OUT ABOUT

ARABIC NIGHTS

Date: August 4 to 25 August 2015 **Venue**: The Ritz Carlton, Bahrain Hotel and Spa

You will discover Arabian food fair at the fullest as you rejoice in La Med's themed night buffet every Friday. Specialties from Lebanon, Morocco, Bahrain and the Middle East are accompanied by the melody of an Oud player. Price: BD 18++ per person. Timings: Every Tuesday, from 7 p.m.

WEEKLY LECTURE SERIES FOR SELF EMPOWERMENT IN ENGLISH

Date: 4th August 2015 from 7pm to 8.30pm

Venue: Bahrain Meditation centre **Topic:** The Liberating power of acceptance

Guest Speaker : Prakash Chugani, Executive coach, Corporate Trainer **Drop**-in Meditation

Every evening from 7.00pm - 7:30pm

GCC WEEK

Date: Ongoing till August 6 Venue: Nakhool Garden Time: 4:00 p.m. – 10:00 p.m. CHILDREN'S WORKSHOP

A series of workshops to teach kids how to make various traditional things using palm trees, including:

- Baskets
- Ropes
- Fishing traps
- Bird cages
- Pollenated water
- Boats

In addition, there will also be a number of palm tree-related products and traditional games.

Other attractions:

Creativity studio Up-cycling workshop Doll Making workshop Weaving worshop Arabic letter workshop

MASTERPIECES BY BALLET PHILIPPINES

Date: August 10 (8:00pm - 10:00pm) **Venue**: Bahrain National Theatre

For those who appreciate the grace of ballet, Ballet Philippines presents Master Pieces, a celebration of one of the Philippines most respected cultural institutions. Led by its artistic director Paul Alexander Morales, the show features a dazzling selection of the company's most acclaimed works throughout its 45-year history, from timeless classical and neo-classical works, to modern and contemporary dance pieces, and excerpts from full-length modern ballets; a true testament to the company's endless versatility.

"BARNEY LIVE! WORLD TOUR"

Date: 10 to 15 August 2015 **Venue**: The Cultural Hall Join Barney and friends on their

ONGOING EVENT =

CARTOONING WORKSHOP

Date: Ongoing until August 22 **Venue**: Cartoon Planet, Tubli

Led by Bahrain Cartoonist Mohammed Al Mahdi, the Cartoon Planet has launched a "Cartoons & Illustrations" workshop at the Cartoon Planet Centre in Tubli on Saturdays, Mondays and Wednesdays.

Kids will have their classes from 5pm to 6.30pm and adults workshop will be held from 7pm to 8.30pm.



brand new amazing adventure! Cousin Riff has sent Barney a special package in the mail – a beautiful globe of the world! Barney, B.J. and Baby Bop must use the globe and follow the clues to find cousin Riff and a list of very special items! As

follow the clues to find cousin Riff and a list of very special items! As they travel to France, Japan, India, China and Mexico, Barney and his friends have a terrific time learning about the language and culture of each new country.

SESAME STREET: LIVE ELMO MAKES MUSIC

Date: 20th August 2015 to 24th August 2015

Venue: Cultural Hall

Get ready for a musical event like no other - monsters making music! Elmo, Abby Cadabby, Big Bird and all their Sesame Street friends share their love of music in this family-friendly show. Join the fun as they embark on starting a band and discover 'instruments' they never knew existed; pots and spoons, trash can lids, and even cookie jars! Everyone's favourite fun, furry and feathered friends teach children that we can create and enjoy beautiful music together.

SUMMER FUN

Date: August 23 to 25 **Venue**: Tribal Fitness, Budaiya Highway

If your kids enjoy fitness then this is the camp for them, as the Tribal Fitness team will teach them to stay fit, learn moves and work hard to complete tasks in a safe environment. It's suitable for children aged six to 12 and costs BD90 per three-day camp. Sessions run from 10am to 2pm.

TAZIRI: TITI ROBIN ENSEMBLE

Date: 25 August 2015 **Venue**: Cultural Hall

Widely credited as a forerunner to the rise of the popular genre that became known as "world music", French musician, composer, and improviser extraordinaire Thierry "Titi" Robin made his mark in the music world with his signature and highly personal style - known as "Mediterranean music" - from the confluence of Gypsy, Oriental and European cultures. Joined on stage by Moroccan musician Mehdi Nassouli, this self-taught musical pioneer will showcase how artfully weaves these seemingly incompatible musical genres

into brilliant and unique masterpieces.

BEAT BUMPER: WRECKING CREW ORCHESTRA

Date: 28 August 2015 **Venue**: Cultural Hall

Come and bear witness to "Beat Bumper", the latest mesmerizing show by innovative Japanese street dance troupe Wrecking Crew Orchestra. Blending dance and music, the Osaka-based 8-member crew shot to global international stardom with their perfectly choreographed sets that are performed in the dark while wearing special futuristic illuminated costumes, creating a mind-bending showcase that must be seen to be believed.

AL ANSAR SUMMER CLASSES

Date: Every Saturday, Monday & Wednesday

Venue: Al Ansar Centre

Al Ansar Center Bahrain is organising summer classes for children aged eight and above. There will be three classes weekly, on Saturdays, Mondays and Wednesdays from 09:30 am to 12:30pm. The activities are Qur'aan and Islamic Studies, Good manners, Quiz, Creative Fun, Work shops and Study tours. Transport

churches, temples, mosques, universities, colleges, schools, and Bahrain Exhibition Centre. To be

email: outandabout@dtbh or call 38444680.

included, you may share your

events' détails well in advance

on our whatsapp group

'Bahrain Events

(39817819) or

How

'Out & About' page gives up-to-date information on a daily basis (except on Wednesday and Thursday) on the events and programmes taking place in clubs, associations,

Left Come Alone with nothing to do? Come and join us Form an orderly queue...

A BSPGA QUIZ

with a burger and bar... & a meaty man's raffle that costs just a dinar!



facility is arranged for the student participants.

ONGOING EVENTS -

SUMMERIFIC SUMMER CLUB

Date: Ongoing till August 20 (8:30AM-1PM)

Venue: Bright Beginnings Day Care and Child Development Centre, Adliya

Have your kids learn and play at the Bright Beginnings Day Care and Child Development Centre in Adliya, which is open to children of all ages. There are different clubs for different age groups -Munchkins (playgroups for 3-12 months old, and one to three years old); Playtime Pals (3-5 years; and Incredibles (5-7 years, and 7-11 years). Activities available include yoga, storytelling and drama, splash play, cooking, music and movement, and taekwondo. Morning and afternoon care is also available from 7:30AM-5PM, with daily rates for play groups and weekly rates for

THE SUMMER FUN CLUB OF ADLIYA

Date: Ongoing till August 27 **Venue**: Ria Centre

Entertain your kids by sending them to the Summer Fan Club of Adliya where they will be able to enjoy some cooking classes, Jewellery making, public speaking, yoga, sports and more! Prices start from BD30 per week.

SUMMER KIDS CAMP 2015

Date: Ongoing till August 31 **Venue**: Sitra Mall

If you're looking for some fun activities to busy your kids with, then you should definitely check out the Summer Kids Camp. It's organized by Blue Birds Events, and it shall include some inspiring and creative activities such as arts and crafts, ball games, painting, camp art projects and there are even some optional trips if your kids are interested! The Summer camp is going to be from Sunday through Thursday, from 8AM - 2PM, and boys and girls aged 5-16 years old can join. It costs BD70 for a month, and BD120 for 2 months.

NAKHOOL GARDEN

Date: Ongoing till August 31 4pm to 10pm everyday

Venue: Near Sitra Mall

Beloved Bahrain Summer Festival mascot Nakhool returns once again to accompany kids on a monthlong fun-filled journey of discovery designed to educate and groom the artistic young talents of tomorrow. Create lasting memories together and experience the splendor of cultural heritage of countries from around the world in a family-friendly atmosphere through a wide range of interactive activities, workshops and competitions held over the duration of the festival.

HIGHLIGHTS -

ADVENTUROUS SUMMER

Date: Ongoing until 27 August

Venue: Business bay, Juffair

Children aged two to five years old can put their reading hats on and join Talk, Play, Grow (TPG) for a wonderful adventure this summer with the TPG Summer Camp from Sunday to Thursday until August 27 from 9am to midday.

