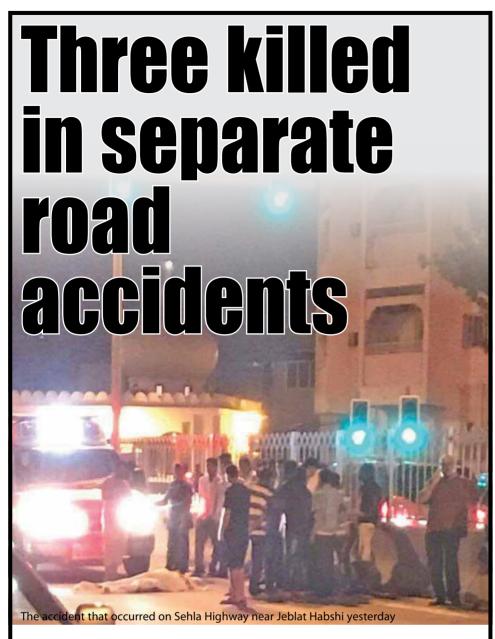
During the launch, Chinese Ambassador Qi Zhenhong said that the book will help better understand China and its views and solutions on global

Highlighting the good relations

Ambassador said: "I hope and believe that the circulation of 'Xi Jinping: The Governance of China' will help further promote mutual learning, mutual reference and mutual improvement between the peoples of our two countries."

Elaborating, Qi Zhenhong said the book will help readers learn about President Xi's propositions and philosophy on regional and international affairs, understand China's sense of responsibility as a member of the international community, appreciate how the Chinese dream and the world's dream go hand in hand, and build the community of shared future for mankind under the principle of "extensive consultation, joint contribution and shared benefits.





Muhannad Mansour/DTNN news@dt.bh

Manama

Three people, a driver and two pedestrians, died in three separate accidents that took place in Manama, Jeblat Habshi and Sanad vesterday.

A Bahraini driver died in the first accident on King Faisal Highway in the northern side of Manama at around 3pm.

According to Interior Ministry, the driver lost control of his vehicle on the lane bound towards

Muharraq, adding that "relevant procedures were taken".

Eyewitnesses told that the man hit a couple of palm trees that are placed in the centre space separating both directions of the highway (to and from Muharraq).

The second victim was a Bangladeshi man who was reportedly crossing Sehla Highway near Jeblat Habshi at around 7pm.

He was pronounced dead on the spot by paramedics, who reached the spot and tried to revive the man and later moved his body. Traffic

police have launched a probe into the incident.

Less than an hour later, Interior Ministry announced the death of another pedestrian on Ĥighway near Istiqlal Sanad.

The ministry said the man was crossing the highway when a speeding vehicle rammed into him. It was posted on the ministry's official page on Twitter that the necessary procedures were taken by the concerned departments. No further details were available on the victim or the driver.



Two sentenced to life for torturing youth to death

Muhannad Mansour/DTNN news@dt.bh

he Fourth Higher Criminal Court has sentenced two Bahrainis to life for torturing a youngster to death on the accusation of being a police informer last October.

The two men were accused of abduction, torture and murder of the alleged police informer.

According to the files of the case, the victim is identified as Sayed Ahmed Sayed Mosa, 18. The victim was reportedly kidnapped from Shakhura village in the Northern Governorate and was later found in Duraz village in the same governorate few days later in a terrible condition.

"Details of the case go back to October 4, 2016, when authorities were informed that an unidentified person was found in Duraz, close to the Post Office Avenue in the

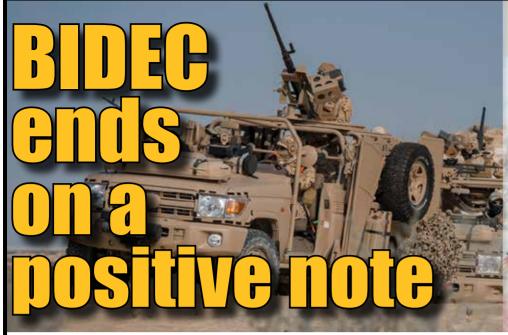
The two men were accused of abduction, torture and murder of Sayed **Ahmed Saved** Mosa who was allegedly a police informer

village. He was unconscious and in a critical condition as he sustained scattered injuries on his body. He was taken to Salmaniya Medical Complex (SMC) and his father could recognise him through a photo posted on social media networks. The youngster remained in a coma for a few days before succumbing to his injuries," the Public Prosecution said in a previously issued statement.

The prosecution explained further, "Investigations showed that one of the suspects, a friend of the victim, was with him on the day of the incident. They were rallying near Isa Oassim's home in Duraz and the suspect lured the victim to the village after plotting with another suspect to kidnap him by another group and question him in a building behind Isa Qassim's home over collaborating with the police to arrest people."

The coroner's report showed that the victim suffered from severe injuries to his brain, lungs, chest, back, abdomen and limbs. The defendants were found guilty for the charges of torturing the victim to death, depriving him of freedom by using force and illegally, stealing the victim's two mobile phones and damaging his properties. Two others involved in the case received different sentences for being underage culprits.





Harpreet Kaur/DTNN reporter@dt.bh

The first edition of the The first cutton 5.

Bahrain International Defence Exhibition & Conference (BIDEC 2017) concluded yesterday successfully with the participation of 189 exhibiting companies from 39 countries.

Held under the patronage of His Majesty King Hamad bin Isa Al Khalifa, the Supreme Commander and chaired by HH Brigadier-General Shaikh Nasser Bin Hamad Al Khalifa the three-day conference that commenced on the October 16 also hosted the Middle East Military Alliances and

Coalitions Conference (MEMAC).

The three-day conference also witnessed various offsite activities like Warship Display at the Mina Salman Port, Parachute Demonstrations at the Endurance Village, Military Vehicle Demonstration at

the National Guard Sakhir, attended the activities," he Shooting Demonstrations at the National Guard Sakhir and Sniper and Night Shooting Demonstration at the BDF range.

Special Force Commander touring the exhibition

"We had almost 9120 visitors from different parts of the world who visited the exhibition to see latest technology and equipment from different defence and military countries," Dr Shaikh Abdulla bin Ahmed Al Khalifa, Chairman of the Board of Trustees at the Bahrain Centre for Strategic, International and Energy Studies "Derasat" and Spokesperson and Chairman of MEMAC Organising Committee told News.

"There were further events taking place around Bahrain where over 1000 people said

IH Lieutenant-Colonel Shaikh Nasser bin Hamad Al Khalifa, Commander of the Royal Guard and President of the High Organising Committee of the BIDEC and HH Major Shaikh Khalid bin Hamad Al Khalifa, Royal Guard's

> Dr Shaikh Abdulla bin Ahmed Al Khalifa also said that MEMAC held on the sidelines of BIDEC witnessed the participation of more than 800 military professionals, strategists, analysts, and representatives from specialised think all over tanks world

> "Further, it was a privilege to have Islamic Military Counter-Terrorism Coalition and Arab Coalition Forces supporting Legitimacy in Yemen, Saudi Arabia as our partners, and we are very glad to sign the \$3.8 billion deal for the purchase of Lockheed Martin's F-16 Block, 70's that we are most likely to receive by 2021," he said.

> Shaikh Khalid Bin Hamoud Al Khalifa, CEO of Bahrain

Tourism & Exhibition Authority told DT News, "The show comes in line with our vision of creating sustainable events and exhibitions throughout the vear."

"This is a huge success for the first edition," he said adding: "There were almost 189 exhibitors, which helps boost the tourism of different sectors in many ways." (See page 21)

Made-in-Bahrain



Air Force official told DT News that the vehicles were two of its most advanced units.

Commenting on the participation, Col. Abdulla M. Al Noaimi of Royal Bahrain Air Force told *DT News* that the Made-in-Bahrain military vehicles are capable of operating 48-hours, without fuel or batteries, on solar power.

"This exhibition not only helps us have a look at the military equipment of other countries but also helps us recognise our military equipment in such a huge and one of a kind of a defence exhibition," he added.



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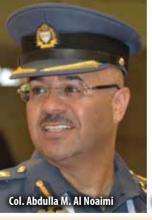
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Shaikh Khalid Bin Hamoud Al Khalifa

BIDEC 2017 success praised

nterior Minister Lt-General Shaikh Rashid bin Abdulla Al Khalifa has congratulated His Majesty King Hamad bin Isa Al Khalifa, the Supreme Commander, His Royal Highness Prince Khalifa bin Salman Al Khalifa, the Prime Minister and His Royal Highness Prince Salman bin Hamad Al Khalifa, Crown Prince, Deputy Supreme Commander and First Deputy Prime Minister, on the successful organisation of the first Bahrain International Defence Exhibition and Conference (BIDEC 2017).

The minister also congratulated **BDF** Commander-in-Chief, Field Marshal Shaikh Khalifa bin Ahmed Al Khalifa, and His Highness Brigadier-General Shaikh Nasser bin Hamad Al Khalifa, the Commander of the Royal Guard and Chairman of the High Organizing Committee of BIDEC 2017. He said the hosting of this major international event by Bahrain reflects the BDF's outstanding expertise and efficacy as well as capability to host and support the exhibition and to coordinate with the various ministries and state institutions. This portrays the Kingdom's potential and expertise in organising high-profile international events as well as its leadership in the field of military industry exhibitions, he added.



an School wins first priz Reading Ch

DT News Network news@dt.bh

Manama

Bahraini school won the Afirst prize of one million US dollar in a regional reading contest held in Dubai yesterday.

Al Iman School Bahrain won the first place in the Arab Reading Challenge 2017, held in Dubai under the patronage of the Vice President and Prime Minister of the United Arab Emirates and Ruler of Dubai HH Sheikh Mohammed bin Rashid Al Maktoum.

The school was honoured and awarded by HH Shaikh Mohammed bin Rashid Al Maktoum. The school came ahead of 41, 000 schools from 25 Arab states. The school's victory comes one year after Bahraini student Walaa Al Baqaali won the third place of the same contest.

King congratulates

On the occasion, Majesty King Hamad bin Isa Al Khalifa sent a cable of congratulations to Education Minister Dr. Majid Al Nuaimi and the school.

HM the King expressed his pride in the excellent achievement by Bahrain's children at the various functions international that confirm their highachievement which is the source of pride for every Bahraini citizen. HM the King affirmed that this prestigious prize reflects the quality of educational services and the effort exerted in stimulating

achievement of highest levels of excellence and creativity in the various fields of school performance.

HM cited the importance of continuous work to upgrade the educational work and to encourage excellence and innovativeness, wishing all educators, teachers and employees of Education Ministry.

Hailed

Deputy Prime Minister and Chairman of the Supreme Council for the Development of Education and Training HH Shaikh Mohammed bin Mubarak Al Khalifa also congratulated the school.

He affirmed that the exploit re-affirms the advanced level of Bahraini students, and their ability to compete at various international gatherings.

HH Shaikh Mohammed also thanked ministry for its efforts that led to Bahrain's achieving leading positions in the International Association for the Evaluation of Educational

Achievement (IEA)'s Trends in International Mathematics and Science Study (TIMSS), citing the IEA's film documenting Bahrain's academic achievements, and showing that the Kingdom has made the highest average achievement increase in mathematics compared to TIMSS 2011, by 45 grades, and making a significant progress in sciences.

He also expressed satisfaction with kingdom's being granted the membership of IEA's General Assembly for its distinguished achievements in TIMSS, Pirls, LaNa and Icls.

HH Shaikh Mohammed also lauded the participation of Bahraini students from technical schools, the Bahrain Training Institute and Bahrain Polytechnic in the skills competition (World Skills Abu Dhabi 2017), held in the UAE, wishing them every success. His statements came during a meeting held with the council members



Bahrain Intl. Music Festival begins today

DT News Network Manama

he 26th edition of the ■ Bahrain International Music Festival will kick off today at the Bahrain National Theatre with "Gala Mozart: Le Concert d'Astree".

The concert to be presented by Festival Aix-en-Provence, will feature the acclaimed French orchestra Le Concert d'Astree

The fest, which will conclude

on October 28, will feature a mix of local and international musical artists and various other music-related activities at various locations across Bahrain, including the Bahrain National Museum, Cultural Hall, Art Centre and Dar Al-Muharraq.

Commenting on the BACA announcement. President Shaikha Mai bint Mohammed Al Khalifa said: "Every year, the Kingdom brings together an exceptional group of musical innovators from home and abroad to engage with the local audience in a language that everyone understands: the language of

"For over a quarter-century, we have been building bridges with one another through the festival, creating a common space for cultural and civilizational exchanges," she









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Joyalukkas celebrates Diwali showroom in Abu Dhabi





COUNTRY/CURRENCI	ES BUY	SELL
AUSTRALIA	0.3027	0.3002
BANGLADESH	0.00048	0.00463
CANADA	0.3068	0.3036
DENMARK	0.0628	
EGYPT	0.0234	0.0217
EURO	0.4504	0.4479
HONGKONG	0.04970	0.04930
INDIA	0.00600	0.00585
INDONESIA	0.00003017	0.00002862
IRAN TUMAN	0.000323	
IRAQI DINAR	0.000304	
JAPAN	0.00352	0.003450
JORDAN	0.5350	0.5354
KOREA	0.00038508	
KUWAIT	1.249	1.249
MALAYSIA	0.0919	0.0916
NEW ZEALAND	0.2750	0.2751
NORWAY	0.0498	
NEPAL	0.00395	0.00364
OMAN	0.98014	0.98301
PAKISTAN	0.00372	0.00358
PHILIPPINES	0.00760	0.00737
QATAR	0.2831	0.10376
SAUDI ARABIA	0.10058	0.10066
SINGAPORE	0.2834	0.8140
SOUTH AFRICA	0.02960	0.02950
SRI LANKA	0.00274	0.00246
SWEDISH	0.0496	
SWITZERLAND	0.3937	0.3907
SYRIA	0.001740	0.0017
TAIWAN	0.013100	
THAILAND	0.011610	0.011600
TURKEY	0.1097	
UNITED KINGDOM	0.5060	0.5031
UNITED ARAB EMIRATES	0.102500	0.102840
UNITED STATES OF AMERICA	0.37790	0.37800
YUAN	0.056800	0.056800

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INTERBANK RATES

COUNTRY	1 US DLR	1 UK STG	1 SFR	100 YEN
BAHRAIN	0.3770	0.5738	0.3865	0.3377
KUWAIT	0.2855	31.8732	0.2927	0.2557
OMAN	0.3849	0.3755	0.3946	0.3448
QATAR	3.6420	3.5528	3.7335	3.2623
UAE	3.6730	3.5830	3.7652	3.2900
SAUDI	3.7500	3.6581	3.8442	3.3590



The showroom was inaugurated by Joy Alukkas, Chairman & Managing Director, Joyalukkas Group in the presence of John Paul Alukkas, Executive Director, Joyalukkas Group; Sonia Alukkas, Director, Joyalukkas Group; Antony Jos, Director, Joyalukkas Exchange; other eminent personalities and Joyalukkas Group Management Staffs.

oyalukkas brings Madinat Zayed residents more reasons to celebrate Diwali, with a million choices in jewellery, a dazzling festive collection, up to 500,000 gold coins to give away and a delightful new showroom at the heart of the UAE capital's western most region.

The showroom in Madinat Zayed, just behind the Gold Souk, opens its doors a day before the main celebration of

Joyalukkas Madinat Zayed

interiors as backdrop to a stunning array of jewellery along with the brand's signature award-winning customer service.

The inauguration, was a festive affair led by local dignitaries, VIPs and chief executives of the Joyalukkas

"The Joyalukkas Group has a lot to be thankful for in 2017," said Joy Alukkas, Chairman and Managing Director of Joyalukkas Group. "We're celebrating 30 years of ornamenting the world, expanding our network

to over 130 showrooms in 11 countries, as well as introducing Kajol as our latest brand ambassador. As a thank you for our loyal customers who've made it all possible, we're giving away up to 500,000 gold coins as gift on purchase this Diwali. At this prime location in Madinat Zayed, we look forward to welcoming residents and offering them the very best jewellery shopping experience the world has come to expect from Joyalukkas."

The Joyalukkas Madinat Zayed showroom showcases

mix of traditional, ethno-contemporary and international influences. It will carry the limited edition Diwali Collection, as well as an exclusive line of Joyalukkasbrands, such as Veda Temple Jewellery, Pride Diamonds, EleganzaPolki Diamonds, Masaaki Pearls, Zenina Turkish Jewellery, Li'l Joy Kids Jewellery, the Apurva Antique collection & Ratna Precious Stone Jewellery, along with renowned names in gold, diamond, precious stones, platinum and pearl

First Saudi commercial flight jets to Baghdad after 27 years

Saudi budget carrier flynas on Wednesday made the first commercial flight from Riyadh to Baghdad since 1990, as ties with neighbouring Iraq show signs of improvement.

"Our first flight took off today from Riyadh to Baghdad," the company wrote on Twitter, posting pictures of the cabin crew and passengers.

Tickets for the maiden flight were advertised for as low as \$7 (six euros) excluding taxes as flynas CEO Bandar al-Muhanna said the move to reopen the route would help



"link the two sisterly countries". Flights between Iraq and Saudi Arabia were suspended some 27 years ago in August 1990 after former Iraqi

president Saddam Hussein

ordered his troops neighbouring Kuwait.

After years of tense relations, ties between Saudi Arabia and Iraq have begun looking up in recent months. Saudi Foreign Minister Adel al-Jubeir headed to Baghdad in February for talks with Iraqi Prime Minister Haider al-Abadi on the first visit of its kind since 2003.

Abadi then visited Riyadh in June, followed the next month by influential Iraqi Shiite cleric Moqtada Sadr, who led a militia that fought against the US occupation of Iraq.

Private carrier flynas, in which Saudi billionaire Prince Al-Waleed bin Talal holds a 34-percent stake, plans to expand its routes from Saudi airports to major cities across Iraq. (AFP)



By Invitation

Qi Zhenhong Chinese Ambassador in Bahrain



An Important Window for Observation and Perception of Contemporary China

Yesterday the 19th National Congress of the Communist Party of China opened in Beijing, At this momentous and auspicious moment, I am honour to introduce the book Xi Jinping, The Governance of China to my Bahraini friends.

China's reform and opening-up have been continuing for nearly four decades and have made remarkable achievements, especially since the 18th National Congress of the Communist Party of China in late 2012. In the past few years, the China's average annual economic growth was 7.2 percent accompanied by 2 percent inflation rate. China made the biggest contribution to the global growth averaging at 30 percent annually during the 2013-2016 period. Such achievements accomplished by China have benefited from the "Chinese road".

The book, Xi Jinping, The Governance of China, expounds China's development ideals and path and domestic and foreign policies, and systematically presents the new governing philosophy and strategies of Chinese President Xi Jinping, responses key concerns of the international community towards contemporary China issues, and opens an important window for observation and perception of contemporary China.

In this book, president Xi Jinping answers these questions: where China has come, where China is going, and what kind of road the people of China will take in pursuit of development. The President

tradition, unique historical mission and complex national condition, and points out that China will inevitably follow a development path that is suitable to the country, or in the words of "wear the shoes that fit". And what fits China is socialism with

Reading this book, readers will also be able to learn about President Xi's propositions and philosophy on regional and international affairs, to know about China's views and solutions on global issues, to understand China's sense of responsibility as a member of the international community, to

appreciate how the Chinese Dream and the world's dream go hand in hand, to participate to build the community of shared future for mankind under the principle of "extensive consultation, joint contribution and shared benefits"

Now with the Arabic and English versions of Xi's book, Arabic-speaking or English-speaking readers can better learn about the dreams and aspirations of the Chinese nation and understand the relations between China and the world. Particularly the book will help Bahraini and Mid-East readers better know China, experience China, and understand China.

China and Bahrain have been enjoying traditional good relations. This cooperation on the social-cultural front also has maintained good momentum of development. I hope and believe that the circulation of Xi Jinping: The Governance of China in Bahrain will help further promote mutual learning, mutual reference and mutual improvement between the peoples of our two countries and bring them more penefits and contribute to the world.

In conclusion, let us continue to work together to outline a new vision and write a new chapter for China-Bahrain relations.

(The views and opinions expressed in this article are those of the author and do not necessarily reflect the policy or position of this newspaper.)

NBB net profit up 7pc to BD49.43m

Bahrain (NBB) yesterday announced financial results for the nine months ended 30 September 2017 reporting a net profit of BD49.43 million (US\$131.46m) compared to BD46.21m (US\$122.90m) for the corresponding period of the previous year, an increase of 7.0 per cent. Earnings per share (EPS) for the period was 39.2 fils, compared to 36.7 fils for 2016.

During the nine months period, the bank achieved an operating profit of BD55.77m (US\$148.32m), an increase of 11.3pc over BD50.13m (US\$133.32m) achieved during the same period of 2016.

The bank said it set aside BD6.27m (US\$16.68m) as impairment provisions during 2017 due to financial difficulties faced by some borrowers and the resultant inability to meet their obligations.

Net Interest Income was BD54.03m (US\$143.70m) for 2017 compared to BD48.67m (US\$129.44m) for 2016. The increase of 11.0pc is attributable



Khalil Farouk Yousuf Almoayyed, NBB Chairman

to growth in earning assets and better asset liability management resulting in a strong improvement in the net interest margin.

For the third quarter of 2017, NBB recorded a net profit of BD17.69m (US\$47.05m) compared to BD14.49m (US\$38.54m) for the third quarter of 2016, a strong increase of 22.1pc.

Commenting on the results, Chairman Farouk Yousuf Khalil Almoayyed said, "We're extremely pleased with the strong results and growth in profitability that the Bank has delivered.

Jean-Christophe Durand, Chief Executive Officer, said, "The third quarter of 2017



Jean-Christophe Durand, NBB Chief Executive Officer

saw strong improvements in profitability. This can be attributed to a number of key factors including increased interest margins importantly, growth in the underlying business building on our strengths and pursuing effective diversification."

Total earning (comprising of Treasury bills, Bank placements, Loans & Advances, Securities and Investment in Associates) was BD2,865.74m (US\$7,621.65m) as ''at 30 September 2017 compared to BD2,716.47m (US\$ 7,224.65m) as at 30 September 2016. Loans & Advances grew by 12.1pc to reach BD1,147.80m (BD 3,052.66m) during the same period.



Notice

With regard to Complete Cessation of Business & Liquidation of

Tukiye Finans Katilim Bankasi A.S. - Foreign Branch, Wholesale Banks (Branch-Islamic Principles) CR No. (93974)

As per Article 50 of the Central Bank of Bahrain and Financial Institutions Law promulgated by Decree No. (64) of 2006, Tukive Finans Katilim Bankasi A.S. -Foreign Branch - Wholesale Banks (Branch-Islamic Principles), registered under C.R. No. (93974) (the "Branch"), hereby declares its intention to completely cease business in the Kingdom of Bahrain and enter into voluntarily liquidation and thus has appointed KPMG Fakhro as its liquidator in accordance with the Commercial Companies Law promulgated by Decree No. (21) Of 2001.

Accordingly, the liquidator hereby announces that the authority of the managers of the Branch is terminated, pursuant to Article (325) of the Commercial Companies Law and further to Article (335) of the same Law. The Liquidator notifies all creditors to submit their claims along with the original supporting documents within 30 days from the date of publishing this notice to the following address:

Turkiye Finans Katilim Bankasi A.S - Bahrain Branch Office 3501, road 364, block 316, Manama Center, Kingdom of Bahrain Tel.: +973 17228352

Email: TFBahrain@turkiyefinans.com.tr

Written representations concerning the cessation of business of the above-mentioned Branch may be submitted to Mr. Fahad Yateem, Acting Director -Islamic Financial Institutions Supervision Directorate at the Central Bank of Bahrain within 30 days from the date of publishing this notice to the following

Central Bank of Bahrain: P.O. Box 27, Diplomatic Area, Manama, Kingdom of Bahrain. Telephone No. 17547444 or t 7547429 and Fax No. 17537554.



KINGDOM OF BAHRAIN Ministry of Works, Municipalities Affairs and Urban Planning

SANITARY ENGINEERING OPERATIONS AND MAINTENANCE DIRECTORATE-WORKS

The Ministry of Works, Municipalities Affairs & Urban Planning would like to announce the following tender:

TENDER TITLE	TENDER NO.	INITIAL BOND (BD)	TENDER DOCUMENT FEE (BD)	TENDER BOX CLOSING DATE/ TIME
SERVICE FOR MAINTENANCE OF PROCESS AND SERVICE AIR COMPRESSOR AT TERTIARY TREATMENT PLANT, TUBLI WPCC (LOCAL) PROJECT NO.: SES-17-34-501	SES-17/0001	1,000/-	25/- Non- Refundable	Wednesday, 13 th December 2017, 1:30 PM

- NOTE: Now you have the choice to buy the tender documents online through the Bahrain Tender Board e-Tendering System (https://etendering.tenderboard.gov.bh) by using Credit cards or to the cashier at the Financial Resources Directorate at the Ministry (3rd Floor New Building), who will issue a receipt in duplicate.

 Tenders are invited for this project from qualified Contractors registered with the Cost Engineering Directorate in the Ministry for Sanitary Engineering Works or having Bahrain Commercial Registration in the relevant field for the above tender. The tender documents for the above shall be downloaded online through the Bahrain Tender Board e-Tendering System mentioned above starting on Thursday, 19th October 2017. For further information, please contact Tel. 17545184.
- The works comprise of the SERVICE FOR MAINTENANCE OF PROCESS AND SERVICE AIR COMPRESSOR AT TERTIARY TREATMENT PLANT, TUBLI WPCC as detailed in the Tender Documents.
 Interested Tenderers should comply with the Legislative Decree No. 36 and 37 of 2002 with respect to Regulating Government Tenders and Purchases, and also to comply with the Prime Minister's Resolution No. 40 for 2015 giving priority to National Products and products at GCC Countries.
- The Tenders must be deposited in the tender box provided in the **Tender Board's Offices at Arcapita Building 551**, **Ground Floor, Road 4612**, **Block 346**, **Bahrain Bay, Manama, Kingdom of Bahrain** as per the above
- Tenders shall be submitted in two (2) separate envelopes, i.e. Envelope A Financial Proposal and Envelope B Technical Proposal. The Technical Proposal shall not contain any financial information.
- Tenderers are to supply copies of the following:
- Original Initial Bond, Company's Commercial Registration (CR) indicating the tenderer's relevant field/trade, valid certificate of compliance with employment percentage of Bahraini Manpower and Form No. TB-02 valid certificate of compliance with employment percentage of Bahraini I without mentioning the amount in the **Technical Proposal (Envelope B)**.
- Copy of Initial Bond, Company's Commercial Registration (CR) indicating the tenderer's relevant field/trade, valid Certificate of Compliance with Employment percentage of Bahraini Manpower, and original total tender sum as well as cost per unit (as the case maybe) written and submitted in form TB 02; all in the Financial Proposal (Envelope A).
- 3. Any other items listed in the Instructions to Tenderers.
- 4. All submitted documents (original or copy) should be stamped with company stamp
- Tenders shall remain valid for 180 days from the closing date and Initial Bond should be enclosed for the amount specified above in cash or in a form of certified cheque or bank / insurance company guarantee, valid for the duration specified in the tender documents and should be enclosed with each tender.
- Tenders not complying with the above conditions and requirements as well as terms and conditions mentioned
 in the tender documents will be rejected.
- This advertisement should form part of the Tender Documents.



Zallaq to be home to a unique retreat

Al Zallaq Real Estate Company yesterday announced the launch of Zallaq Springs, a unique retreat destination in the Southern Governorate, at a press conference held at Sofitel Bahrain Zallag Thalassa Sea & Spa.

First of its kind

The project spread across an area of 25 338 m2, with a spacious car park, and inspired by ideas of international atmospheric spaces including the Japanese Zen gardens, will be developed to be the first of its kind botanical garden in the

The project includes water springs, 10 restaurants and coffee shops surrounded by manmade ponds that cover 3399 m2.

Key features

An avant-gardeCentral point for everyone to meet, relax, eat, socialize

An environment that houses an astounding 3,342 aquatic plants, 3699 shrubs, and 110

Presence of locally bred birds, nurtured and preserved by Al Areen Wildlife Park and Reserve, such as flamingos, ducks, and swans.

Cycling routes

The project aspires to provide a platform for athletic communities to retreat to a sanctuary beside their cycling routes, away from the hustle and bustle of city life. The property would include special cycle parking stands for cyclists; with exclusive shower rooms for them to freshen up and rejuve-

Home to cultural events

Zallaq Springs intends on becoming home to cultural events and social activities in the Kingdom, including diverse events for families and children, and similar occasions aimed at bringing people together to unwind within a meditative and

of His Majesty King Hamad bin Isa Al Khalifa, His Royal Highness Prince Khalifa bin Salman Al Khalifa, the Prime Minister, and His Royal Highness Prince Salman bin Hamad Al Khalifa, the Crown Prince Deputy Supreme Commander and First Deputy Premier; the Kingdom of Bahrain has always been focused on developing strong relationships with communities and integrating them into a positive familial lifestyle. We are proud to carry this vision forward with developments such as Zallaq Springs that appreciate the value of our indigenous habitats of flora and fauna and promotes Bahrain as a tourist oasis while further developing the Southern Governorate as a touristic destination. Zallag Springs has been conceptualized to bring families and communities of all age groups together, as they reflect, relax and rewind,"

"Under the vision

Shaikh Khalid Bin Mohammed Al-Khalifa.

The Gardens at Zallaq'

Zallaq Springs is an open meeting point that lies adjacent to a breathtaking residential community 'The Gardens at Zallaq'. The Residential Compound comprises of 28 aesthetically designed state of the art villas equipped with a swimming pool and jacuzzi, 18 carefully crafted townhouses and a total of around 300 residents. The compound also houses a clubhouse with many community-sporting facilities such as a squash court, swimming pool, and a fully equipped gym



The press conference was led by three main speakers : Shaikh Khalid bin Mohamed Al-Khalifa, CEO, Al Zallaq Real Estate Company; Shaikh Salman Bin Khalid Al-Khalifa, Chief Operating Officer, Al Zallaq Real Estate Company; Fahad A. Rafeea, Deputy CEO- Head of Leasing, Al Zallag Real Estate Company.

BIW appoints new director

Bahrain Investment Wharf (BIW), a US\$1.3 billion model mixed use industrial park, announced the appointment of Abdulla Alabbasi as Director -Technical Affairs for the project. Alabbasi comes to BIW with a Governmentbased background in the industrial sector having served

for a number of years within the Ministry of Industry, Commerce and Tourism's Industrial Areas directorate, Technical Affairs section. He further contributes over seven years of engineering experience as well as exposure to the fields of urban planning, project management, and construction within real estate. Abdulla Alabbasi





Manama

Batelco Gr announced Group has the appointment of Mohamed Bubshait as Batelco Bahrain's Chief Executive

Bubshait joins Batelco from the Bahrain TRA (Telecommunications Regulatory Authority) where he held the role of General Director. His career in the communications industry spans several years, including a number of years in senior roles with Batelco prior to joining the TRA.

Bubshait brings a wealth of knowledge and relevant



Batelco Chairman Shaikh Mohamed Bin Khalifa Al Khalifa

experience that will be invaluable as Batelco continues its evolution as the leading digital solutions provider in the Kingdom of Bahrain. Batelco

Chairman, Shaikh Mohamed Bin Khalifa Al Khalifa said that he welcomed Mohamed to Batelco Bahrain and looked forward to working alongside him to ensure the delivery of Batelco's future goals.

"Mohamed has shown excellent leadership skills directing operations in his previous roll. He has vast experience in the communications industry and his knowledge and wide skill set will be invaluable in addressing the many challenges that Batelco Bahrain faces in the rapidly changing communications landscape, he said.



The health and medical services sector committee of the Bahrain Chamber of Commerce and Industry (BCCI) presided over by board member Adel Al A'ali held at Bait Al Tijjar a forum on the impact of implementing the National Health Insurance Scheme on the private sector. Participants expressed concern about the scheme and its outcomes. They underlined the importance of having access to detailed information about the scheme prior to its implementation so as to allow relevant bodies ample time to prepare and adapt. Participants also expressed concern about the possible negative outcomes, key among which turning the health sector into a for-profit-sector, and the wavering or decline in the income of local doc-

Weekender

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Oct 19-25, 2017 Because every week deserves a happy ending.



BREAST CANCER AL-HILAL HOSPITAL & MEDICAL CENTERS

BAHRAIN TAKING NOTICE OF THE 'BILLION-DOLLAR' GAMING INDUSTRY

GN Convention Bahrain, an International Exhibition specialized in pop-culture, is coming back for the 5th time. And it is a solid platform that provides much more that just cosplays and gaming tournaments.

John Kilmartin, The Executive Director ICT at the Economic Development Board (EDB), has said that the EDB is keen on supporting conferences and events that attracts companies and create opportunities to the Kingdom's private sector. "The net worth of the gaming market in the gulf region is estimated at \$1 billion and is likely to witness more growth. This enables the Kingdom to benefit from the increased demand to attract companies specialized in the field to operate from Bahrain." The IGN serves as a strong platform for companies to come and showcase their gaming potential and added benefits to the Bahraini economy.

Tarteeb Events will host the exhibition on October 20 and 21 at the Bahrain International Circuit. They have announced a number of fun activities and competitions such as the annual Cosplay Competition, and several well-



known Video game tournaments such as FIFA, Overwatch and Street Fighter. They will also be hosting the fanastic experience FACTORY-13 for one more year, and numerous Gaming tournaments such as FIFA, Call of Duty, Overwatch, Nintendo Switch games, and the well-known mobile application game Clash Royale tournament. The Event will also feature a host of interactive games both Indoor and Outdoor, live on stage concerts, Cosplay competitions, aside from hosting a line-up of world-renowned celebrities including PilouAsbaek, who played the role of Euron Greyjoy in the most watched television series Game of Thrones, the professional American wrestler Oscar Gutierrez also known as Rey Mysterio, and the well-known Japanese influencer Shams Oamar.

Get your tickets: Tickets are sold at BD 8 for one-day access, BD 12 for two-day access, and BD 50 for the VIP access and will be available for purchase at selected stores like Virgin Megastore (City Centre Bahrain), Euphoria (Seef Mall), AlTuraiki Technology (Riffa), among others.

Preparations kick-start for National Day Festival!

ith the support of His Royal Highness Prince Salman bin Hamad Al Khalifa, Crown Prince, Deputy Supreme Commander and First Deputy Prime Minister, Bahrain International Circuit (BIC) has begun its preparations for this year's BIC National Day Festival.

This highly anticipated and massive event is scheduled to take place from December 14 to 17 at "The Home of Motorsport in the Middle East" in Sakhir. It is the Kingdom of Bahrain's biggest and most spectacular celebration, marking both Bahrain's National Day and His Majesty King Hamad's accession to the throne.

The festival is being organised by BIC for the fifth successive year, and each time it keeps growing in popularity and attendance. Set to be a part of the festivities are a full shopping experience, corporate exhibition space, children's activities and a play area, cultural and musical performances, food and beverage outlets, concerts by major regional artists, and so

For more information, visit ww.bahraingp.com



All set for the biggest party?

rom what started out as a class project during their high school days, Sponge Cola has grown into one of the Philippines' premier bands, entertaining audiences both locally and internationally, and becoming staples in the Philippines' entertainment industry.

Now they are all set to rock the Bahraini audience! Gulf Brands

International proudly presents Rockrakan Todomax Party 2017, Sponge Cola Live in Bahrain, Concert for a Cause.

The band's achievements include more than 30 awards with certified gold, platinum, and diamond albums since the start of their career in 2003. This 2017, the band geared up for new material with EP released mid-year. Currently, their single "Bahaghari" (Rainbow) made history as the First Filipino Song to make it to Magic 89.9



Philippine Radio Station's Hall-of-Fame. Organized and produced by Delmon for Artistic Production, the event is powered by DT News, Weekender, OSN, Aksyon TV5, Kapatid TV5 and Music & Lights WLL .It will be held at the Crowne Plaza on November 18 from 5pm-2am. Popular local bands and Pinoy DJ will also perform in the event.

Aiming for the Guinness Record is fascinating to look into how art is able to

get so much conveyed in its aesthetic sense. Weekender recently spotted something very creatively being constructed at the Ramli mall and upon inquiry, learned of how the talented artist Jincy Babu is commemorating the International Day of the Girl Child and the United Nations Day, with a 3D chalk art creation of great magnitude. She is attempting for a Guinness record for the largest 3d chalk painting with her intriguing creation, which she has been working on for days. Speaking to Weekender, she told of the concept: "It is basically a refugee girl holding the earth in her hands and she is surrounded by 6 of the 17 Sustainable Development Goals (SDGs) of the United Nations. What I wish to help this girl to stay afloat who will protect the Earth







Eating Out

WHAT:LEVANTINE FLAVORS AT REEM AL BAWADI WHEN: OCTOBER 1, 2017-NOVEMBER 30, 2017 WHERE: REEM AL BAWADI

Trying out on flavors, one desperately wants to, and getting to binge on that, is nothing but pure happiness. Reem Al Bawadioffers one an opportunity of indulging in Lebanese and Middle Eastern cuisine and this is one opportunity for exploring how delicious they can taste.

WHAT: AFTERNOON TEA WHEN: FROM 3PM- 6PM WHERE: GALLERY CAFÉ, ADLIYA

Gallery Café is a chic dining destination where diners will be treated to a stylish afternoon tea, that is complemented with a delicious nibble selection that will satisfy with the savory tooth as much as the sweet one. Give your afternoons a luxurious and delectable ambience

WHAT: IT'S TIME FOR A BREAK!
WHEN: ONGOING TILL DECEMBER31, 2017

WHERE: AL ANDALUS LOUNGE, GULF HOTEL BAHRAIN CONVENTION & SPA

Being treated royally with exotic dishes, and ornately decorated tea sets, possesses the quality of making one fall in love with restaurants, and the food they offer. Andalus gives one a five star treatment, where one can binge on different items royally, and feel 'ROYAL', at the end of the day.





FOREVER HOME HOPEFULS Ready to take them.



Every week, Weekender, in collaboration with the Bahrain Society for the Prevention of Cruelty to Animals (BSPCA), will showcase two adorable fur babies from BSPCA who are on the lookout for a forever home. Let's make this world a better place by adopting, not shopping. Call 17591231 or visit the Animal Welfare centre to know how you can take one home today! For more updates, follow @BSPCA on social media.

PANDA

TYPE:DOG BREED: MIXED COLOUR: WHITE WITH BROWN SPOTS SEX: FEMALE AGE: APPROXIMATELY 2 AND 1/2 YEARS

When it comes to playing and bouncing around Panda is the ideal dog. Panda has been with us since February 2015 and we wonder when a good home and friend will come along to accommodate her! She's such a great, fun girl! Panda is neutered, tick treated and fully vaccinated.



MARTINA

TYPE:CAT BREED: DOMESTIC LONG HAIR SEX: FEMALE AGE: 2 AND 1/2 YEARS

Martina is quiet and enjoys her spending her time lounging in the sun. She would be good to have around the house as a lap cat while you watch TV. Martina has that soft and fluffy fur that everybody seems to want when it comes to cats. Martina is neutered and fully vaccinated.





Night Out

WHAT: PORTRAITS IN KHALEEJI RHYTHMS & JAZ

WHEN: OCT27

WHERE: CULTURAL HALL

Tarek Yamani and his ensemble perform music from their latest album Peninsular which explores the musical various rhythms found across the Arabian Peninsula from a unique and totally new perspective. The performance will feature a special guest appearance by Yemeni singer Adil Abdallah.

WHAT: TANGOMOTAN QUARTET

WHEN: OCT20

WHERE: CULTURAL HALL

Varied origins, experiences and influences of the band members seamlessly combine to form a marvelous mix of melancholy, vehemence and sweetness that add to the living history of deeprooted Argentinian Tango genre.

WHAT: DAR AL MUHARRAQ WHEN: OCT21 & OCT28 Where: Dar al Muharraq

Two performances highlighting the various styles of the uniquely Bahraini Fjiri tradition, a mystical genre that traces its roots back to the island's glorious legacy of its world-famous pearling heritage.

WHAT: 40 RULES OF LOVE WHEN: OCT22 WHERE: CULTURAL HALL

An musical adaptation of the famous novel of 40 Rules of Love by Elif Shafak and presented by the Modern Theatre Ensemble from Egypt which follows the journey of faith of the novel's two main characters, Jalal al-Din al-Rumi and Shams al-Din Tabrizi.











THE BAHRAINI WHO EMBRACED 'KATHAK'

lassical dancing is like being a mother: if you have never done it, you can't imagine how hard it is.' This quote by Harriet Cavalli, gives a fine perspective over the many layers of depth that this form of dancing provides.

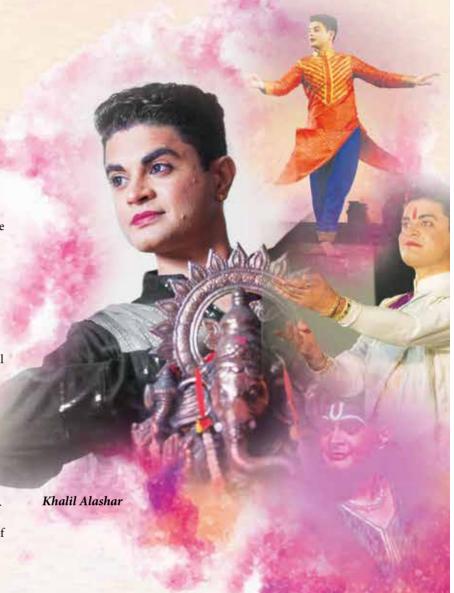
"Classical dancing is not a dance form for me. It is a gateway to happiness and understanding the world from a finer perspective, that to achieve you dreams, one needs to work hard and not give up, irrespective of how difficult it may seem," says Khalil Alashar, who is the only Bahraini Kathak professional in the whole world, and is continuing his journey of entertaining people, and making them fall in love with dance. Having started learning at the age of 17, he has worked extremely hard in excelling every move and step of this form of art. "When I began learning, I had no idea that many start their formal training by the age of 2 or 3. Only, when I was told by my dance master, Prachi Dixit, I realized that the seed of inception in every form of art, started at an early age. When I got to know this, I worked extremely hard in mastering the moves of Kathak, and proving people, that there is no age bar for a person to learn what they desire of mastering," adds Alashar.

Taking a different road

Not everyone will welcome the idea of absorbing the art and culture of a country; you have no relation with, and have no knowledge about. The dance exponent says, "Being a graduate in Political Science from the US, and coming from an academically inclined family, where my siblings are in a good post, naturally it was expected that I too would follow the league, and take up a well-paid job. When I expressed my desire of becoming a Kathak dancer, my parents did not approve of it, as they were not aware

about India, and its culture. But, I worked really hard in proving them my talent, and convincing them, that there is no life for me without dance. It was difficult, but I am happy, that I am getting to do something that I love." Having travelled extensively to Ahmedabad, Orissa, Delhi, Kolkataand other states, for his training and performance, he is in awe with the culture and tradition of India, and feels proud to have mastered the form, whose seeds of germination are sown in India. He says, "I will say, Kathak came into my life, as I had no idea about other classical forms. There was a nice theatre in the US which advertised about Indian classical dance performance. I had heard about Bollywood dancing, but never about this form. When I attended, I was completely in awe of the moves and twists, and fell in love with the culture of India, and that is when the journey of Kathak started. I would say, I did not find Kathak, Kathak found me.

Khalil's first performance was at Bahrain Keraleeya Samajam in the year 2012, and the feeling of being recognized as the only individual representing 'his country', makes him feel proud and being on top of the world. Having been conferred the tag of only Bahraini Kathak exponent in the whole world, he is speechless with the recognition he has achieved. Not every one's dreams come true, but sticking to your guns, and having belief in your abilities, makes even impossible possible. "The ability to stand up and ask for what you want goes a long way in building your self-esteem, and knowing that your life is incomplete without your dreams. For me, Classical form of dancing will be a lifeline for the rest of my life, and making a career out of this is nothing but a blessing," signs off Alashar on a high note.



Striding to fight the beast

ctober, dedicated to Breast Cancer Awareness, has been in full swing in raising awareness through every possible initiative, and has done exceedingly well, in making people more conscious about their health and their lifestyle. Bahrain Cancer Society, organized a walkathon at Bahrain Bay, which got tremendous support from the masses, and witnessed the crowd gather, and walk with zeal and enthusiasm, giving a strong message, that they have joined hands in evading this deadly disease, and feeling the pain of the patients, who are afflicted by this. "We have gathered over here to sweat out and feel the pain of what the patients go through while undergoing chemotherapy. Covering 4.5 km, gives us a feeling of pride, that we are able to support this cause, and taking care of our health by walking, makes us glow, that we are working hard to evade this issue," says Nujabah, student at Al Hijaz school.

"It has been five years, since I have been associated with the cancer society. I am

a cancer survivor, and it feels great to overcome this dark phase. I have become more conscious about my health, where I am eating healthy, and exercising, and I urge everyone out there, to stop being lazy, and be more attentive to their lifestyle, because when health is lost, everything is lost," Shama K. said to Weekender.



A first of its kind collaboration

n arts platform focused on recruiting talent from the MENA region, 55 Old St. announced their collaboration '55 Old St x Too Far Co. Art Collab' during the launch of their first project.

With its eclectic culinary experience, 55 Old St. joined forces with Too Far Co., a local arts platform and consultancy,to support emerging local talent through open and inclusive arts programmes, bringing new experiences to the heart of the art and food scene in Block 338. The unique collaboration kicked off its first culturalexhibition hosted at 55 Old St titled 'Poster Project', which celebrated the works of Bahraini artists Jenine Sharabi and Aysha Al Moayyed, both known for their craftsmanshir and ingenuity, utilize modern and contemporary aesthetic in their artwork.

The Poster Project provides a young and fresh new opportunity to experience art and design, with the intention to initiate an open call for emerging and future creative talents in Bahrain and become a platform for them to showcase their

work in the Kingdom. Planting a piece of East London scene into the cultural heart of Bahrain, 55 Old St. is a café with an emphasis on being a social space. A high end casual/all day dining concept, 55 Old St. serves a full and seasonal menu with speciality in coffee, sandwiches and pastries. Delivering on its promise of being a social space, 55 Old St. has a dedicated area on its first floor designed with the intention of hosting cultural and social activities.



e torgotten

Santhosh Rajendran

ending a handwritten letter to our loved ones has become a thing of the past as it heads towards extinction. Yet in a world that is very much dominated by emails and Whatsapp, getting a hand-written note is a welcoming and emotional feeling of acceptance.

As the world celebrated the International Post Day recently, Weekender visited the Post Museum of Bahrain, situated near the Bab Al Bahrain, adjacent to the police station. The establishment of postal services in Bahrain started in the year 1884. But the mail processing was very lengthy as it would take weeks and months for a letter to be delivered. Mails were often shipped on boats travelling from Bombay to Basra and then to Bahrain.

a steamship line between India and Arabian Gulf states which regularized the postal service in Manama. Later

But, the Indian government during 1912 introduced on, due to the rise of

outgoing and incoming letter, the postal operation widened to Manama and Muharraq. In 1950 a third post office was opened in Awali, which served as an independent office for BAPCO. Since 1965 the government of Bahrain assumed full control over the stamps and postal service and the stamps carried portraits of Bahrain rules with an inscription of "Bahrain" In 1973, Bahrain joined the universal postal union, and in 1977 Bahrain became a founding member of GCC post. In 1986, Bahrain post joined the Arab postal union and by 2002, the postal directorate expanded with multiple offices, at different locations. At a time, where post offices and letters are dying out by the instantaneous flow of internet based messages, there are still a few who love to collect stamps and preserve them as a treasure that could one day yield unlimited fortune. Hafedh Abdulghaffar was one among them who got introduced to the world of philately right from his school days in 1980s. As long as he can remember, he had been collecting stamps. Mr. Abdulghaffar, who is nowadays media secretary at Bahrain Philatelic Society believes that stamps represents the country's history; he has been the commissioner for Hong Kong International Stamps Exhibition 2015, and has participated in Sharjah stamps exhibition 2016. "For me collecting stamps is a passion which is driven by the quest of acquiring knowledge about the culture and tradition of other countries. I consider stamps as a formal representative of their countries. They reflect the information about the nations worldwide and throughout the globe. In the same time stamps are opening new horizons of entertainment and communication among the collectors all over the world", he elaborated to Weekender

When asked about the importance and role of posts, Mr. Hafedh Abdulghaffar who works as Chief Editor of his quarterly (Antique magazine) said that in his impression letters have their own space in the

world of communication. It has a personal touch and a feeling of intimacy. "Letters will have a prominent status throughout because during the correspondence, the collectors or the receivers find a unique touch of love and acts as a token of affection. Speaking about his future plans, Mr. Abdulghaffar said, "I am planning to attend a training workshop in Netherlands next December which will focus on stamps security printing and designing and it will be attended by stamps collectors from all over the world." Inspiring his cousins and friends into philately, he said that the real challenge for a stamp collector is the preservation and the patience in collecting. He believes that the real challenge is the

patience in following up all the latest about the new editions of stamps being issued, besides the first day covers.



MERICANS TAKE ON INSHALLAH

Hey Anoud, am I going to see you Friday?" "Inshallah." "... so is that yes?" "Inshallah."

Americans are very confused by the concept of Inshallah. Well, more specifically, bemused by our simplistic understanding of "inshallah time." In a culture dominated by timetables, schedules, and the ever important deadlines, we just don't get it. Not that inshallah time is unique to the Arab world- while living in Paraguay, it took me a solid two months to be fully admonished into accepting the concept of "tranquilo," of sitting back and enjoying life in the moment. Culturally, I would say Americans have a lot to learn about not rushing through sunsets. Instead of being taught to appreciate the beauty of a crystalline heartbeat, we are taught to "achieve" and "make things happen."

As specifically regarding the punctuality aspect of "inshallah," well, I would argue there is room to meet in the middle. Sometimes deadlines actually do matter (yes, I have literally run through airports to catch flights), but more often we need to place more value on truly being with the people around us instead of watching the clock. Now, savvy Westerners may come to appreciate the flexibility of the Inshallah answer. One can easily avoid embarrassing the host with a flat out demurral. But this more cynical approach again escapes from appreciating the concept, of the utter acknowledgment that we do not control

There are many reasons Americans could shy away from this- our national attribute of do-it-yourself individualism, for one, or a much more personal vice governmental role in religion. When considering opportunities, we tend to forget the many advantages being born into one society vice another affords. Whenever pride gets in our way, puffing up anyone with self-importance,



simply voicing "inshallah" can be a useful reminder- there are so many circumstances in life we truly do not control, so many undeserved blessings.

A brief jump into a treacherous pool of metaphysics, perhaps, but also a good thought to consider the next time you promise your coach to learn not to foul... inshallah. Or yes, we are definitely going to learn to cook better, to do our homework sooner, to mind our tongues... inshallah. It's an easy term to abuse, to laughingly transmit our disbelief in the likelihood of something actually happening (sorry coach!). And again, regarding "inshallah time," recalling Americans' addiction to punctuality may aid in smoothing over relations. But still... it's a powerful concept, and maybe one every individual can learn to appreciate





When it comes to looking our absolute, glamorous best, we are spoilt for choice as we hit the malls. The endless brands can seem intimidating and shopping sometimes becomes a humdrum affair. Alas, Weekender has yet again come to the rescue to make your shopping a pleasant experience - we have decided to browse through the most popular and in demand beauty picks, setting the battlefield between two brands you can choose from, having a final verdict on which you should give the cold shoulder and which one should be going home with you. Let the beauty wars hegin! This week:

BODY SHOP FLORMAR

ur face is the index of the mind, isn't it? Who does not love their face to be blemish free 24x7? Who does not wish their eyes to glow, irrespective of how late they work or strain themselves? The stress one has to face or faces every moment and second, owing to the unhealthy lifestyle and working condition, one is bound to develop dark circles under their eyes, dark spots on their cheeks coupled with a few pimples. In such a case, adopting a healthy lifestyle, and indulging in healthy stuff goes a long way in keeping one beautiful and positive. But, when in such cases, make up becomes the savior, what more can a person ask for? With a list of brands that have come out, which guarantee of giving one the best of the looks, trusting the one, that will keep the skin fresh till the end of the day, is a big challenge. But, the ability to trust solely lies in our experience, isn't it?

Team Body Shop
One of the best and extremely popular, one is bound to come across this brand, in airports, and rich areas, owing to the big name it owns. Body cream, lotion, beauty oil, and what not has it come up with? The ability to keep the skin fresh and healthy till the end of the day is nothing less than



a blessing. Presence of natural elements, is one reason which adds more shine and vigor to the skin, thus keeping the look attractive. The Body Shop Concealer, which is dermatological tested, blends easily and is perfect for blemishes, proves to give one the best time of their life. Starting at BD 6, one can get hold of this at Body Shop itself, which one can find mostly in airport, and this is one such product, nobody would regret incorporating in their life.

Team Flormar

One of the most authentic brand, what not has flormar done in keeping our skin fresh and good looking? Flormar Concealer is nothing short of a blessing, as it covers blemishes, dark circles, and dark spots, which act as a hindrance to our beauty. Rich in jojoba oil, it protects the skin against early aging, and gives the skin a smooth look. Starting at BD 4, one can get hold of this at malls or order online, and including flormar in your make up kit, is a decision you will love for the rest of your life.



New Perfumes Launched

sitors at Seef Mall recently witnessed The Seef El Classico event powered by Al Hawaj, on the special launch occasion of the official FRAGRANCES from two of your favorites soccer teams, REAL MADRID & FC BARCELONA. The event was organized by the fans association of both teams, Seef Mall and Al Hawaj Group. This live experience brought to the mood of El Classico penalty shootout wherein fierce rivals REAL MADRID & FC

BARCELONA fans met for a challenge heads on. During the event, Al Hawaj also launched the Perfumes of both the teams, REAL MADRID & FC BARCELONA, and fans got an amazing opportunity to buy the fragrances at a special price as a launch offer and for being part of the grand gala event.









Simply answer the following question and send your entries to editor@weekender.bh by Oct24.

- How many band members does Sponge Cola consist of?
- Which single from the band has made history as the First Filipinao Song to make it to Magic 89.9 Philippine Radio Station's Hall-of-Fame?

Winner will be contacted. Good Luck!

Artist Managed by Leyan Events

ROOM 32 FUCHSIA





MPLE MINDFULNESS



often find ourselves overwhelmed by life's stresses. Let's face it. Life is tough, we must learn to adapt and survive constantly. Our mind is inundated with information, news and decision-making. We force ourselves to subdue our emotions and bottle them up creating a physiological environment that is ripe for disease. Our urban disconnect from nature makes it even tougher to deal with these issues. We develop unhealthy coping mechanisms like binge eating, smoking, shopping, substance abuse, violent behavior and so many others, which we don't consciously recognize until they show up as health disorders, huge credit card bills or injury.

As overwhelmed as we may be, we manage to survive. Humans are built tough and we have a phenomenal capacity to crunch stress. But just like any mechanism, we need to rest, recover and reorganize.

Mindfulness is the process of shining the light of our awareness internally so that we may reconnect with all our ability and potential. Mindfulness is the first step in taking control of our lives and breaking the chains of unhealthy habits. It is a simple act of observing the world around us and inside us. Simply put, mindfulness is the ability to delay your reaction long enough for you to contemplate and respond. It is the difference between an impulsive action vs. a well considered response. So the next time you feel an impulse to act angrily or a craving to eat unhealthy or to pick up a cigarette, try to delay that action by a few seconds. Allow yourself a moment to think, "Is my reaction necessary? Have I thought it through?" At the end of that you will have your response ready rather than a regrettable reaction. And all it takes to create this space between reaction and response is one breath. Take a deep inhale and let it out with a powerful exhale. Try it right now. One breath is all it takes to ground you to your inner peace and calm everything down. It gives your mind a chance to access it's intelligence rather than relying on animalistic instinct. You may end up eating that candy bar or lighting another cigarette or buying that shirt you don't need, but this time you did it with your mind involved. And that is what mindfulness is about. It is the act of involving the conscious mind in all our actions. Once we do that, we begin to understand what drives those actions.

Once we understand them we can engage with them on a conscious level and once that happens our conscious mind becomes an active controller and decision maker. So here are some simple tips on how to improve your mindfulness.

- Sit in a comfortable place and observe your thoughts. Try not to move from your position for at least 5 minutes.
- Every time you feel agitated, take a deep breath and follow the breath as it goes in to your body and comes back out.
- If you can go 5 minutes without moving, increase the time you spend in this mindful meditation by another minute. If you couldn't do 5 minutes, it's ok. Try again the next time.
- Do this ritual once a day at least, best before bed-time.



SINCE YOU ASKED...



I am going to remove my happy face now!

I have been following your column for a long time as it helps me a lot in gaining perspective. I have been meaning to write to you for a while as well. With an extremely lifestyle that involves 3 kids, a full-time job and lots of household work, I get anxiety attacks. I try to keep it all together in front of my family but when I'm on my own, I feel like I could scream and just want to run off somewhere and be in my own little bubble. Please help me on how to remain calm and not freak out. Is it too overwhelming, or am I overreacting?

Ianine A.

Dear Janine,

Having so many responsibilities in daily life can be really challenging and absolutely exhausting. No wonder you feel so overwhelmed. Raising children, playing with them, helping with homework, attending their needs is already a job. And you have another one that probably also requires lots of effort and energy. When back at home you'd probably like to enter a clean house and find hot dinner on the table (at least from time to time). What I can only assume is that like most of women I know, you are trying to do everything at your very best. Unfortunately, this is the quickest way to emotional burnout and all sorts of emotional

I think it's high time for a change. What you should do in first place is to reorganise your lifestyle. You didn't mention anything about your husband: is he involved in looking after the house and kids? They are also his, aren't they? If you both earn money, it is only fair if you share other responsibilities as well. There is nothing wrong in asking for help. That could be also a friend, a neighbour, a relative (perhaps your kids could also do some simple chores?). We tend to underestimate people's willingness to support others.

If that's absolutely not an option, maybe you could hire someone to do the household work? Mention it to your husband. There is a chance that since you never complained throughout all these years, he doesn't even know how tired you are. Looking at the wife as a superwoman can be very convenient. But we are only humans, so maybe it's time you opened his eyes.

Just imagine, when you are at work, someone else could clean the house, cook a meal and do some ironing. This way you could get some rest and have more energy for the family. Not to mention less stress and definitely better emotional balance.

The second phase of your 'assignment' should be contacting a specialist. You mentioned anxiety attacks which are a clear manifestation of some negative changes in your mind. Anxiety attacks usually are not triggered by any actual factor or a situation, can happen unexpectedly, but they cause intense physiological symptoms like pounding heart, quick pulse, sweating, dizziness, feeling of choking or/ and chest pains. Fear of death is quite common as well. Sometimes such state can last several minutes, but can also be as long as a few hours. If the attacks tend to repeat, as a result patients might be extremely worried in anticipation for another one. A psychologist should help in identifying the sources of emotional instability and guide on how to react when the first symptoms of attack are noticed. In more severe cases, pharmaceutical treatment may be required and then it's necessary to

Here I'd like to remind that there is absolutely nothing embarrassing in caring about our mental health. We normally don't have a problem to see a general physician and people should feel equally comfortable going to a psychologist or a psychiatrist. In the end it's all

about health (and it's priceless, isn't it?).

Janine, I hope you'll manage to reduce the workload and get some rest. When was the last time you went on holiday? If you don't introduce these changes to your routine, you'll be getting more and more tired, stressed and overwhelmed. I'm sure your kids and husband would appreciate having a happy and relaxed lady around, therefore they should help you



Anita Makowska - Al Nabbool is a Psychologist and a Nutrition Psychology Specialist. Her services range from general psychology, through nutrition psychology, consultations for expatriates (difficulties with adaptation in a new country) and organisation psychology (recruitment and career planning).For appointment, call 36722123.



Weekend

he journey we are undertaking finds its roots far earlier than my childhood, when I helped my mother to bake. In fact we need to go back to 1873 when something occurred that would influence me as a child and throughout my adulthood. It took almost a hundred years for there to be any effect on my life, but that happened when as a child I was allowed to borrow some books from the adult section of a library. The first was 'Around the World in Eighty Days.'The author, Jules Verne, was a great visionary in his writing, with prophecies of going to the moon, and travelling vast distances under the sea. But it was the journey of Phileas Fogg that first captured my imagination, inspired me to write, and gave me a yearning to travel which is still with me this day.

I am not a professional cook or chef; I am an aircraft engineer by trade, as well as an author of crime fiction. From an early age I had an interest in the preparation and consumption of food (particularly the consumption!), often helping my mother

bake. As I grew older, I tried making my own variations of recipes, sometimes with disastrous results, but on occasion something edible emerged.

So it seemed the most obvious thing to do would be to combine my love of food with my desire to travel, and embark upon a journey of discovery of the foods and people of the world.

Welcome to my 'Around the World in Eighty Dishes.

Glen R Stansfield.

Author, biker and nutcase.

Colcannon

FROM

THE LAND

here is evidence that even as far back as fivethousand years ago, crops such as barley and oats were being farmed, oxen-drawn ploughs were in use, and enclosures were established to contain livestock. Sometimes this livestock was kept purely for milk which was used with the grain to make porridge, but there were periods when the emphasis was keeping the animals for their meat and the grain to feed the livestock. Chickens were kept by individual households for their eggs and meat. Végetables such as carrots, parsnips, celery, turnip, cabbage and onion, didn't make an appearance until around the 8th century.

The revolution in food came in the late 16th century, when the potato arrived from South America. The conditions in Ireland were ideal for potato growing and they could be stored to provide food over the winter. It turned out to be a blessing and a disaster. The population expanded rapidly, reliant almost entirely on this cropnot only to feed their own families, but in many cases to sell to pay rent to the landowner. The poor of the land had become reliant on one crop for food and income and that's when the disaster struck.

In 1845, the crop was devastated by a fungal disease known as potato blight, which renders the potatoes inedible. The primary source of food and income for millions of people had been wiped out in one go. Farmers could no longer pay their rents and were evicted and they could no longer feed their families.

Yet there was no shortage of food in Ireland, just that the wealthy landowners, many of them English, preferred to export crops such as vegetables and grain rather than feed the starving, whom they did not see as any concern of theirs, and the English Government did little to help. More than one million people died of starvation

Colcannon is a very Irish dish in that it is a simple to make, has few ingredients, yet is a tasty and nourishing dish.

WHAT TO DO

- 4 potatoes (around 1kg), peeled and cut into large chunks
- 2 tbs salt
- 5-6 tbs unsalted butter
- 3 lightly packed cups* of chopped kale, cabbage, chard, or any other leafy green
 3 spring onions (including the green part),
- finely chopped
- salt to taste
- butter for serving



WHAT YOU NEED

- In a medium pan, cover the potatoes with cold water by at least 2.5cm.
- Add the salt, and bring to a boil.
- Continue cooking until the potatoes can be pierced easily with a fork.
- Drain in a colander.
- Return the pan to the cooker over medium-high heat.
- Melt the butter in the pan and once hot, add the greens. Cook for 3-4 minutes, or until wilted.
- Add the spring onions and cook for a further minute.
- Add the milk or cream, mix well, then add the potatoes. Reduce the heat to medium.
- Use a fork or potato masher to mash the potatoes,
 - mixing well with the greens.

 Add salt to taste and serve hot, with a knob of butter in the center.



I hope you enjoyed the sixty-ninth of our eighty dishes from around the world. Please join me next time when we visit England.

Nibble picks of the week

Lays Kettle Cooked

Everybody loves crunching on chips, especially the unique flavors', one gets to taste on. Lays, which has kept one hooked towards it by coming out with chilly, paprika, ketchup and a variety, has come out with another mesmerizing flavor, which contains 40% less fat, and is rich in cream cheese and chive. One may not find it in stores, but one can shop online and find a list at http://www.fritolav.com/snacks/ buy-online.htm.



Devon Ginger Nut Cookies:

Ginger, which started off from being used only for adding spice, is now being extensively used for preparing cookies, which is now becoming a rage among the masses. Devon Ginger Nut Cookies, proves to be the best snack partner, one can ever incorporate with tea or coffee. Try it out!



hitting the town to pick out a few nibble choices that'll give you a happy stomach for 2 days.

If there's one thing that completes an exciting weekend, it's a platter full of munchies. Every week, we will be

Schar Maxi Sorrisi:

One has tasted a variety of biscuits, but tasting gluten free ones have been rare. Schar biscuits, which is free from wheat and preservatives, is a healthy choice one can make, in not bloating their tummies, and enjoying their snack moment, guilt free and dipping themselves in various flavors one can



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▶ Let us know in one sentence: What does the leading weekly of Bahrain 'Weekender' mean to you?

Othree licky winners. 2 fickets each

Win Four[©] **Optics Vouchers**

Ehsan Optics care for your precious eyes and are offering you a 10 BD voucher which you can spend on whatever you like!

> What two perfumes were launched by Al Hawaj recently? (See Page 13)

Send answer to the question to win@weekender.bh.

"Three lucky winners, 2 (lickets each

Win two tickets to Adhari park!

Win an exciting day with a friend in one of the most joyful parks in

All you have to do is solve the riddle below and send your entry to win@weekender.bh

▶ What loses its head in the morning but gets it back at night?

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Want to win 2 Karting Tickets from a very popular venue?

▶ Write a romantic story in less than six words.

Scan the code to see the list of winners

Win Beauty Care **Vouchers**

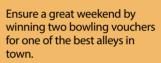
The only way to combat this heat, is to enjoy the coolness at Bahrain's biggest water-park. Win water park vouchers to Lost Paradise of Dilmun. Simply answer the following questions:

are the two brands have been pitted against each other in 'Battle of the Brands' column, and on what topic it has been featured on? (See page 13)

is one of the celebrities coming to the IGN convention this weekend. (See Page 15)

"Two lucky winners, 2 fickais each

Win Bowling **Tickets**





Simply share with us what is your favourite segment in Weekender and one thing you'll like to see in your favourite weekly.

Send your answers to win@weekender.bh

NOTE: PLEASE BRING YOUR CPR FOR IDENTIFICATION & THERE IS A TWO WEEK LIMIT TO PICK UP YOUR PRIZE





Tired of the weekly mundane routine? Looking for excitement, drama , comedy or animation? Scan the QR code below for the full listing of all current movies playing in Bahrain



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MMA STONE

scar-winning actress Emma Stone has revealed that she became a real "creep" while filming 'Battle of the Sexes'. The 28-year-old actress shared that she had to observe Billie Jean King really closely while they were taking to prepare for her role. She said, "It was such a thing to figure out how her hands moved and the way she moves within her body. I was a real creep. So now if we do an interview or we're sitting and talking, I find myself staring at her and watching how she's moving all the time, which I don't need to do any more. But that's how I relate to her. I'm like her creepy friend

The actress also shared that

she steeped herself in vintage

TV footage to get into the skin of the role. (*TOI*)

Hudgens to star in 'Second Act'

ctor Vanessa Hudgens is set to star along side Jennifer Lopez in romantic comedy 'Second Act'. Peter Segal will direct the movie, which was developed by STXfilms with Lopez from an idea conceived by Elaine Goldsmith-Thomas and Justin Zackham. Lopez will play a big-box store employee who reinvents her life and her lifestyle, and gets the chance to prove to Madison Avenue that street smarts are as valuable as a college degree. Hudgens will play a young executive at a consumer goods company.

The project is written y Żackham and Goldsmith-Thomas. Leah Remini is attached to the portray best friend and fellow employee Lopez's of character.(TOI)





American actor who rose to stardom with his lead role alongside Vince Vaughn in the 1996 film Swingers, which he wrote and co-produced. His other acting credit include Very Bad Things.

Reynolds, Jackman being eyed for 'Pokemon'

Los Angeles

bevy of A-list actors like Ryan Reynolds, Hugh Jackman Mark Wahlberg and Dwayne Johnson are being eyed for the "Pokemon" movie.

The project was first announced last year amid the rising popularity of the game "Pokemon GO" that made players chase down the virtual pocket monsters in real life using GPS. Titled "Detective Pikachu", it is being directed by Rob Letterman.
According to The Hashtag Show, the makers of the film

are eyeing the actors, reports aceshowbiz.com. (IANS)

DEPP SUES

Los Angeles

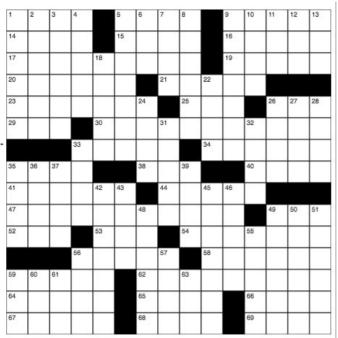
ctor Johnny Depp has sued his lawyer over claims that he conspired with Depp's former financial manager to swindle \$40 million of his wealth.

The "Pirates of the Caribbean: Dead Men Tell No Tales" actor sued Jacob A. Bloom and his law firm Bloom Hergott Diemer Rosenthal & LaViolette, in a new complaint filed on Tuesday, reports tmz.com

The suits claimed that Bloom and the entertainment law firm committed professional malpractice, breach of fiduciary duty and unjust enrichment"; ultimately costing the actor tens of millions of dollars. (IANS)



CROSSWORD



YESTERDAY'S SOLUTION

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Across

1- Small gull; 5- Imitator; 9- Groomer; 14- Sheltered, at sea; 15-Bangkok native; 16-Stair part; 17-Short-sleeved shirt; 19-Brainstorms; 20- Narcotic; 21- Money bag; 23- Deceive; 25- Small island; 26- Legal conclusion?: 29- Commercials: 30- Pathfinder: 33- Minute Maid Park player; 34- Hit the roof; 35- Disfigure; 38- "The X-Files" extras; 40- ___ avis; 41- Verdi title bandit; 44- We ___ please; 47- Asian country; 49- Distant; 52- Mao ___-tung; 53- Belief system; 54- Destruction of the natural environment; 56- Frog sound; 58- Did penance; 59- Ditto; 62- Nonsense; 64- Sourtasting; 65- Fancy jug; 66boy!; 67- Marisa of "My Cousin Vinny"; 68- Pro or con; 69- Internet writing system that popularized "pwn3d" and "n00b";

Down

1- Puget Sound city; 2- Cobra, e.g.; 3- Negligent; 4- Sherpa's home; Beta Kappa; 7- Tombstone lawman; 8-Deep down; 6-Established procedure; 9- Stiff coarse hair; 10- Travel on; 11- Employ; 12- Poseidon's realm; 13- Timecard abbr.; 18- Cancels a dele; 22-Barbecue fare; 24- Challenge; 26- Poet Pound; 27- Fortuneteller; 28-Mother of the Valkyries; 31- Bits; 32- Dynamic beginning; 33- Eastern nanny 35- Potatoes' partner; 36- Pound sounds; 37- "Splendor in the Grass" screenwriter; 39- Word that can succeed building, web or burial; 42- Capital of Kenya; 43- Not ___ many words; 45- Ghastly; 46- Govt. security; 48- Likenesses; 49- Measurable; 50- ___ Fideles; 51- Linux variety; 55- Reef material; 56- An apple or a planet will have this at the centre; 57- New Zealander; 59- Floor covering; 60- Green prefix; 61- President pro ____; 63- Pickup truck feature;



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YESTERDAY'S SOLUTION

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How to play:

Place a number in the empty boxes in such a way that each row across, each column down and each 9-box square contains all of the numbers from one to nine.

Your star today

You're likely to feel pulled in two directions

today. You're at a high point in your career and don't want to lose the momentum. At the same

time, you feel strongly that you'd like to spend extra time with your loved ones. If only you could be in two places at once! Have you considered

so you accomplish what absolutely needs to be done. Everything else will have to wait until your "get up and go" returns tomorrow. In the meantime, energize yourself as much as possible with good nutrition and a brisk walk. Trips will likely be mired in mechanical difficulties and delays of all types. You'll get to your destination eventually, but you're going to have

to be patient. If you're heading to the airport, be sure to bring a book - a long one - to make the wait more bearable. If you're just heading across town, bring along your favourite music.

Don't take anything at face value today. There's an air of misinformation and misunderstanding, so avoid gossip. This could

be easier said than done, as all the social events of the next several days put you in constant contact with known chatterboxes. Be pleasant, smile, and nod, but don't ask any leading questions. Once you get them started, these people keep talking!

Visits with friends and family are highlighted

telecommuting for the next few weeks? The energy is unusually slow, causing you to drag and your productivity to suffer. There isn't much you can do about it. Priorities your tasks



(Apr 21st - May 21st)



(May 22nd - Jun 21st)



(June 22nd - July 23rd)



(July 24th - Aug 23rd)



(Aug 24th - Sep 23rd)



today. Regardless of whether they come to you or you go to them, you're bound to have a delightful evening. This is exactly what you need after the frustration of a long day, complete with delays and mechanical difficulties. Put it all behind you. Pass the pizza, refill the glasses, and enjoy some deserved downtime. Your energy could be low today, making this an ideal day to stay in and read or get any paperwork finished. It isn't glamorous, but at least it doesn't require much energy. Any writing you need to do will be clear and fluid. You have a gift, and today it's magnified. You should make good use of this auspicious day.

(Sep 24th - Oct 23rd)



You may feel frustration and loneliness today. All you want is to spend a quiet evening with your romantic partner, but you can't find him or her anywhere. Planes are late and rush-hour traffic is especially bad. Cell phones don't help. Your friend may as well be on the Moon. Take heart and know that you're missed just as much. When you do reconnect, the reunion will be electric!



(Oct 24th - Nov 22nd) You may feel like the walls are closing in on you.
Don't let it happen. Do whatever you need to do
to rejuvenate your spirits and motivation. You may have gotten bogged down in some rather dull responsibilities or obligations. You're too bright to squander your mind that way. Take a break from routine and go for a night on the town. You'll enjoy dancing the night away!

Today could be a strange day as you find it increasingly difficult to concentrate. This is unlike you. You're usually efficient and levelheaded. Blame it on the planets. Their configuration is the cause of the lethargy and ennui. Accept the fact that you won't be

moving at your usual pace. You can make up

You and your loved one might find it difficult

for lost time tomorrow.

than make up for the wait!

(Nov 23rd - Dec 21st)



(Dec 22nd- Jan 20th)



(Jan 21st - Feb 19th)

rou and your loved one might find it difficult to connect today. You're busy with personal issues and obligations. While you have every intention of getting together for dinner, you don't seem to be able to connect. It's frustrating, but keep trying. When you finally do not together the companion big will more do get together, the companionship will more



You have a generous spirit, but today you may be worried that you've been too generous. If you bought someone a large gift, you might be concerned that you've gone overboard. It's too late to return it. Don't worry about it too much. Your mate will love your thoughtfulness - and your credit card bill won't come for another month!



You've always been practical when it comes to (Feb 20th - Mar 20th) financial matters, but sometimes consumerism can cause you some stress. Of course you want to show the special person in your life how much you care, but do you need to spend a lot of money to prove it? Find a balance you can both live with. You don't need to buy a car. A small token of thoughtfulness would be appreciated.

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20 Thursday, October 19, 2017

GEOSTORM (PG-15) (Action/ Thriller/Sci-Fiction) New

Starring: Gerard Butler, Jim Sturgess, Abbie Cornish CINECO (20): Daily At: 11.30 Am + 2.00 + 4.30 + 7.00 + 9.30Pm + 12.00 Mn +

(12.30 Mn + 1.00 Am, Thurs/Fri.) Daily At Vip (I): 10.30 Am + 1.00 + 3.30 + 6.00 + 8.30 + 11.00 Pm DANA: Timings: 11:15,13:15,15: 15,17:15,19:15,21:15,23:15,01:15 **DANA:** Timings: 11:00,13:00,15: 00.17:00.19:00.21:00.23:00.01:00 THE WALK CINEMA: Timings:

THE WALK CINEMA: 3D/2D Timings: 11:15,13:15,15:15,17:15,

11:30.13:30.15:30.17:30.19:30.21

19:15,21:15,23:15 SEEF (II): Daily At: 11.15 Am + 1.45 + 4.15 + 6.45 + 9.15 + 11.45 Pm + (12.45 Mn Thurs/Fri)

SAAR: Daily At: 11.00 Am + 1.30 + 4.00 + 6.30 + 9.00 + (11.30 Pm

WADI AL SAIL: Daily At: 10.45 Am + 1.15 + 3.45 + 6.15 + 8.45 + 11 15 Pm

SECRET SUPERSTAR (PG-15) (Hindi/Drama/Musical) New

Starring: Zaira Wasim, Aamir Khan, Meher Vij

CINECO (20): Daily At: 11.30 Am - 2.30 + 5.30 + 8.30 + 11.30 Pm + (12.30 Mn + 1.00 Am. Thurs/Fri.)

DANA: Timings: 10:45,13:30,16: 15,19:00,21:45,00:30

DANA : Timings: 10:30,13:15,16: 00,18:45,21:30,00:15 **THE WALK CINEMA:** Timings:

11:30,14:15, 17:00,19:45,22:30 SEEF (II): Daily At: (12.45 Mn Thurs/Fri) **SEEF (I):** Daily At: 12.00 + 3.00 +

6.00 + 9.00 Pm + 12.00 Mn **SAAR:** Daily At: 11.00 Am + 2.00 + 5.00 + 8.00 + (11.00 Pm Thurs/

AL JAZIRA: Daily At: 2.30 + 5.30 + 8.30 + (11.30 Pm Thurs/Fri) WADI AL SAIL: Daily At: 11.15 Am + 2.15 + 5.15 + 8.15 + 11.15

MOTHER! (15+) (Drama/ **Thriller) New**

Starring: Jennifer Lawrence, Javier Bardem, Ed Harris **CINECO (20):** Daily At: 11.00 Am + 1.30 + 4.00 + 6.30 + 9.00 + 11.30 Pm

DANA: Timings: 10:45,13:00,15: 15,17:30,19:45,22:00,00:15 **THE WALK CINEMA:** Timings: 11:30,13:45,16:00,18:15,20:30, 22.45

THE WALK CINEMA: VIP Timings: 13:30, 15:45, 18:00, 20:15,

SEEF (II): Daily At: 11.30 Am + 2.00 + 4.30 + 7.00 + 9.30 Pm + 12.00 Mn

Michael FASSBENDER

SAAR: Daily At: 10.45 Am + 1.15 + 3.45 + 6.15 + 8.45 + (11.15 Pm Thurs/Fri)

WADI AL SAIL : Daily At: 11.15 Am + 1.45 + 4.15 + 6.45 + 9.15 +

GOLMAAL AGAIN!!! (PG-13)

(Hindi/Comedy/Action) New Starring: Ajay Devgn, Tabu,

Parineeti Chopra

CINECO (20) : Daily At: 11.45 Am + 2.45 + 5.45 + 8.45 + 11.45 Pm + (12.45 Mn Thurs./Fri)

DANA: Timings: 10:45, 13:30, 16:00, 18:45, 21:30, 00:15 SEEF (II): Daily At: (1.00 Am Thurs /Fri)

SEEF (I) : Daily At: 11.30 Am + 2.30 + 5.30 + 8.30 + 11.30 Pm

FAMILY MONSTER (Animation/Adventure/ Comedy) New

Starring: Emily Watson, Jason Isaacs, Nick Frost

CINECO (20): Daily At: 10.30 Am + 12.30 + 2.30 + 4.30 + 6.30 + 8.30 + 10.30 Pm

THE WALK CINEMA: 3D Timings: 11:30,13:15,15:00,16:45,18: 30 20:15 22:00 23:45

THE WALK CINEMA: 2D Timinas: 11:15.13:00,14:45,16:30,18: 15,20:00,21:45,23:30

DANA: Timings: 11:00,12:45,1 4:30,16:15,18:00,19:45,21:30,23: 15.01:00

DANA: Timings: 10:45,12:30,1 4:15,16:00,17:45,19:30,21:15,23: 00.00:45 SEEF (II): Daily At: 10.45 Am +

12.45 + 2.45 + 4.45 + 6.45 + 8.45+ 10.45 Pm **SAAR:** Daily At: 11.00 Am + 1.00

+ 3.00 + 5.00 Pm WADI AL SAIL: Daily At: 11.15 Am + 1.15 + 3.15 + 5.15 + 7.15

THE FOREIGNER (15+) (Action/

Starring: Jackie Chan, Pierce Brosnan, Charlie Murphy **CINECO (20) :** Daily At: 11.15 Am + 145 + 415 + 645 + 915 +11.45 + (12.30 Mn Thurs./Fri.) Daily At Vip (li): 10.45 Am + 1.15 + 3.45 + 6.15 + 8.45 + 11.15 Pm **THE WALK CINEMA:** Timings: 12:45, 16:30, 20:15, 00:00 CINECO (20): Daily At: 2.30 + 7.15 Pm + 12.00 Mn DANA: Timings: 11:00, 14:45,

18:30, 22:15 THE WALK CINEMA: Timings: 11:15, 15:30, 19:45

SEEF (II): Daily At: 10.45 Am + 1.15 + 3.45 + 6.15 + 8.45 + 11.15

SAAR: Daily At: 7.00 + 9.15 + (11.30 Pm Thurs/Fri)

WADI AL SAIL: Daily At: 12.15 + 2.30 + 4.45 + 7.00 + 9.15 + 11.30 Pm

THE SNOWMAN (18+) (Crime/ Thriller/Drama)

Starring: Michael Fassbender, Rebecca Ferguson, Chloë Sevigny

CINECO (20): Daily At: 10.45 Am + 1.15 + 3.45 + 6.15 + 8.45 + 11 15 Pm

DANA : Timings: 11:00, 15:00, 19:00, 23:00 **SEEF (II) :** Daily At: 2.15 + 6.45 +

WADI AL SAIL: Daily At: 9.15 +

RENEGADES (PG-15) (Action/ Thriller)

Starring: Sylvia Hoeks, J.k. Simmons, Sullivan Stapleton **SEEF (II):** Daily At: 12.15 + 4.45 + 9.15 Pm

THE SON OF BIG FOOT (PG) (Animation/Adventure)

Starring: Cinda Adams, Bob Barlen, Cal Brunker

CINECO (20): Daily At: 10.30 Am + 12.30 + 2.30 + 4.30 + 6.30 + 8.30 + 10.30 Pm

DANA: Timings: 12:45,16:30, 20:15.00:00

THE WALK CINEMA: Timings: 13:00, 16:30, 20:00, 23:30 **SEEF (II):** Daily At: 10.30 Am + 12.30 + 2.30 + 4.30 + 6.30 + 8.30+ 10 30 Pm

BLADE RUNNER (15+) (Thriller/ Action/Sci-Fiction)

Starring: Harrison Ford, Ryan Gosling, Ana De Armas **CINECO (20):** Daily At: 11.15 Am + 2.15 + 5.15 + 8.15 + 11.15

THE LEGO NINJAGO MOVIE (Animation/Action/ Comedy/Adventure)

Starring: Olivia Munn, Justin Theroux, Jackie Chan Daily At: 11.00 Am + 1.15 + 3.30 + 5.45 + 8.00 + 10.15 Pm **SEEF (II):** Daily At: 12.00 + 4.15 +8.30 Pm

KINGSMAN: THE GOLDEN CIRCLE (15+) (Action/ Adventure/Comedy)

Starring: Taron Egerton, Colin Firth, Mark Strong **CINECO (20):** Daily At: 12.30 + 3.15 + 6.00 + 8.45 + 11.30 Pm

IT (18+) (Horror/Drama)

Starring: Bill Skarsgard, Jaeden Lieberher, Finn Wolfhard CINECO (20): Daily At: 10.45 Am + 3.45 + 8.45 Pm

MY LITTLE PONY: THE MOVIE

(PG)(Animation/Adventure)

Starring: Emily Blunt, Kristin Chenoweth, Liev Schreiber



CINECO (20) : Daily At: 1.00 + 5.00 + 9.00 Pm**SEEF (II):** Daily At: 12.00 + 4.45

THE HITMAN'S BODYGUARD (15+) (Action/Comedy)

Starring: Ryan Reynolds, Gary Oldman, Samuel L. Jackson **CINECO (20) :** Daily At: 1.30 Am + 6.30 + 11.30 Pm

TISBAH ALA KHAIR (PG-13) (Arabic/Drama/Comedy/ Thriller)

Starring: Tamer Hosney, Dorra Zarrouk, Nour CINECO (20): Daily At: 10.45 Am + 12.45 + 2.45 + 4.45 + 6.45 +

8.45 + 10.45 Pm

FIRST KILL (PG-15) (Action/ Thriller/Crime)

Starring: Bruce Willis, Hayden Christensen, Tu Shelton CINECO (20): Daily At: 11.00 Am + 1.00 + 3.00 + 5.00 + 7.00 + 9.00+ 11.00 Pm

18-THE NUT JOB 2: NUTTY BY NATURE (PG) (Animation/ Adventure/Comedy)

Starring: Will Arnett, Katherine Heigl, Jackie Chan CINECO (20): Daily At: 11.00 Am + 3.00 + 7.00 + 11.00 Pm

WAR FOR THE PLANET APES (PG-13) (Action/

Adventure/Drama) Starring: Toby Kebbell, Andy Serkis, Woody Harrelson CINECO (20): Daily At: 11.45 Am + 4.30 + 9.15 Pm

PULLIKKARAN STARAA

Malayalam / Drama) Starring: Mammootty, Sreeja Das, Dileesh Pothan **DANA:** Timings: 10:30,15:45,21:00

RAJU GARI GADHI 2 (Telugu / Action / Romance)

Starring: Nagarjuna Akkineni, Samantha Ruth Prabhu, Seerat Kapoor

DANA : Timinas: 13:00,18:15,23:30

MERSAL (Tamil / Action / Drama / Thriller) Starring: Surya S.j., Joseph Vijay,

Kajal Aggarwal Timings: 10:30,13:30, 16:30, 19:30, 22:30 **DANA :** Timings: 11:00,14:00,17:00,20:00,23:00 SEEF (II): Daily At: (12.30 Mn SEEF (I): Daily At: 10.30 Am +

1.30 + 4.45 + 8.00 + 11.15 Pm AL JAZIRA: Daily At: 2.00 + 5.15 + 8.30 + (11.45 Pm Thurs/Fri) AL HAMRA : Daily At: 11.00 Am + 2.15 + 5.30 + 8.45 Pm + (12.00 Mn Thurs/Fri)

MY PET DINOSAUR (Action / Adventure / Family)

Starring: Joanne Samuel, David Roberts, Jordan Dulieu **DANA:** Timings:

THE WALK CINEMA: 3D/2D Timinas: 11:15, 14:45, 18:15, **SEEF (II):** Daily At: 2.15 + 6.30 + 10.45 Pm

ΡΔΡΔΥΔ (Malayalam / Comedy / Drama)

Starring: Shane Nigaam, Dulquer Salmaan, Arjun Asokan DANA: Timings: 10:45,13:30,1 6:15,19:00,21:45,00:30 **SEEF (I):** Daily At: 12.00 + 2.45 + 5.30 + 8.15 + 11.00 Pm

RAJA THE GREAT (Telugu /

Action) Starring: Mehreen Pirzada, Ravi

DANA: Timings: 10:30,13:15,1 6:00.18:45.21:30.00:15

AMITYVILLE THE AWAKENING (Horror /

Thriller)

Starring: Jennifer Jason Leigh, Bella Thorne, Cameron Monaghan

DANA: Timings: 13:00, 16:45, 20:30, 00:15

LEATHERFACE (Horror / Thriller)

Starring: Finn Jones, Stephen Dorff, Nicole Andrews **DANA:** Timings: 13:15, 17:15, 21:15.01:15

ONE LAST HEIST: THE HATTON **GARDEN** (Crime)

Starring: Matthew Goode, Stephen Moyer, Joely Richardson Timings: 11:00,12:45,14:30,16:1 5,18:00,19:45,21:30,23:15,01:00 THE WALK CINEMA: Timings: 11:00, 14:45, 18:30, 22:15

HUMAN FLOW(Documentary)

Starring: Israa Abboud, Hiba Abed, Rami Abu Sondos **DANA:** Timings: 10:45, 13:15, 15:45, 18:15, 20:45, 23:15 THE WALK CINEMA: Timings: 11:15, 13:45, 16:15, 18:45,21:15,

SEEF (II): Daily At: 10.30 Am + 3.45 + 9.00 Pm

THE HATTON GARDEN JOB (ONE LAST HEIST)

(Crime/Comedy) New

Starring: Matthew Goode, Stephen Moyer, Joely Richardson SEEF (II): Daily At: 11.00 Am + 1.00 + 3.00 + 5.00 + 7.00 + 9.00+ 11.00 Pm

JUDWAA 2 (PG-15) (Hindi/ Action/Comedy/Romantic)

Starring: Varun Dhawan, Jacqueline Fernandez, Fernanda Diniz

SEEF (II): Daily At: 2.00 + 6.45 + 11.30 Pm

CHEF (PG-13) (Hindi/Drama/ Comedy)

Starring: Saif Ali Khan, Padmapriya, Dhanish Karthik **SEEF (II) :** Daily At: 1.15 + 6.30 + 11.45 Pm

10:45,14:30,18:15,22:00

Rebecca FERGUSON Charlotte GAINSBURG Chloë SEVIGNY J.K. SIMMONS Val KILMER THE BASED ON THE BESTSELLER BY JO NESBØ **OCTOBER 13**

t's not nice to see a director as talented as Tomas Alfredson make something as terrible as The Snowman. His previous two films, Let The Right One In and Tinker Tailor Soldier Spy, are the work of a director with innate skill for patiently unfurling plot and digging deep into complex characters. The Snowman, sadly, is just a slushy old mess that seems to have entirely slipped

out of his control. Based on the novel by

Jo Nesbo, this has Michael Fassbender as Norwegian detective Harry Hole (did nobody question how that name sounded in an English accent?). He's a drunk who's taken his eye off the job, but gets hooked back in by a note from a killer who signs off with a little sketch of a snowman. Hole's assisted by mysterious rookie Katrine (Rebecca Ferguson). Together they attempt to track down a man who's been killing women,

apparently indiscriminately, and we attempt to keep up with what on earth's going on.

Frequently it's simply not possible to follow the plot because much of it isn't there. The connective tissue required for any film, but especially a murder mystery, is so often missing. Harry and Katrine arrive at locations with absolutely no explanation, apparently following clues kept hidden from the audience. (nme)



DT News Network Manama

ahrain International Defence Bantan International Exhibition and Conference (BIDEC) turned out to be a huge success with the participation of top military experts from all over the world, said HH Lieutenant-Colonel Shaikh Nasser bin Hamad Al Khalifa yesterday adding: "The dream has always been great, but the reality has become even more beautiful."

This came during his reception to Dr Shaikh Abdulla bin Ahmed bin Abdulla Al Khalifa, Undersecretary for International Affairs, President of Derasat and members of the organisation.

HH Shaikh Nasser, the Commander of the Royal Guard and President of the High Organising Committee of BIDEC, thanked them for their efforts to maintain Bahrain's leading rank in hosting unique events and conferences.

Shaikh Nasser said BIDEC provided a platform for the major security and defence service providers to exchange their views, ideas and develop partnerships.

HH Shaikh Nasser also hailed the outcome of the panel discussions at the Middle East Military Alliances Conference, which brought together senior military leaders and spokespersons from around the globe.

Dr Shaikh Abdullah, who is also a member of the High Organising Committee of the event, said HH Shaikh Nasser led High Organising Committee has well understood the importance of military alliances to establish security and stability in the world. "Therefore, the Committee decided to hold its first exhibition and conference in partnership with the Arab

Coalition for the Support of Legitimacy in Yemen and the Islamic Military Alliance to Fight Terrorism as well as NATO.

Highlighting the huge support received for the initiative, he said, "This calls us for reflection and preparation from this moment to organise the next edition of BIDEC.'

Separately, Shaikh Nasser held discussion with Lion Beitar, President of Spain-based Evris and Diab Mustafa Regional Manager of the same company on the side-lines of the event. During the meeting, they presented to Shaikh Nasser a souvenir for their participation in BIDEC.

Shaikh Nasser also held meetings with Admiral Mostafa El Alami, Inspector General of Moroccan Navy and Lieutenant-General Mohammed Ali Maqdashi, Consultant Yemeni President and representative of Yemen in the Arab Coalition on the side-lines of the event. Lieutenant-General Al Maqdashi praised the efforts of the Bahraini forces in their participation in the Saudi-led Arab Coalition and their heroic exploits in their role of restoring peace in Yemen.

On a different occasion, HH Shaikh Nasser received in the presence of HH Major Shaikh Khalid bin Hamad Al Khalifa, Royal Guard's Special Force Commander, Turkey's Ambassador to Bahrain Hatun Demirer who introduced to HH a delegation from Turkey's Military Ministry participating in BIDEC. During the meeting, Shaikh Nasser discussed with the Turkish delegation a number of topics, visions and ideas on the developments in the military industry. From their side, the Turkish delegation praised the organisational level of the event.





A festival in the right direction, says veteran Bahraini acto









DT News Network Manama

The third edition of Khalid Bin Hamad Theatres Festival For National Clubs, Youth Centres and People With Disability will boost Bahrain's status as the birthplace of brilliant actors and actresses, directors and scriptwriters in the Arab world, said veteran Bahraini Actor Mohammed Awwad.

During a visit to the festival, Awwad also commended the efforts taken by HH Shaikh Khalid bin Hamad Al-Khalifa in grooming local talents and ensuring their participation in cultural activities.

"Developing their talents and allowing them to demonstrate their onstage skills will promote the Kingdom of Bahrain in the Arab World as the birthplace of brilliant actors and actresses, directors and scriptwriters," Awwad said.

Mohammed Awwad was the guest of honour of the "Speech of the Brush" play performed by Al-Naeem Youth Centre as the last additional show on the sidelines of the festival at Muharraq Model Youth Centre in Busaiteen.

Awwad praised the team members and administration of Al-Naeem Youth Centre for presenting such an outstanding show.

The play was also attended by Ahmed Al-Khayat, President of Bahrain Self-Defence Federation and Rashid Nabeel Al-Hamer, Development Manager at Al-Ayam Newspaper.

The shows at the festival

conclude today with the performance of "The Auspicious Visit" play by the National Foundation for the Services of People with Disabilities Team.

The festival is organised for the third consecutive year by the Ministry of Youth and Sports Affairs and the Media Office of HH Shaikh Khalid bin Hamad Al-Khalifa. It began on October 4 and will conclude on October 21.

The 18-day festival comes within Khalid Bin Hamad Al-Khalifa Initiatives to support Bahraini youth. This year's edition is themed #Let's_Plant_A_Smile.

Scenes from the play

Bapco Silver Sponsor

Bahrain Petroleum Company (Bapco) yesterday announced its backing for the third edition of Khalid Bin Hamad Theatres Festival For National Clubs, Youth Centres and People With Disability as a silver sponsor.

HH Shaikh Khalid bin Hamad Al-Khalifa welcomed the initiative of Bapco and said that the strategies of the company reflect its concern on supporting the youth, cultural and sports movement in Bahrain.

On his part, Nawaf Hussain Sultan Al-Ghanim, Corporate Communication Director of Bapco said that the company is proud to sponsor the festival and appreciates the support of HH to the youth and sports movement in the kingdom.

He explained that the sponsorship comes within the responsibilities of Bapco to achieve community partnership.



Manama

Bahrain Tourism and Exhibitions Authority (BTEA) yesterday unveiled plans to host the second edition of the 'Sea Festival' and the 'Bahrain Light Festival'.

During a press conference held at Four Seasons Hotel Bahrain Bay, the authority said that the 'Sea Festival' will be held from 26th of October until 4th of November 2017. The 'Bahrain Light Festival' will be held from 23rd - 30th November 2017.

"The festivals will include a series of fun and exciting events for the whole family," said Chief Executive Officer of BTEA, Shaikh Khaled bin



Shaikh Khaled bin Humood *A* Khalifa, CEO, BTEA

Humood Al Khalifa

The 'Sea Festival' features a number of activities, including the Techno Aqua World area for games and leisure activities, a central display related to the history of pearl diving, and the 360 virtual reality gaming zone.

The festival will also include a designated area for pearl and jewellery merchants, a painting zone where children will be able to showcase their painting skills by participating in the dhow painting activity, in addition to several live performances. Furthermore, the outdoor area will include a painting zone where artists will have live painting demonstration dhows that will be displayed throughout the festival.

Other activities include de-shelling oysters; free diving

shows, and many more. The festival will take place from Saturday to Thursday from 4pm to 10pm and from 4pm to 11pm on Friday. Tickets are priced at BD2 per person and free for children under the age of 4.

The 'Bahrain Light Festival' aims to showcase technical artistic dynamics; the latest innovations in lighting by artists from France, Japan and the United States of America, and will also include remarkable artistic performances

Hosting these festivals comes in line with the BTEA's strategy to develop the tourism sector under the slogan of 'Ours. Yours.'.



DT News Network Manama

lejandro Martinez predicts Alejandro Martinez Para the main event of Brave 9 will be worthy of the fight of the night. Alejandro will face Ottman Azaitar from Morocco for the Lightweight Championship Title of Brave Combat

Alejandro Martinez fights out of Tijuana, Mexico and trains at the Entram Gym. Alejandro is undefeated in his professional career and has a three fight winning streak. The lightweight fighter from Mexico made his debut at Brave at the fifth edition of the show hosted in India. He defeated the veteran Paulo Bananada in a one sided matchup, followed by facing Fabian Quintanar at the main event hosted by Mexico where he won in the second round by submission.

Ottman Azaitar has one of the longest undefeated streaks in the history where he has won all nine fights. Ottman is aiming to win the championship with a perfect ten fight winning streak.

Ottman currently trains in Germany and is one of the most popular athletes in the region who has close connections to global celebrities. For the debut of Ottman, it was Diego Maradona who came out publicly in support for the Moroccan fighter.

However Alejandro was confident about his chances against Ottman.

"I am confident in breaking the winning streak and claiming the championship title to myself. Ottman is no match for my pace, aggression and strength. The fight will be of one of the highest quality and will definitely be the fight of the night," said Alejandro Martinez.

Farman represents Pakistan community



DT News Network Manama

rave 9 will feature Haider Farman as the only Pakistani fighter in Bahrain. Haider will be facing Atif Mohammad, who will be representing India. The match will showcase one of the longest rivalries in any sports between India and Pakistan.

This will be the first time in Bahrain witnessing the India and Pakistan rivalry in Mixed Martial Arts. This will be the sixth career fight of the 21-year old Farman, who trains at Islamabad's Team Fight Fortress. Haider has four victories out of his six professional appearances.

Haider aims to represent the glory and pride of Pakistani MMA. The match will be tough given that Atif Mohammad is one of the fighters with global exposure training in gyms around the world and is one of the first fighters to join the KHK

MMA fight team.

Atif had started his career with the Super Fight League in 2013, but he embarked to pursue quality training and to focus on Amateur MMA until he returned to compete in pro-division at the opening bout of Brave: The Beginning. Atif is the first Indian to score a victory in Brave Combat Federation.

Atif and Farman are also known for their dynamic speed and agility inside the cage, which leaves a fair prediction of a thrilling contest between these two. Brave 9: The Kingdom of Champions which is held under patronage of HH Shaikh Khalid bin Hamad Al Khalifa, First Deputy President of the Supreme Council for Youth and Sports and Honorary President of BMMAF, marks the promotion's return to the Kingdom of Bahrain after a year spent expanding its operations

and Brave Combat Federation unveil K Hotel as partner

DT News Network news@dt.bh

THK MMA and Brave Combat Federation has unveiled K Hotel as its official hospitality partner for the 'Brave International Combat Week.

Brave international Combat Week is a week of Mixed Martial arts events which will include a championship. It is organized by KHK MMA and Brave Combat Federation under the patronage of HH Shaikh Khalid bin Hamad Al Khalifa, First Deputy President of the Supreme Council for Youth and Sports and President of Bahrain Athletics Association. During Brave International Combat Week, K Hotel will accommodate the MMA athletes, VIPS, special guests and celebrities such as MMA star Wanderlei Silva



Chief Marketing Officer of KHK MMA Lucas Carrano speaking during the press conference yesterday in the presence of Brave Combat Federation President Mohammed Shahid and K Hotel General Manager Volker Mandlowsky

K Hotel will also host many events throughout the week such as press meets, media day and the Brave 9 after party.

"Over the past 14 months,

'Brave' has been spreading the vision of HH Shaikh Khalid internationally as this has become an international project. After we had events

in six different countries in three different continents, it was time for us to come back home. Brave is a fighter oriented promotion and we

will do everything we can to take care of these stars. That's why we only partner with the best, we are happy to have K hotel as our hospitality partner to welcome fighters from 21 countries." said Chief Marketing Officer of KHK MMA Lucas Carrano during a press conference at K Hotel vesterday.

Brave Combat Federation Mohammed President Shahid and K Hotel General Manager Volker Mandlowsky signed a contract to initiate the partnership yesterday.

"Brave Combat Federation is excited to confirm this partnership as the hotel has a range of exceptional facilities vital for hosting this type of event, such as first-class gym and fitness facilities, exceptional rooms, suites and conference facilities.

With its range of restaurants and lounges, K Hotel will also host the Brave 9 official after party in Champions Sports Lounge. Brave International Combat Week will host 32 athletes from 21 countries marking the biggest Brave Championship event yet. The event will showcase The Kingdom of Bahrain on an international platform and contribute to the nation's economy through business, sports, culture and entertainment." Brave Combat Federation stated yesterday.

Brave International Combat Week will commence 12 November 2017 through to 19 November and host a range of events such as Open Work Outs, Public Weigh Ins, Ace Media Awards and 'Brave 9: Kingdom of Champions'.



SPORTS

